

### JEWISH ART CALENDAR 2023–2024 ד"פער" ביית שפ"ה ל אוני של ה'תשפ"ה ל שפ"ה ל אוני של ה'תשפ"ה ל אוני של ה'תש"ה ה'ת"ה ה'תש"ה ה'תש"ה ה'תש"ה ה'תש"ה ה'ת

SENT TO YOU WITH COMPLIMENTS FROM LUBAVITCH ON THE PALISADES, 11 HAROLD STREET, TENAFLY, NJ 07670 TEL. (201) 871-1152 FAX (201) 871-4181 WWW.CHABADLUBAVITCH.ORG



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### In Tribute to the Rebbe...

May his living legacy continue from strength to strength



Wishing you a happy and sweet New Year! May we all merit the coming of Moshiach in our days and may all your blessings come to fruition in a good and revealed manner.



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### THE MONTH OF ELUL

Elul is the final month of the Jewish year. It is a month that connects the past year with the coming year—a time when we reflect on where we stand and where we should be going, a time that has been designated as a time of mercy and forgiveness, and an opportune time for teshuvah—returning to G-d.

During this month we have our Mezuzot and Tefillin checked, study more Torah, give more charity, pray with more feeling, and make good resolutions for the coming year. After prayers each morning (except Shabbat), it is customary to blow the Shofar.

### **ELUL 18**

Birthday of Rabbi Yisrael Baal Shem Tov (1698–1760), founder of Chassidism, renowned for his love of every Jew. Birthday of Rabbi Shneur Zalman of Liadi (1745–1812), known as the Alter Rebbe, founder of the Chabad-Lubavitch intellectual branch of Chassidism, author of Tanya and Shulchan Aruch HaRav.

### ELUL 24

First day, this year, for saying Selichot, "prayers for forgiveness." The first Selichot are said early Sunday morning after midnight (about 1:00 a.m. when Daylight Savings Time is in effect). The other Selichot are said before dawn or in the early morning.

### **TISHREI 1-2 | ROSH HASHANAH**

Rosh Hashanah ("Head of the Year"), the Jewish New Year, is celebrated as a two-day

holiday. On these days the Heavenly Court decides all that is to happen to all beings during the coming year.

It is customary on Rosh Hashanah to eat foods symbolizing sweetness, blessings and abundance. We dip the challah in honey; and afterwards, on the first night of the holiday, Sept. 15, we eat a piece of apple dipped in honey. After the appropriate blessing on the apple, we add: "May it be Your will to renew for us a good and sweet year."

### The Shofar

On the second day of Rosh Hashanah, Sunday Sept. 17 during the daytime, we hear at least the first thirty of the prescribed blasts of the Shofar (ram's horn).

### Tashlich

On the second day of Rosh Hashanah, Sunday, Sept. 17, following the afternoon prayer, we visit a body of water or pond containing live fish and recite the Tashlich prayers.

### **TISHREI 3 | FAST OF GEDALIAH**

Gedaliah was a righteous Jewish governor appointed by the Babylonian conquerors after they destroyed the First Temple. When he was assassinated (422 BCE), our people's plight hit an extreme low. This fast day commemorates this tragic event.

### **TISHREI 6**

Yahrtzeit of Rebbetzin Chana Schneerson (1880–1964), mother of the Lubavitcher Rebbe.

### THE EVE OF YOM KIPPUR

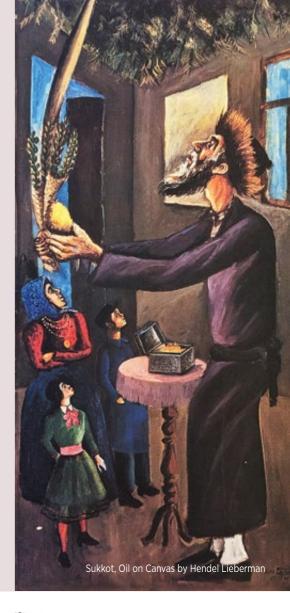
On the day preceding Yom Kippur, Sunday, Sept. 24, we eat festive meals, to demonstrate our faith and confidence in G-d's mercy. Another beautiful custom for this day is that of parents blessing their children. Yom Kippur atones for sins against G-d, but not for wrongdoings between man and man. It is therefore important, before Yom Kippur, to apologize and seek forgiveness from friends, relatives, and acquaintances, to heal any ill feelings which may have arisen.

### **TISHREI 10 | YOM KIPPUR**

Yom Kippur ("Day of Atonement") is the holiest day in the Jewish year. In addition to the prohibition of work, as on the Sabbath, there are five activities specifically prohibited on Yom Kippur, from Sunday evening, Sept. 24, until Monday night, Sept. 25: eating and drinking, anointing oneself with perfumes or lotions, marital relations, washing or bathing (for pleasure) and wearing leather shoes.

### TISHREI 15-21 | SUKKOT

Sukkot is a joyous holiday. For seven days, we are once again the original people of Moses wandering in the wilderness, surrounded by the Clouds of Glory. Only now those clouds are the greenery of a festive hut called a Sukkah. All meals are eaten in the Sukkah, barring inclement weather. All the common activities of life, when they happen inside the Sukkah, become holy acts. And all of the person is encompassed in this mitzvah, from head to toe.



PREPARE FOR THE NEW YEAR BY RESERVING
YOUR HIGH HOLIDAY SEATS

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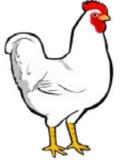
ROSH HASHANAH: SEPTEMBER 15 – SEPTEMBER 17 YOM KIPPUR: SEPTEMBER 24 – SEPTEMBER 25

SEPTEMBER 24 – SEPTEMBER 25

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LIVE CHICKEN KAPPAROT

IN THE MAIN PARKING LOT

THURSDAY, SEPTEMBER 21 5:00PM – 7:00PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DO YOU NEED A SUKKAH OR NEED HELP PUTTING UP YOUR SUKKAH?  CONTACT US 201.871.1152	INTERESTED IN MAKING YOUR HOME KOSHER? 718-773-7340	OCTOBER 2023  S M T W T F S  1 2 3 4 5 6 7  8 9 10 11 12 13 14  15 16 17 18 19 20 21  22 23 24 25 26 27 28  29 30 31		טו אלול 15 Elul  SHABBAT DINNER FOR THE COMMUNITY SERVICES - 6:30PM DINNER - 7:30PM Light candles at 7:11 p.m.	2 טז אלול 16 Elul מי תבוא KI TAVO Avot: chapters 3 & 4 Shabbat ends at 8:09 p.m.
4 אלול 18 Elul Labor Day WOMEN'S KABBALAH CLASS VIA ZOOM 10:00AM - 10:30AM	5 יט אלול 19 Elul FIRST DAY OF TCA	ה אלול 20 Elul FIRST DAY OF LPS PRESCHOOL TEEN770 BEGINS - 6:00PM	7 בא אלול 21 Elul TALMUD CLASS 8:00PM - 9:00PM	8 בב אלול 22 Elul Light candles at 6:59 p.m.	בג אלול 23 Elul FARBRENGEN FOLLOWED BY MIDNIGHT SELICHOT SERVICE - 10:30PM  נצבים - וילן NITZAVIM - VAYELECH Avot: chapters 5 & 6 Shabbat Selichot Shabbat ends at 7:57 p.m.
בה אלול 25 Elul women's Kabbalah Class VIA ZOOM 10:00AM - 10:30AM	12 בו אלול <sup>26 Elul</sup>	בז אלול 27 Elul	בח אלול 28 Elul TALMUD CLASS 8:00PM-9:00PM	בט אלול 29 Elul  RH EVENING SERVICES 6:50PM  ערב ראש השנה Eve of Rosh Hashanah Light candles at 6:47 p.m. New Moon: 5:49 a.m.	א תשרי 1 Tishrei  RH MORNING SVC - 9:00AM CHILDRENS SVC - 10:30AM RH EVENING SERVICES - 6:50PM יום א דראש השנה First day of ROSH HASHANAH Light candles after 7:45 p.m.
18 ג תשרי 3 Tishrei WOMEN'S KABBALAH CLASS VIA ZOOM 10:00AM - 10:30AM צום גדלי FAST OF GEDALIAH Fast begins at 5:14 a.m. Fast ends at 7:29 p.m.	ד תשרי 4 Tishrei	בה תשרי 5 Tishrei	21 הערי 6 Tishrei  CHICKEN KAPPAROT FOR THE FAMILY 5:00PM - 7:00PM  TALMUD CLASS 8:00PM - 9:00PM	22 תשרי 7 Tishrei	תשרי 8 Tishrei HA'AZINU Shabbat Shuva Shabbat ends at 7:32 p.m.
25 י תשרי 10 Tishrei  SERMON/YIZKOR - 11:30AM NEILA SVC - 6:00PM YOM KIPPUR Yizkor Yom Kippur ends at 7:29 p.m.  Palisades 11 Har	26 יא תשרי וו Tishrei	יב תשרי 12 Tishrei	28 יג תשרי 13 Tishrei TALMUD CLASS 8:00PM - 9:00PM	ד תשרי 14 Tishrei  SUKKOT UNDER THE STARS SHABBAT FAMILY DINNER SERVICES - 6:30PM DINNER - 7:00PM DINNER - 7:00PM Eve of Sukkot Light candles at 6:24 p.m.	טו תשרי 15 Tishrei יום א דחג הסוכות יום א דחג הסוכות First Day of SUKKOT Light candles after 7:21 p.m.
	DO YOU NEED A SUKKAH OR NEED HELP PUTTING UP YOUR SUKKAH?  CONTACT US 201.871.1152  4 לו אלול 18 Elul Labor Day  WOMEN'S KABBALAH CLASS VIA ZOOM 10:00AM - 10:30AM  WOMEN'S KABBALAH CLASS VIA ZOOM 10:00AM - 10:30AM  18 3 Tishrei  WOMEN'S KABBALAH CLASS VIA ZOOM 10:00AM - 10:30AM  FAST OF GEDALIAH Fast begins at 5:14 a.m. Fast ends at 7:29 p.m.  25 IO Tishrei  SERMON/YIZKOR - 11:30AM NEILA SVC - 6:00PM YOM KIPPUR	DO YOU NEED A SUKKAH OR NEED HELP PUTTING UP YOUR SUKKAH?  CONTACT US 201.871.1152  4 אלול 18 Elul 18 Elul Labor Day 19 Elul 18 Elul 19 Elul 25 Elul 10:00AM - 10:30AM 10:00A	DO YOU NEED A SUKKAH OR NEED HELP PUTTING UP YOUR SUKKAH OR NEED HELP PUTTING UP YOUR SUKKAH?  CONTACT US 201.871.1152  718-773-7340  5	DO YOU NEED A SUKKAH OR NEED HELP PUTTING UP YOUR SUKKAH?   SUKKAHAH.	DO YOU NEED A SUKKAH OR NEED HELP PUTTING UP YOUR SUKKAH OR NEED HELP PUTTING UP YOUR SUKKAH OR NEED HELP PUTTING UP YOUR SUKKAH?  201.871.1152  1

### THE FOUR SPECIES

Each day of Sukkot, from Sunday, Oct. 1, through Friday, Oct. 6, we shake the Four Species during the daytime. Hold the lulav (palm branch), three hadassim (myrtle branches), and two aravot (willow branches) in the right hand, with the lulav's "spine" facing you. Say the appropriate blessing(s), then take the etrog (citron) in the left hand with the point, or "pitom," up, bring it together with the other three kinds, and shake it.

### **TISHREI 21**

The seventh day of Sukkot, Oct. 6, is called Hoshana Rabbah. It is customary to stay awake at night and recite portions of Torah and the Book of Psalms. In the morning, we circle the bimah (Torah reading platform) seven times, lulav and etrog in hand. Then we recite special prayers, called hoshanot, while holding five willow branches bound together. We beat the willow branches on the floor, symbolically sweetening G-d's judgment.

### **TISHREI 22-23**

On the evening of Simchat Torah (Saturday, Oct. 7), and in some communities on the

evening of Shemini Atzeret as well, we make seven hakafot (circlings) around the bimah, singing and dancing with the Torah scrolls. On the morning of Simchat Torah, Oct. 8, the final portion of the Torah is read, completing the yearly cycle. Then we immediately read the first portion, beginning the cycle anew. Thus, we continue to delve into the infinite wisdom of G-d's Torah—the eternal force that has bound us together and sustained us for more than 3,300 years.

### **CHESHVAN 7**

At the time of the Holy Temple, the economy of Israel was dependent on rainfall to make the crops grow. Nevertheless, out of their great love for one another, the Jews in Israel waited two full weeks after Sukkot, until Cheshvan 7, before requesting rain, rather than possibly inconvenience even the last few pilgrims on their return trip to the most distant boundary of the Holy Land.

### **CHESHVAN 11**

Rachel, wife of Jacob, mother of Joseph and Benjamin, passed away (1563 BCE). She is buried outside Bethlehem.



### **TORAH STUDY**

Torah is the medium of communication through which G-d enables man to know, serve and connect to Him. The campaign for Torah study encourages every individual to set fixed times for Torah study every day, so that our spiritual growth and development can be systematic and directed.

Since the giving of the Torah at Sinai, Torah study has been an integral part of of Jewish life. Rabbi Shneur Zalman of Liadi explained that Torah study should be fixed not only in time but also

in soul. It should be the vortex around which the entire spectrum of our day-to-day experience revolves.

The Talmud tells the story of when the Roman government issued a decree forbidding Torah study. Papus ben Yehudah saw Rabbi Akiva conducting Torah classes and asked him, "Do you not fear punishment by the law?" Rabbi Akiva answered with a parable:

A fox was strolling along the riverbank and noticed fish swimming swiftly from place to place. He asked, "Why are you running?" They

replied, "We are afraid of the net that people set up to catch us." The fox slyly said, "Perhaps it would be wise to ascend to the shore and live together with me as my parents lived with your parents." The fish responded, "You speak foolishly; if we are afraid in our native habitat, our fear will be even greater on land, where death will be certain."

Similarly, Torah is our source of life and may save us. Without it we will definitely perish (Berachot 61b).



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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
1	טז תשרי 16 Tishrei	ו תשרי 17 Tishre		יט תשרי 19 Tishrei	5 ב תשרי 20 Tishrei	6 בא תשרי 21 Tishrei	7 כב תשרי 22 Tishrei SPECIAL HAKAFOT FOR THE		
				SIMCHAT BEIT HASHOEVA FOR THE ENTIRE FAMILY FALAFEL IN THE SUKKAH	RECITE THE ENTIRE BOOK OF DEUTERONOMY AND PSALMS 10:00PM	SPECIAL HAKAFOT IN HONOR OF ISRAEL 7:00PM	ENTIRE FAMILY - 7:30PM שמיני עצרת		
	יום ב דחג הסוכות Second Day of SUKKOT Yom Tov ends at 7:19 p.m.	דחול המועד סוכות 1st Intermediate Day of SUKKC		7:30PM ג דחול המועד סוכות 3rd Intermediate Day of SUKKOT	ד דחול המועד סוכות 4th Intermediate Day of SUKKOT	הושענא רבה Hoshana Rabbah Light candles at 6:12 p.m.	SHEMINI ATZERET Yizkor Light candles after 7:09 p.m.		
8	בג תשרי 23 Tishrei	ד תשרי 24 Tishre Columbus D	i 25 Tishrei	בו תשרי 26 Tishrei	בז תשרי 27 Tishrei	בח תשרי 28 Tishrei	בט תשרי 29 Tishrei		
CHILDREN TO THE TORAH	CALLED UP	WOMEN'S KABBALAH CLASS VIA ZOO 10:00AM - 10:30A					RECITE THE BOOK OF PSALMS 7:30AM		
	שמחת תורה SIMCHAT TORAH Yom Tov ends at 7:07 p.m.	סרו חג Isru Cha	t		TALMUD CLASS 8:00PM - 9:00PM	Light candles at <b>6:01</b> p.m.	BEREISHEET Blessing of the new month Shabbat ends at 6:58 p.m. New Moon: 6:33 <sup>1</sup> / <sub>18</sub> p.m.		
15	ל תשרי 30 Tishrei	ז חשון 16 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		ג חשון 3 Cheshvan	ד חשון 4 Cheshvan	ה חשון 5 Cheshvan	ו חשון 6 Cheshvan		
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KABBALAH CLASS VIA ZOO 10:00AM - 10:30A							
	ראש חדש חשון Rosh Chodesh Cheshvan	אש חדש חשון Rosh Chodesh Cheshv	٦		TALMUD CLASS 8:00PM - 9:00PM	Light candles at 5:50 p.m.	נח NOACH Shabbat ends at <b>6:48</b> p.m.		
22	ז חשון 7 Cheshvan	ז חשון 8 Cheshva	ט חשון 9 Cheshvan	יחשון 10 Cheshvan	א חשון <sup>11 Cheshvan</sup>	יב חשון 12 Cheshvan	יג חשון 13 Cheshvan		
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KABBALAH CLASS VIA ZOO 10:00AM - 10:30A			TALMUD CLASS 8:00PM - 9:00PM	Light candles at 5:41 p.m.	לך לך LECH LECHA Shabbat ends at 6:39 p.m.		
29	יד חשון 14 Cheshvan	וו חשון 15 Cheshva		NOURISH YOUR BODY AND SOUL	staffy Chaig	NOVEMBER 2023 S M T W T F S	TIMES SHOWN ARE Daylight Saving Time		
				FOR MORE INFORMATION,		1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	FOR BERGEN COUNTY		
	PARSHA OF THE WEEK WOMEN'S KABBALAH CLASS VIA ZOOM THE WORLD OF KABBALAH 9:30AM - 10:00AM 10:00AM - 10:30AM 8:00PM - 9:15P		CONTACT US 201.871.1152	Academy	19 20 21 22 23 24 25 26 27 28 29 30	OCTOBER 2023			
Luba	vitch on the P	Palisades 11 I	arold Street Tenafly, NJ 0767	70 Tel	. (201) 871-1152 Fax (201)	871-4181 ww	71-4181 www.chabadlubavitch.org		

### **MELAVA MALKA**

Shabbat is synonymous with a sumptuous candlelit meal on Friday night and a bountiful lunch Shabbat morning. Less known, but no less significant, is the meal following Shabbat's conclusion, "Melava Malka," which literally translates to "escorting the [Shabbat] queen."

Every day in the desert, the Jewish people received a serving of manna from heaven. On Fridays, they would receive a double portion. This extra distribution honored Shabbat, and was eaten for both the day and evening meals of Saturday. The Melava Malka meal, which bids farewell both to the Shabbat queen and the extra soul each Jew is given on Shabbat, pays homage to the last serving of manna from Friday's delivery.

The meal was also a pivotal one for King David. The king had asked G-d when he would die, and was told that he would pass away on Shabbat. Thus every Shabbat that concluded with him still alive was cause for celebration for his household. In Aramaic, this meal is also called "Seudata d'David Malka Meshicha, the meal of King David, King Messiah. Eating Melaya Malka, we are told in the Medrash, strengthens the "luz" bone, the bone that G-d will ultimately use to resurrect the dead upon Moshiach's arrival.

The Melava Malka meal serves as the bridge to connect the holiness of Shabbat (likened to the pure spirituality of the days of Redemption) with the temporal week. Partaking of this meal hastens the redemption and strengthens our physical bodies to take part upon its arrival while bringing the joy and holiness of Shabbat into our mundane work week.

Traditionally, the meal is eaten by candlelight, and should include challah or another item on which to say the "Hamotzie" blessing. It is just as important to set the table with fine dishes for the Melava Malka as it is to set it for the Friday night Shabbat meal. Many have the custom to share a story of righteous leaders at this meal, such as miracle stories of Rabbi Israel Baal Shem Tov.

### **CHESHVAN 20**

Birthday of Rabbi Sholom DovBer (1860-1920), known as the Rebbe RaShaB, fifth leader of Chabad-Lubavitch.

### **KISLEV 14**

Wedding anniversary of the Lubavitcher Rebbe and Rebbetzin (1928).

### **KISLEV 15**

Antiochus IV Epiphanes (called Epimanes, "madman," by his subjects) had his soldiers desecrate the Holy Temple in Jerusalem.

This sparked the revolt of the Maccabees, led by Matisyahu the Hasmonean and his five sons, which eventually gave us the holiday of Chanukah.



### **LEGACY PROGRAM**

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www.chabadlubavitch.org/tomorrow

May G-d grant you a complete and speedy recovery and may you enjoy many meaningful years in good health and cheerful spirit

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TIMES SHOWN ARE FOR BERGEN COUNTY NOVEMBER	LEARNING, SHAB BREAKFAST IN HON OF A LOV	ONSORING A DAY OF BBAT KIDDUSH OR NOR OR IN MEMORY /ED ONE?	יז חשון 17 Cheshvan	יח חשון 18 Cheshvan	3 יט חשון 19 Cheshvan	ב חשון 20 Cheshvan
2023		TACT <b>71.1152</b>		TALMUD CLASS 8:00PM - 9:00PM	Light candles at 5:32 p.m.	וירא VAYEIRA Shabbat ends at 6:31 p.m.
5 בא חשון 21 Cheshvan	6 בב חשון 22 Cheshvan	Z בג חשון 23 Cheshvan	8 בד חשון 24 Cheshvan	<b>9</b> בה חשון 25 Cheshvan	בו חשון 26 Cheshvan Veterans Day	בז חשון 27 Cheshvan RECITE THE BOOK OF PSALMS 7:30AM
PARSHA OF THE WEEK 9:30AM - 10:00AM Standard Time begins	WOMEN'S KABBALAH CLASS VIA ZOOM 10:00AM - 10:30AM	JLI FALL COURSE THE WORLD OF KABBALAH 8:00PM - 9:15PM LESSON #2		TALMUD CLASS 8:00PM - 9:00PM INT'L SHLUCHIM CONFERENCE	INT'L SHLUCHIM CONFERENCE Light candles at 4:24 p.m.	INT'L SHLUCHIM CONFERENCE חיי שרה CHAYEI SARA Blessing of the new month Shabbat ends at 5:24 p.m.
בח חשון 28 Cheshvan	בט חשון 29 Cheshvan	א כסלו א בסלו <sup>1 Kislev</sup>	ב בסלו 2 Kislev	ג בסלו 3 Kislev	ד כסלו 4 Kislev	ה בסלו 5 Kislev
PARSHA OF THE WEEK 9:30AM - 10:00AM INT'L SHLUCHIM CONFERENCE	WOMEN'S KABBALAH CLASS VIA ZOOM 10:00AM - 10:30AM New Moon: 7:17 2/18 a.m.	JLI FALL COURSE THE WORLD OF KABBALAH 8:00PM - 9:15PM LESSON #3 ראש חדש כסלר Rosh Chodesh Kislev		TALMUD CLASS 8:00PM - 9:00PM	Light candles at <b>4:18</b> p.m.	תולדות TOLDOT Shabbat ends at 5:19 p.m.
ו בסלו 6 Kislev	ז בסלו 7 Cislev	ח בסלו 8 Kislev	ט בסלו 9 Kislev	יבסלו 10 Kislev Thanksgiving Day	א בסלו 11 Kislev	יב כסלו 12 Kislev
PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KABBALAH CLASS VIA ZOOM 10:00AM - 10:30AM	JLI FALL COURSE THE WORLD OF KABBALAH 8:00PM - 9:15PM LESSON #4		TALMUD CLASS 8:00PM - 9:00PM	Light candles at <b>4:14</b> p.m.	ריצא VAYEITZEI Shabbat ends at 5:15 p.m.
יג בסלו 13 Kislev	יד בסלו 14 Kislev	טו בסלו 15 Kislev	טז בסלו 16 Kislev	30 יז בסלו <sup>17 Kislev</sup>	DECEMBER 2023  S M T W T F S  1 2	CELEBRATE YOUR BIRTHDAY WITH THE CWC AND SPONSOR
PARSHA OF THE WEEK 9:30AM - 10:00AM	JLI FALL COURSE WOMEN'S KABBALAH CLASS VIA ZOOM THE WORLD OF KABBALAH 10:00AM - 10:30AM 8:00PM - 9:15PM LESSON #5			TALMUD CLASS 8:00PM - 9:00PM	3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	A WOMEN'S PROGRAM CONTACT US 201.871.1152
Lubavitch on the I	Palisades 11 Har	rold Street Tenafly, NJ 0767	0 Tel	. (201) 871-1152 Fax (201)	871-4181 ww	ww.chabadlubavitch.org

### KISLEV 19

Rabbi DovBer of Mezeritch, known as the Maggid of Mezeritch, passed away (1772). He was the chief disciple and successor of the Baal Shem Tov.

Release from czarist imprisonment in Petersburg (1798) of his youngest disciple, Rabbi Shneur Zalman of Liozhna (later of Liadi), known as the Alter Rebbe, founder of Chabad-Lubavitch, author of Tanya, Shulchan Aruch HaRav and other profound works. Celebrated throughout the world as the "New Year of Chassidism."

### **KISLEV 25-TEVET 2 | CHANUKAH**

"What is Chanukah?... When the Greeks entered the Sanctuary (in Jerusalem), they defiled all the oil (used for lighting the seven-branched menorah) there. When the rulers of the Hasmonean family overcame them and triumphed, they searched and found only one flask of oil remaining with the seal of the Kohen Gadol (high priest). It had only enough oil to light for one day. A miracle occurred to it, and they used it to light for eight days. The following year, they (the Sages) established it as a permanent holiday of praise and thanksgiving" (Talmud, Shabbat 21b). This occurred in the year 165 BCE.

Kislev 25 is also the anniversary (1313 BCE) of the completion of the temporary sanctuary (Mishkan) built by the Jewish People in the desert (Exodus 25–27, 30–31, 35–40). But it was not dedicated or erected for another three months. Instead, the day of Kislev 25 waited to become a holiday until the Hasmoneans rededicated the Temple from Greek defilement 1148 years later.

### **TEVET 10**

Anniversary of the start of the siege of Jerusalem by Nebuchadnezzar, king of Babylon (425 BCE), culminating in the destruction of the First Temple. Commemorated since then as a public fast day.

### HOW TO CELEBRATE CHANUKAH

Kindle the Chanukah menorah on each of the eight nights of Chanukah. For the dates and times, see the calendar below. For the lights of the menorah, use olive oil or candles large enough to burn until at least half an hour after nightfall. Use a "shamash" (service candle) to kindle the lights, and place it in its special place on the menorah.

Before kindling recite the blessings, and after kindling recite "Haneiros Hallalu."
See the calendar below for which blessings to say.

All members of the family should be present at the kindling of the Chanukah lights. Have all young boys kindle their own Chanukah menorahs, and all young girls light their own Shabbat candles. Students and singles who live in a dormitory or in their own apartments should kindle menorahs in their own rooms. Chanukah lights are kindled in the front window or by a doorway.

For the number of lights and the order of kindling, see the calendar below.  Buh-rookh ah-tuh ah-dohnoi, eh-loh-hay-noo meh-lech huh-oh-luhm, ah-shehr kee-deh-shuh-noo beh-mitzvoh-suhv, veh-tzee-vuh-noo leh-hahd-leek nayr khahnoo-kuh.

Blessed are You, L-rd our G-d, King of the universe, who has sanctified us with His commandments, and commanded us to kindle the Chanukah light.

2. Buh-rookh ah-tuh ah-dohnoi, eh-loh-hay-noo meh-lech huh-oh-luhm, sheh-uh-suh nee-sim lah-ah-voh-say-noo, bah-yuh-mim huh-haym bizmahn hah-zeh.

Blessed are You, L-rd our G-d, King of the universe, who performed miracles for our forefathers in those days, at this time

The following blessing is said only on the first evening (or the first time one kindles the lights this Chanukah):

3. Buh-rookh ah-tuh ah-dohnoi, eh-loh-hay-noo meh-lech huh-oh-luhm, sheh-heh-khehyuh-noo, veh-kee-yeh-muhnoo, veh-hee-gee-uh-noo liz-mahn hah-zeh.

Blessed are You, L-rd our G-d, King of the universe, who has granted us life, sustained us, and enabled us to reach this occasion





SUNDAY, DECEMBER 10<sup>TH</sup> - COMMUNITY CHANUKAH PARTY & MENORAH LIGHTING—4:00PM

### **MENORAH LIGHTING CEREMONIES:**

THURSDAY, DECEMBER 7<sup>TH</sup> — ALPINE @ 7:00PM
SATURDAY, DECEMBER 9<sup>TH</sup> — ENGLEWOOD CLIFFS @ 7:00PM
MONDAY, DECEMBER 11<sup>TH</sup> — TENAFLY @ 7:00PM
TUESDAY, DECEMBER 12<sup>TH</sup> — CRESSKILL @ 7:00PM
WEDNESDAY, DECEMBER 13<sup>TH</sup> — DEMAREST @ 7:00PM

### 19TH OF KISLEV

PLEASE JOIN US FOR A
SPECIAL SHABBAT DINNER
IN HONOR OF
THE NEW YEAR OF CHASSIDISM

FRIDAY, DECEMBER 1<sup>ST</sup>
SERVICES 4:15PM • DINNER 6:00PM



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TIMES SHOWN ARE STANDARD TIME FOR BERGEN COUNTY  DECEMBER 2023	DO YOU HAVE ALL YOUR CHANUKAH SUPPLIES?  CONTACT US 201.871.1152	WANT TO JOIN OUR MAILING LIST? CONTACT 201.871.1152	JANUARY 2024  S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Chabad Women's Circle	1 בסלו 18 Kislev SHABBAT DINNER IN HONOR OF THE NEW YEAR OF CHASSIDUS SERVICES - 4:15PM DINNER - 6:00PM Light candles at 4:11 p.m.	ע בסלו 19 Kislev 19 Kislev יישלח VAYISHLACH Shabbat ends at 5:14 p.m.
ם ב כסלו 20 Kislev PARSHA OF THE WEEK 9:30AM - 10:00AM	4 בא בסלו 21 Kislev WOMEN'S KABBALAH CLASS VIA ZOOM 10:00AM - 10:30AM	בב כסלו 22 Kislev Start to say Tal Umatar in Maariv JLI FALL COURSE THE WORLD OF KABBALAH 8:00PM - 9:15PM LESSON #6 AND GRADUATION	6 בג בסלו 23 Kislev	7 בד בסלו 24 Kislev Nighfall during Chanukah 5:00 p.m. ALPINE MENORAH LIGHTING - 7:00PM	8 בה בסלו 25 Kislev	בו בטלו 26 Kislev 26 Kislev EC LIGHTING - 7:00PM ירישב YAYEISHEV Blessing of the new month Shabbat ends at 5:13 p.m.
בז בסלו 27 Kislev PARSHA OF THE WEEK 9:30AM - 10:00AM FAMILY CHANUKAH EVENT - 4:00PM	בח בסלו 28 Kislev TENAFLY MENORAH LIGHTING - 7:00PM	בט בסלו 29 Kislev  CRESSKILL MENORAH LIGHTING - 7:00PM  After nightfall. Blessings 1 & 2  New Moon: 8:01 */18 p.m.	א טבת 1 Tevet  DEMAREST MENORAH LIGHTING - 7:00PM ראש חדש טבת Rosh Chodesh Tevet	ב טבת 2 Tevet  TALMUD CLASS 8:00PM - 9:00PM  After nightfall. Blessings 1 & 2	גטבת 3 Tevet 8th Day of Chanukah	ד טבת 4 Tevet מקץ MIKEITZ Shabbat ends at 5:15 p.m.
ה טבת 5 Tevet PARSHA OF THE WEEK 9:30AM · 10:00AM	וטבת 6 Tevet women's kabbalah class via zoom 10:00am - 10:30am	ז טבת 7 Tevet	ח טבת 8 Tevet	21 ט טבת 9 Tevet TALMUD CLASS 8:00PM - 9:00PM	יטבת 10 Tevet  Rest of 10 TeVet  FAST OF 10 TEVET Fast begins at 5:46 a.m. Fast ends at 5:05 p.m. Light candles at 4:14 p.m.	יא טבת 11 Tevet ריגש VAYIGASH Shabbat ends at 5:18 p.m.
24 יב טבת 12 Tevet PARSHA OF THE WEEK 9:30AM - 10:00AM 31 19 Tevet PARSHA OF THE WEEK 9:30AM - 10:00AM	יג טבת 13 Tevet	יד טבת 14 Tevet	טו טבת 15 Tevet	28 טבת 16 Tevet TALMUD CLASS 8:00PM - 9:00PM	יז טבת 17 Tevet laght candles at 4:18 p.m.	יח טבת 18 Tevet יחזי VAYECHI Shabbat ends at 5:22 p.m.
Lubavitch on the I	Palisades 11 Har	rold Street Tenafly, NJ 0767	0 Tel.	(201) 871-1152 Fax (201)	871-4181 ww	w.chabadlubavitch.org

### **TEVET 20**

RaMBaM (Maimonides), Rabbi Moshe ben Maimon (1135–1204), passed away in Cairo, Egypt, and was buried in Tiberias, Israel. Outstanding codifier, commentator, philosopher, physician to Sultan Saladin, and leader of Egyptian Jewry, his brilliant works are studied to this day. It was said of him: "From Moses to Moses (i.e., the RaMBaM), there was none like Moses!"

The Lubavitcher Rebbe has urged all Jews to study daily his Mishneh Torah (authoritative code of Jewish law), or at least the briefer Sefer HaMitzvos.

### **TEVET 24**

Rabbi Schneur Zalman of Liadi (1745–1812), first leader of Chabad-Lubavitch, author of Tanya and Shulchan Aruch HaRav, passed away.

### **SHEVAT 10**

Rabbi Shalom Sharabi, brilliant and saintly Yemenite Kabbalist, whose works are much revered, passed away (Jerusalem, 1777).

Rabbi Yosef Yitzchak Schneersohn (1880–1950), sixth leader of the Chabad-Lubavitch movement, passed away. He is renowned for his devoted efforts in strengthening Judaism in the USSR, the USA and many other lands. He brought the Chabad movement to America. A prolific writer, he is said to have written over 100,000 letters in his lifetime!

This day also marks the beginning of the leadership of his successor, the Lubavitcher Rebbe, Rabbi Menachem M. Schneerson.

### SHABBAT SHIRAH - SABBATH OF SONG

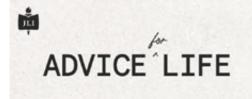
So called because the weekly Torah portion contains the song that the Jewish People sang to celebrate their escape from the Egyptian armies who were miraculously drowned in the Red Sea (Exodus 15:1–19).

### **SHEVAT 15**

New Year for trees, when trees begin to bud in Israel. It is customary to eat many fruits, especially those for which the Land of Israel is praised in Scripture.

The seven species of Israel are wheat, barley, grape (wine), fig, pomegranate, olive (oil), and date (honey). Many people have the custom of eating carob on this day, while others eat jam or preserves from the etrog left over from Sukkot.





The Lubavitcher
Rebbe's Guidance
for Leading a More
Purposeful Life



TU B'SHEVAT SEDER AND CELEBRATION FOR THE ENTIRE FAMILY

WEDNESDAY, JANUARY 24<sup>TH</sup> 6:00PM

\$	SUNDAY	N	IONDAY	TI	JESDAY	WEDN	NESDAY	TH	HURSDAY		FRIDAY	SAT	URDAY
STA BER	ES SHOWN ARE ANDARD TIME FOR GEN COUNTY	1	ב טבת 20 Tevet	2	כא טבת 21 Tevet	3	כב טבת 22 Tevet	4	בג טבת 23 Tevet	5	כד טבת 24 Tevet	6 RECITE THE BOOK	בה טבת 25 Tevet OF PSALMS 7:30AM שמות SHEMOT
	2024		Legal Holiday						8:00PM - 9:00PM		Light candles at <b>4:24</b> p.m.		ng of the new month t ends at 5:28 p.m.
7	כו טבת 26 Tevet	8	כז טבת 27 Tevet	9	כח טבת 28 Tevet	10	כט טבת 29 Tevet	11	א שבט 1 Shevat	12	ב שבט 2 Shevat	13	ג שבט 3 Shevat
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KAB	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM						TALMUD CLASS 8:00PM - 9:00PM אש חדש שבט Rosh Chodesh Shevat New Moon: 8:45 باي a.m.	HEBREN	W SCHOOL SHABBAT DINNER SERVICES - 4:30PM DINNER - 6:00PM  Light candles at 4:31 p.m.	Shabba	וארא VA'EIRA t ends at 5:35 p.m.
14	ד שבט 4 Shevat	15	ה שבט 5 Shevat	16	ו שבט 6 Shevat	17	ז שבט 7 Shevat	18	ח שבט 8 Shevat	19	ט שבט 9 Shevat	20	י שבט 10 Shevat
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KAB	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM Dr. M. L. King Jr. Day						TALMUD CLASS 8:00PM - 9:00PM	鰛	Light candles at $4:39$ p.m.	Shabba	בא B0 t ends at 5:42 p.m.
21	יא שבט 11 Shevat	22	יב שבט 12 Shevat	23	יג שבט 13 Shevat	24	יד שבט 14 Shevat	25	טו שבט 15 Shevat	26	טז שבט 16 Shevat	27	יז שבט 17 Shevat
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KAB	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM				ER AND CELEBRATION THE FAMILY - 6:00PM	1	TALMUD CLASS 8:00PM - 9:00PM ראש השנה לאילנות New Year for Trees	ISR	AELI CLUB SHABBAT DINNER SERVICES - 4:45PM DINNER - 6:00PM Light candles at <b>4:47</b> p.m.	Shabba	בשלח B'SHALACH Shabbat Shirah at ends at 5:50 p.m.
28	יח שבט 18 Shevat	29	יט שבט 19 Shevat	30	ב שבט 20 Shevat	31	כא שבט 21 Shevat	REMIN	J WANT US TO ND YOU OF A NHRZEIT?				RY 2024 W T F S
	PARSHA OF THE WEEK WOMEN'S KABBALAH CLASS VIA ZOON 10:00AM - 10:30AM		BALAH CLASS VIA ZOOM 10:00AM - 10:30AM		JLI WINTER COURSE ADVICE FOR LIFE 8:00PM - 9:15PM LESSON #1				ONTACT .871.1152	Lubavi	tchon the Palisades		14 15 16 17 21 22 23 24
Lubavitch on the Palisades 13			11 Har	old Street 7	Cenafly, NJ 07670	)	Tel.	(201) 871-	-1152 Fax (201)	871-418	1 ww	w.chabadlul	bavitch.org

### ADAR 7

Moses, teacher of all Israel, was born on this day (1393 BCE), and passed away on Shabbat afternoon of the same date 120 years later (1273 BCE). The day before he passed away, he finished writing 13 Torah scrolls, one for each of the tribes of Israel, and one for the Levites to place next to the Holy Ark in the Holy of Holies (inner sanctum) of the Mishkan (desert Sanctuary).

The last eight verses of the Torah (Deuteronomy 34:5–12) describe his passing away and subsequent events. One Talmudic opinion is that they were written by Joshua, his successor. Another is that Moses himself wrote them, at G-d's dictation, in tears...

When Haman, Grand Vizier of Achashverosh, sought an auspicious time to destroy all Jews in all 127 provinces of the Persian realm, he picked Adar, the month when Moses, the Jews'

greatest leader ever, passed away. He also drew lots ("Purim"), and the lot, too, fell on this month. What he did not realize was that in this month Moses was also born, and it was therefore a most fortunate time for the Jews! (Talmud)

### Adar I 14-15

Known as Purim Katan ("Small Purim") and Shushan Purim Katan. Until about 1600 years ago (359 CE), when our present fixed calendar was established, the decision whether the year would be a leap year was left to the Sanhedrin (highest rabbinical court). They often postponed this decision until the last minute (adding the extra month, for example, if pilgrims traveling from far away to Jerusalem for Passover would otherwise be unable to arrive in time). So these days could indeed have been Purim and Shushan Purim, if not for this last-minute change. It is customary to celebrate these days as a minor holiday.



### THE JEWISH CALENDAR AND LEAP YEAR

The Jewish calendar revolves around the moon. At the beginning of each month, the moon appears as a thin curve. Over the next two weeks, it grows daily. Once it hits its zenith in the middle of the month, it begins to diminish until it can no longer be seen. After two days of invisibility, it reappears as a thin crescent and the cycle begins anew.

The entire process takes 29 and a half days. As a month must comprise of full days, each is sometimes 29 days (called chaser or "missing"), and sometimes 30 (malei or "full").

The Torah schedules the Jewish holidays according to the days of the month. The first day of the month, as well as the thirtieth day of a full month, is called Rosh Chodesh, the "Head of the Month." The day is treated as a mini-festival.

For many centuries, Jewish rhythm and law were not governed by a set calendar. Rather, the month's duration would be determined by the Sanhedrin, the Jewish Supreme Council. Based on when the following month's new moon was sighted, an intricate process involving witnesses stationed across the country, the Sanhedrin would determine the month's length.

It was in the 4th century CE that the sage Hillel II realized that change was necessary. Recognizing that the Sanhedrin would be dissolved, he and his rabbinical court established the fixed calendar in a 19-year cycle which is used to this day.

The Torah states, "Guard the month of spring, and make [then] the Passover offering." We derive from here that Passover must be observed in the spring. To this end, the Jewish lunar calendar must synchronize with the seasons regulated by the sun. While a lunar year is approximately 354.4 days, a solar year is eleven days longer. If no adjustment is made, Passover would occur eleven days earlier

each year, shifting into winter, fall, summer, and then spring again.

The solution is to add an extra (30-day) month into 7 of the 19 years, creating a 13-month year. This is called a shanah meuberet ("a pregnant year") in Hebrew; in English we call it a leap year. This year is such a year.

The month is added to the final month of the year, Adar. On leap years we observe two Adars. As Adar is traditionally the most joyous month, the extra Adar is a gift of more happiness in the year.







### Celebrate your Simcha here at Chabad

Special attention given to every detail!

To book your affair, please contact Angela Kerr at 201.871.1152 X 545

:	SUNDAY	M	ONDAY	Τl	JESDAY	WE	DNESDAY	T	HURSDAY		FRIDAY	SATU	JRDAY
STA	ES SHOWN ARE ANDARD TIME FOR RGEN COUNTY	9	SIGN UP FOR CAI		RAEL!!		MARCH 2024  W T F S  1 2 6 7 8 9	1	כב שבט 22 Shevat	2	בג שבט 23 Shevat	RECITE THE BOOK O	
FE	BRUARY 2024		REGIS <sup>*</sup> AMPGANISRAEL E INFORMATION OPTION	<b>TENAFLY.C</b> (I, CONTACT	-	10 11 12 17 18 19 24 25 26 31		INT	TALMUD CLASS 8:00PM - 9:00PM 'L WOMEN'S CONFERENCE	雄	NT'L WOMEN'S CONFERENCE Light candles at <b>4:56</b> p.m.	Blessin	EN'S CONFERENCE יתרו YITRO g of the new month ends at 5:58 p.m.
4	בה שבט 25 Shevat	5	כו שבט 26 Shevat	6	כז שבט 27 Shevat	7	כח שבט 28 Shevat	8	כט שבט 29 Shevat	9	ל שבט 30 Shevat	10	א אדר א 1 Adar I
INT	PARSHA OF THE WEEK 9:30AM - 10:00AM 'L WOMEN'S CONFERENCE	WOMEN'S KAB	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM		JLI WINTER COURSE ADVICE FOR LIFE 8:00PM - 9:15PM LESSON #2				TALMUD CLASS 8:00PM - 9:00PM	鼬	ראש חדש אדר א Rosh Chodesh Adar I Light candles at 5:05 p.m. New Moon: 9:29 هرمه	Ro	ראש חדש אדר osh Chodesh Adar I משפטים MISHPATIM t ends at 6:06 p.m.
11	<b>ב אדר א</b> 2 Adar l	12	ג אדר א 3 Adar I	13	ד אדר א 4 Adar I	14	ה אדר א 5 Adar I	15	ו אדר א 6 Adar I	16	ז אדר א 7 Adar I	17	ח אדר א 8 Adar I
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KAB	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM		JLI WINTER COURSE ADVICE FOR LIFE 8:00PM - 9:15PM LESSON #3				TALMUD CLASS 8:00PM - 9:00PM		Light candles at 5:13 p.m.	Shabbat	תרומה TERUMAH ends at 6:14 p.m.
18	ט אדר א 9 Adar I	19	י אדר א 10 Adar I	20	יא אדר א 11 Adar I	21	יב אדר א 12 Adar I	22	יג אדר א 13 Adar I	23	יד אדר א 14 Adar I	24	טו אדר א 15 Adar I
	PARSHA OF THE WEEK 9:30AM - 10:00AM		Presidents Day		JLI WINTER COURSE ADVICE FOR LIFE 8:00PM - 9:15PM LESSON #4				TALMUD CLASS 8:00PM - 9:00PM	赸	פורים קטן PURIM KATAN Light candles at 5:22 p.m.	SHUSHAŃ	שושן פורים קי PURIM KATAN תצוה TETZAVEH ends at 6:22 p.m.
25	טז אדר א 16 Adar I	26	יז אדר א 17 Adar I	27	יח אדר א 18 Adar I	28	יט אדר א 19 Adar I	29	ב אדר א 20 Adar I			LOOKIN <b>Volun</b> Your T	NTEER
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KAB	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM		JLI WINTER COURSE ADVICE FOR LIFE 8:00PM - 9:15PM LESSON #5				TALMUD CLASS 8:00PM - 9:00PM			CONTA <b>201.87</b> 2	
Lubavitch on the Palisades 11 Harold Street Tenafly, NJ						Ó	Tel.	(201) 871	-1152 Fax (201)	871-418	1 ww	w.chabadlub	avitch.org

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### **SHABBAT PARSHAT SHEKALIM**

When the Holy Temple stood in Jerusalem, it would be announced on Adar 1 that Jews should start paying their annual half-shekel head-tax (Exodus 30:11–16). The revenue was used for animals for the daily sacrifices offered on behalf of the entire nation. Nowadays we read the relevant Torah passage, known as Parshat Shekalim, on the Shabbat on or before this date (besides the regular weekly portion).

### **ADAR II 13 | FAST OF ESTHER**

The Fast of Esther is held before Purim, when the Jewish people fasted to be saved from total annihilation. Queen Esther thwarted his plan and received the king's permission for the Jews to resist. However, they were still in mortal danger, and therefore forbidden by Jewish law to fast (for the purpose of arousing Divine mercy) on that day, so as not to weaken themselves when they might have to fight for their lives.

The only member of the Jewish People who was certainly safe was Queen Esther herself. Therefore only she fasted, which is why the fast is called by her name. This year, with the day before Purim being the Shabbat when fasting is prohibited, it is moved back to Thursday March 21.

### **ADAR II 14 | PURIM**

Purim commemorates the day when Jews throughout the Persian Empire were miraculously saved, and rested from fighting their enemies on the previous day, having totally routed them.

### **HOW TO CELEBRATE PURIM**

### Listen to the Megillah

To relive the miraculous events of Purim, we listen to the reading of the Megillah (the Scroll of Esther) on Saturday night, March 23, and again during the daytime of Sunday, March 24. When Haman's name is mentioned, we twirl graggers and stamp our feet to "drown out" his evil name. Tell the children that Purim is the only time when it's a mitzvah to make noise!

### **Send Gifts of Food**

On Purim we emphasize the importance of Jewish unity and friendship by sending gifts of food to friends. Send a gift of at least two kinds of ready-to-eat foods (for example, pastry, fruit, beverage) to at least one friend

on March 24, during the daytime. It is proper that men send to men, and women to women. Sending these gifts should be done through a third party. Children, in addition to sending their own gifts of food, make enthusiastic messengers.

### Give Gifts to the Needy

Concern for the needy is a year-round responsibility for the Jew. On Purim, particularly, it is a special mitzvah to remember the poor. Give charity to at least two—but preferably more—needy individuals on March 24, during the daytime. The mitzvah is best fulfilled by giving directly to the needy. If, however, you cannot find poor people, place at least several coins into pushkas (charity boxes). Even small children should fulfill this mitzvah.

### **Eat the Festive Meal**

As on all festivals, we celebrate Purim with a special festive meal on March 24, during the daytime, when family and friends gather together to rejoice in the Purim spirit.

### Machatzit Hashekel

When the Holy Temple stood in Jerusalem, each Jew contributed a half-shekel annually, thereby having a share in the sacrifices offered on behalf of the entire Jewish People. Today we commemorate this by giving 3 "half" coins (e.g., 3 half-dollars) to charity. This mitzvah should be done on March 21 or 24.

### ADAR II 15

Shushan Purim commemorates the day when the Jews of Shushan, capital

of Persia, rested from fighting their enemies, after the king granted them an extra day to finish off the job. It, instead of the previous day, is observed as Purim in all cities surrounded by a wall since the time of Joshua, such as Jerusalem. Elsewhere it is celebrated as a minor holiday.

Purim, Oil on Canvas by M Hofman

A JOYOUS PURIM!



8:00PM – MEGILLAH READING & PURIM BASH, TEEN SERVICE 9:00PM – 2<sup>nd</sup> MEGILLAH READING

### SUNDAY, MARCH 24<sup>TH</sup>

8:30AM – MEGILLAH READING 4:30PM—MEGILLAH READING 5:00PM—PURIM IN THE SHUK (MARKETPLACE) MEAL



WWW.CHABADLUBAVITCH.ORG/DONATE





	SUNDAY	М	IONDAY	Т	UESDAY	WE	EDNESDAY	T	HURSDAY		FRIDAY		SATURDAY
BE	MES SHOWN ARE FOR ERGEN COUNTY  MARCH 2024	<b>MEZUZ</b> CC	ECK YOUR COT TODAY!!! ONTACT .871.1152	G	S	S M T  1 2  7 8 9  14 15 16  21 22 23	3 4 5 6 10 11 12 13 17 18 19 20 1 24 25 26 27	ON LE	INTERESTED IN ONE-ON-ONE LEARNING?  CONTACT 201.871.1152		בא אדר א 21 Adar I	2	כב אדר א 22 Adar I כי תשא
	2024		-	chabad	hebrewschoo	28 29 30		201.871.1152		赸	Light candles at 5:30 p.m.		KI TISA Shabbat ends at 6:30 p.m.
3	בג אדר א 23 Adar I	4	כד אדר א 24 Adar I	5	בה אדר א 25 Adar I	6	בו אדר א 26 Adar I	7	בז אדר א 27 Adar I	8	כח אדר א 28 Adar I	9 RECITE TI	כט אדר א 29 Adar I HE BOOK OF PSALMS 7:30AM
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KABI	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM	LESS	JLI WINTER COURSE ADVICE FOR LIFE 8:00PM - 9:15PM ON #6 AND GRADUATION				TALMUD CLASS 8:00PM - 9:00PM		Light candles at 5:38 p.m.		ויקהל VAYAKHEL Shekalim Blessing of the new month Shabbat ends at 6:37 p.m.
10	ל אדר א 30 Adar I PARSHA OF THE WEEK 9:30AM - 10:00AM	11	א אדר ב 1 Adar II	12	ב אדר ב 2 Adar II	13	ג אדר ב 3 Adar II	14	ד אדר ב 4 Adar II	15	ה אדר ב 5 Adar II	16	ו אדר ב 6 Adar II
	ראש חדש אדר ב Rosh Chodesh Adar II Daylight Saving Time begins New Moon: 10:13 4/11 a.m.	WOMEN'S KABI	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM ראש חדש אדר ב Rosh Chodesh Adar II						TALMUD CLASS 8:00PM - 9:00PM		Light candles at $6:45$ p.m.		פקודי PEKUDEI Shabbat ends at 7:45 p.m.
17	ז אדר ב 7 Adar II	18	ח אדר ב 8 Adar II	19	ט אדר ב 9 Adar II	20	י אדר ב 10 Adar II	21	יא אדר ב 11 Adar II	22	יב אדר ב 12 Adar II		MEGILLAH READING & UNITY PURIM BASH - 8:00PM
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KABI	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM						תענית אסתר FAST OF ESTHER Fast begins at 5:32 a.m. Fast ends at 7:39 p.m.	赸	Light candles at <b>6:53</b> p.m.	2ND N	MEGILLAH READING - 9:00PM ריקרא VAYIKRA Zachor Shabbat ends at 7:53 p.m.
24	יד אדר ב 14 Adar II פורים PURIM PURIM IN THE SHUK MEAL	25 <sub>WOMEN'S</sub>	טו אדר ב 15 Adar II KABBALAH CLASS VIA ZOOM 10:00AM - 10:30AM	26	טז אדר ב 16 Adar II	27	יז אדר ב 17 Adar II	28	יח אדר ב 18 Adar II	29	יט אדר ב 19 Adar II	30	ב אדר ב 20 Adar II
31	H READING & MEAL 4:30PM בא אדר ב 21 Adar II		TALMUD CLASS שושן פורים SHUSHAN PURIM		TALMUD CLASS 8:00PM - 9:00PM	鰛	Light candles at $7:00\mathrm{p.m.}$		TZAV Parah Shabbat ends at 8:01 p.m.				
Luba	vitch on the P	Palisades	11 Har	old Street '	Tenafly, NJ 0767	0	Tel.	(201) 871	-1152 Fax (201)	871-418	l ww	w.chal	oadlubavitch.org



### **HOW TO PREPARE FOR PASSOVER**

### What is Chometz?

Chometz is any food or drink made from wheat, barley, rye, oats or spelt, or their derivatives, which is forbidden on Passover because it is leavened or fermented. If a food contains any of these ingredients and is not certified as "kosher for Passover," it's considered chometz. If a food contains even a trace of chometz, we don't eat it, we don't sell it, and we make sure not to have any of it in our possession on any of the days of Passover.

### Cleaning for Passover

Take all the chometz—both food and utensils used throughout the year (and not koshered for Passover)—and store it all away in closets or rooms that you will lock or tape shut. You'll sell this chometz temporarily to a non-Jew.

Clean your entire house, purging it of all crumbs and small pieces of food.

Also check for chometz in your car and office—don't overlook desks and drawers.

### How to Prepare the Kitchen

Since the kitchen has been used the whole year long for chometz, it's going to need some work to prepare it for Passover use. Contact us for details.

### **Shopping for Passover**

While shopping for Passover, we must be careful that the foods we buy are not only kosher but are also kosher-for-Passover—that is, completely chometz-free.

In addition to raw ingredients, there are many kosher-for-Passover packaged foods available. However, be careful to purchase only those packaged foods that display the insignia of a reliable supervising agency, together with "P" or "kosher for Passover."

Obviously, all leavened foods such as bread and cake made from wheat, barley, rye, oats or spelt are actual chometz and are prohibited on Passover. Examples are breakfast cereals, licorice, most candy bars, pasta, vinegar, beer and whiskey.

### **How to Sell the Chometz**

Since we can't own chometz on Passover, we need to sell to a non-Jew, before the time indicated on the calendar, all chometz that we will not consume or destroy before Passover. This is not a simple transaction. That is why we empower a competent Rabbi to do it for us.

### Search for Chometz

On the evening of April 21 we search our homes for chometz.

### **Burning the Chometz**

On the morning of April 22 we burn the chometz that was found during the search, and all other chometz that is not stored away to be sold to the non-Jew.

### NISSAN 15-16 | THE SEDER NIGHTS

The first two nights of Passover we conduct a Seder—a festive yet solemn event. At a table royally set with our best crystal and silver and the finest of kosher wines, we re-enact the Exodus from Egypt in ancient times. We also pray for the forthcoming redemption speedily in our days.

At the Seder, each person considers himself as if he was going out of Egypt. We are with our people as they descend into exile and suffer cruel oppression. We are with them when G-d sends the Ten Plagues to punish Pharaoh and his nation, with them as they leave Egypt, and with them at the crossing of the Red Sea.

### Second Night of Pesach

On the second night of Pesach (April 23), we begin Sefirat Ha'omer, the counting of the 49 days between Pesach and Shavuot.

### **NISSAN 22: LAST DAY OF PASSOVER**

The eighth day of Passover is traditionally associated with our fervent hope for the coming of Moshiach.

The Baal Shem Tov, founder of Chassidus, instituted the custom of eating a special third meal on the last day of Passover, complete with matzah and wine, called the "Meal of Moshiach." On that day, he said, one can feel the approach of Moshiach.

Passover does not end until the night of April 30, at the time indicated on the calendar. Until approximately an hour after that time, no chometz should be bought or eaten. A Happy and Kosher Passover!

PESACH COMMUNITY SEDERS @ LOTP

MONDAY, APRIL 22<sup>ND</sup> – 8:00PM, TUESDAY, APRIL 23<sup>RD</sup> – 8:30PM





JOIN US FOR THE
MOSHIACH MEAL
ON THE FINAL DAY OF PASSOVER

TUESDAY, APRIL 30<sup>TH</sup> – 6:30PM

RSVP@
WWW.CHABADLUBAVITCH.ORG/MOSHIACHMEAL

5	SUNDAY	1	MONDAY	1	UESDAY	WE	DNESDAY	THI	JRSDAY		FRIDAY	SA	TURDAY
DAYLIGI BERG	S SHOWN ARE HT SAVING TIME FOR GEN COUNTY	1	בב אדר ב 22 Adar II	2	בג אדר ב 23 Adar II	3	כד אדר ב 24 Adar II	4	<b>כה אדר ב</b> 25 Adar II	5	בו אדר ב 26 Adar II		כז אדר ב 27 Adar II OK OF PSALMS 7:30AM שמיני
	APRIL 2024	WOMEN'S KA	BBALAH CLASS VIA ZOOM 10:00AM - 10:30AM						TALMUD CLASS 8:00PM - 9:00PM		Light candles at 7:08 p.m.		SHEMINI Hachodesh sing of the new month oat ends at 8:09 p.m.
7	כח אדר ב 28 Adar II	8	כט אדר ב 29 Adar II	9	א ניסן 1 Nissan	10	ב ניסן 2 Nissan	11	ג ניסן 3 Nissan	12	ד ניסן 4 Nissan	13	ה ניסן 5 Nissan
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KA	BBALAH CLASS VIA ZOOM 10:00AM - 10:30AM New Moon: 10:57 <sup>7</sup> /10 p.m.		ראש חדש ניסן Rosh Chodesh Nissan				TALMUD CLASS 8:00PM - 9:00PM		Light candles at $7:15\mathrm{p.m.}$	Shabt	תזריע TAZRIA pat ends at 8:17 p.m.
14	ו ניסן 6 Nissan	15	ז ניסן 7 Nissan	16	<b>ח ניסן</b> 8 Nissan	17	ט ניסן 9 Nissan	18	י ניסן 10 Nissan	19	יא ניסן 11 Nissan	20	יב ניסן 12 Nissan GEN IN HONOR OF THE
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KA	BBALAH CLASS VIA ZOOM 10:00AM - 10:30AM						TALMUD CLASS 8:00PM - 9:00PM		E REBBE'S 122ND BIRTHDAY  YOUR CHOMETZ DEADLINE  Light candles at 7:23 p.m.	REBBE'S 122N	D BIRTHDAY - 12:00PM מצורע METZORA Shabbat Hagadol bat ends at 8:25 p.m.
21	יג ניסן 13 Nissan	22	יד ניסן 14 Nissan First Seder	23	טו ניסן 15 Nissan Second Seder	24	טז ניסן 16 Nissan Sefirah 1	25	יז ניסן 17 Nissan Sefirah 2	26	יח ניסן 18 Nissan Sefirah 3	27	יט ניסן 19 Nissan Sefirah 4
Search fo	PARSHA OF THE WEEK 9:30AM - 10:00AM בדיקת חמץ or chametz after 8:13 p.m.	E Burr	ערב פסח בירב פסח Eve of Passover at chametz by 10:33 a.m. chametz until 11:36 a.m. Light candles at 7:26 p.m.	4.4	Y SECOND SEDER - 8:30PM  "ומ א דחג הפסח 1st day of PASSOVER ht candles after 8:28 p.m. In evening count Omer 1		יום ב דחג הפסח 2nd day of PASSOVER om Tov ends at 8:30 p.m. In evening count Omer 2		יום א דחול המועד te Day of PASSOVER In evening count Omer 3		יום ב דחול המועד פסח 2nd Intermediate Day of PASSOVER Light candles at 7:30 p.m. In evening count Omer 4		יום ג דחול המוע Day of PASSOVER pat ends at 8:33 p.m. In evening count Omer 5
28	ב ניסן 20 Nissan Sefirah 5 NIGHT OF LEARNING 10:30PM - 12:00AM	29	בא ניסן 21 Nissan Sefirah 6	30	בב ניסן 22 Nissan Sefirah 7 MOSHIACH MEAL 6:30PM		LY REMINDER FORGET TO	MOSHI	S FOR THE ACH MEAL	MAY 2024 S M T W T F S 1 2 3 4		MIT	OF <b>BAR/BAT</b> <b>ZVAH</b> FOR YOUR
4.4	יום ד דחול המועד כ יום ד דחול המועד כ 4th Intermediate Day of PASSOVER Light candles at 7:32 p.m. In evening count Omer 6	יום ד דחול המוע sell Your CHOMETZ APRIL 30 <sup>TH</sup> sth Intermediate Day of PASSOVER PASSOVER 7th day of PASSOVER Candles at 7:32 p.m. Light candles after 8:36 p.m. Yom Tov ends at 8:37 p.m. APRIL 19 <sup>TH</sup> sell YOUR CHOMETZ BY  APRIL 30 <sup>TH</sup> 6:30PM		12 13 19 20	7 8 9 10 11 14 15 16 17 18 21 22 23 24 25 28 29 30 31	CON	ILD? ITACT <b>71.1152</b>						
Lubav	In evening count Omer 6 In evening count O		S 11 Har	old Street	Tenafly, NJ 0767	0	Tel.	(201) 871-1	1152 Fax (201)	871-4181	ww	w.chabadlu	ıbavitch.org

### THE MEZUZAH

Inside that small case nailed or glued at the entrance of a Jewish home is a miniature scroll, written with exquisite care by an expert scribe, containing the Shema Yisraelthe proclamation of a Jew's faith. The mezuzah is a covenant we have made with the Master of the Universe: We will inscribe His unity upon the doorposts of our homes, and He will protect us wherever we may be found.

It is a symbol for all that a Jew is meant to accomplish in this world—for this entire cosmos is truly His home, lacking but the signature of the Artist at the entrance to each thing.

A mezuzah should be affixed to the doorpost of every room B. In a slanted position, with the top pointed to the inside in the home and place of business, including the basement, attic and garage. We do not place one at the entrance to a bathroom. Each mezuzah should be examined by a reliable scribe at least twice every seven years.

Before affixing a mezuzah to a doorpost, recite the following blessing:

### SEFIRAT HA'OMER | COUNTING OF THE OMER

The festivals of Pesach and Shavuot are linked: Pesach marks our physical liberation (the Exodus from Egypt and the birth of the Jewish nation), and on Shavuot we received the Torah the spiritual essence and liberation of the Jewish people. To note this link, we count every one of the forty-nine days between these two festivals. This counting, called Sefirat Ha'omer, expresses our eager anticipation of receiving the Torah.

The counting begins on the second night of Pesach, immediately after nightfall, and is continued every subsequent evening (after nightfall).

Buh-rookh ah-tuh ah-doh-noi, eh-loh-hay-noo meh-lech huh-oh-luhm, ah-shehr kee-deh-shuh-noo beh-mitz-vohsuhv. veh-tzee-vuh-noo lik-boh-ah meh-zoo-zuh.

Blessed are You, L-rd our G-d, King of the universe. Who has sanctified us with His commandments, and has commanded us to affix a mezuzah.

If more than one mezuzah is being affixed at one time, only one blessing is recited. When affixing a mezuzah to an entrance without a door, no blessing is recited.

The mezuzah is affixed:

A. On the right doorpost as one enters.

C. In the upper third of the doorpost height. (If the doorway is very tall, place it at shoulder height.)

D. On the outer 3.2 inches of the width of the doorpost.

For more information, or for help in obtaining or checking a mezuzah, please contact us.



Birthday of Rabbi Shmuel (1834-1882), known as the Rebbe MaHaRaSH, fourth leader of Chabad-Lubavitch.

### **IYAR 14 | PESACH SHENI**

The Second Passover. The year after the Exodus, G-d commanded the Jewish People to celebrate Passover in the desert. However, some complained that they had become ritually impure and would not be able to purify themselves in time to offer their Passover sacrifice. G-d told Moses they would get a second chance to offer their sacrifice on Ivar 14 (a month after Nissan 14, when the Passover sacrifice is normally brought). This applied until the cessation of sacrifices with the destruction of the Second Temple in 70 CE. Many still have a custom of celebrating the day by eating matzah.

### IYAR 18 | LAG B'OMER

The 33rd day of the Omer counting is celebrated as a holiday. Two reasons: 1) Between Passover and Shavuot, one year in the early 2nd century, 24,000 disciples of Rabbi Akiva (greatest Sage of Israel in the Mishnaic period) passed away because they were not respectful enough to each other.

Therefore, this period is a time of semi-mourning (no weddings, etc.). On the 33rd (LaG = 33) day of the Omer, they stopped dying. 2) An outstanding later disciple of Rabbi Akiva, Rabbi Shimon bar Yochai, Mishnaic Sage and author of the Zohar, principal work of Jewish mysticism (Kabbalah), passed away. Having fulfilled his mission in this world, he asked that the anniversary be celebrated as a happy day.

Children have a custom to play with bows and arrows, and are taken on trips to parks or the countryside. There is a widespread custom to light bonfires the previous night.



IN CELEBRATION OF LAG B'OMER COMMUNITY FAMILY BBQ AND BONFIRE AT THE ALPINE SCOUT CAMP

SUNDAY, MAY 26<sup>TH</sup> - 4:00PM—7:00PM





S	SUNDAY	1	MONDAY	T	UESDAY	WE	DNESDAY	TH	HURSDAY		FRIDAY	SATURDAY
DAYLIG BER	S SHOWN ARE HT SAVING TIME FOR GEN COUNTY	KABBA VIA Z	UR <b>WOMEN'S</b> ALAH CLASSES OOM LED BY BBI SHAIN			1	בג ניסן 23 Nissan Sefirah 8	2	בד ניסן 24 Nissan Sefirah 9	3	בה ניסן 25 Nissan Sefirah 10	בו ניסן 26 Nissan Sefirah 11 RECITE THE BOOK OF PSALMS 7:30AM אחרי ACHAREI
	MAY 2024		ONDAYS M—10:30AM	franse	LEAGUAING DICTIPLINE		אסרו חג Isru Chag In evening count Omer 9		TALMUD CLASS 8:00PM - 9:00PM In evening count Omer 10	瓣	Light candles at <b>7:37</b> p.m. In evening count Omer 11	Avot: chapter 1 Blessing of the new month Shabbat ends at 8:42 p.m. In evening count 0mer 12
5	בז ניסן 27 Nissan Sefirah 12	6	כח ניסן 28 Nissan Sefirah 13	7	כט ניסן 29 Nissan Sefirah 14	8	ל ניסן 30 Nissan Sefirah 15	9	א אייר 1 Iyar Sefirah 16	10	ב אייר 2 Iyar Sefirah 17	ג אייר 3 Iyar Sefirah 18
	PARSHA OF THE WEEK 9:30AM - 10:00AM In evening count Omer 13	WOMEN'S KA	BBALAH CLASS VIA ZOOM 10:00AM - 10:30AM In evening count Omer 14		In evening count Omer 15		ראש חדש אייר Rosh Chodesh lyar In evening count Omer 16 New Moon: 11:41 •/ <sub>18</sub> a.m.		TALMUD CLASS 8:30PM - 9:15PM ראש חדש אייר Rosh Chodesh lyar In evening count Omer 17	鰛	Light candles at <b>7:44</b> p.m. In evening count Omer 18	קדושים KEDOSHIM Avot: chapter 2 Shabbat ends at <b>8:50</b> p.m. In evening count 0mer 19
12	ד אייר 4 Iyar Sefirah 19	13	ה אייר 5 Iyar Sefirah 20	14	ו אייר 6 Iyar Sefirah 21	15	ז אייר 7 Iyar Sefirah 22	16	ח אייר 8 Iyar Sefirah 23	17	ט אייר 9 Iyar Sefirah 24	י אייר 10 Iyar Sefirah 25
	PARSHA OF THE WEEK 9:30AM - 10:00AM Mother's Day In evening count Omer 20	WOMEN'S KA	BBALAH CLASS VIA ZOOM 10:00AM - 10:30AM In evening count Omer 21		JLI SPRING COURSE DECISIONS OF FATE 8:30PM - 9:30PM LESSON #1 In evening count Omer 22		In evening count Omer 23		TALMUD CLASS 8:30PM - 9:15PM In evening count Omer 24	鰛	Light candles at <b>7:51</b> p.m. In evening count Omer 25	אמור EMOR Avot: chapter 3 Shabbat ends at <b>8:58</b> p.m. In evening count Omer 26
19	יא אייר 11 Iyar Sefirah 26	20	יב אייר 12 Iyar Sefirah 27	21	יג אייר 13 Iyar Sefirah 28	22	יד אייר 14 Iyar Sefirah 29	23	<b>טו אייר</b> 15 Iyar Sefirah 30	24	טז אייר 16 Iyar Sefirah 31	יז אייר 17 lyar Sefirah 32
	PARSHA OF THE WEEK 9:30AM - 10:00AM In evening count Omer 27	WOMEN'S KA	BBALAH CLASS VIA ZOOM 10:00AM - 10:30AM In evening count Omer 28		JLI SPRING COURSE DECISIONS OF FATE 8:30PM - 9:30PM LESSON #2 In evening count Omer 29		פסח שני PESACH SHENI In evening count Omer 30		TALMUD CLASS 8:30PM - 9:15PM In evening count Omer 31	鰛	Light candles at <b>7:58</b> p.m. In evening count Omer 32	בהר BEHAR Avot: chapter 4 Shabbat ends at 9:05 p.m. In evening count Omer 33
	יח אייר 18 Iyar Sefirah 33 G BA'OMER BBQ AND BONFIRE	27	יט אייר 19 Iyar Sefirah 34	28	ב אייר 20 Iyar Sefirah 35	29	בא אייר 21 Iyar Sefirah 36	30	כב אייר 22 Iyar Sefirah 37	31	בג אייר 23 Iyar Sefirah 38 SHABBAT DINNER	JUNE 2024 S M T W T F S
	IN ALPINE - 4:00PM - 7:00PM לג בעומר LAG B'OMER In evening count Omer 34		Memorial Day In evening count Omer 35		JLI SPRING COURSE DECISIONS OF FATE 8:30PM - 9:30PM LESSON #3 In evening count Omer 36		In evening count Omer 37		TALMUD CLASS 8:30PM - 9:15PM In evening count Omer 38		FOR THE COMMUNITY SERVICES - 6:30PM DINNER - 7:30PM Light candles at 8:03 p.m. In evening count Omer 39	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
Lubav	Lubavitch on the Palisades 11 Harold Street Tenaff				Tenafly, NJ 07670	)	Tel.	(201) 871	-1152 Fax (201)	871-418	1 ww	w.chabadlubavitch.org



### SIVAN 6-7: SHAVUOT, A MAJOR FESTIVAL

Shavuot is a major festival, celebrating an event so important that the world would be an entirely different place without it. 3,336 years ago on this day, the entire Jewish nation stood at the foot of Mount Sinai, and the transmission of Torah from heaven to earth began.

The literal meaning of the word Torah is "instructions." The same Manufacturer who produced the world provides instructions on what to do with it. Every story of the Torah is a lesson in life with a myriad of applications. Nothing it contains is irrelevant or anachronistic, because the Torah is eternal wisdom, beyond space and time. In fact, our Sages say, Torah is the blueprint by which the world was designed.

### **Shavuot Observances**

On the first night of Shavuot many communities host an all-night learnathon. The next morning, June 12, every man, woman and child attends services to hear the Ten Commandments read from a Torah scroll. It is especially important for children to be there, since they served as our guarantors the first time the Torah was given. Before the main meat meal on the first day of Shavuot, the tradition is to eat a festive dairy meal (not hard cheese). Cheesecake is a big hit.

Some have the custom on Shavuot to decorate their synagogues and homes with flowers, fruits and greens.

King David passed away on Shavuot. So did the father of the Chassidic movement, Rabbi Yisrael Baal Shem Tov.

**Happy Shavuot!** 

### **SHABBAT CANDLES**

Darkness is setting upon the world; the workweek is coming to a close. A week of activity, a week of growth, a tiring week. But as the sun goes down, a new day is being ushered in: the day for which we toiled the entire week, a day of rest and tranquility, the holy Shabbat.

Greeting the Shabbat (and also Jewish holidays) are girls and women across the globe. Shortly before sunset they light candles,

which usher in peace and blessing to their homes and to the world.

The Torah enjoins us to "honor the Shabbat and call it a delight." Now, one element of this "delight" is to have candles lit. In addition to creating a bright and cheery ambiance, the candles ensure that we don't spend the evening stumbling around in the dark. The Torah clearly tells us that we may not kindle fire on Shabbat. So the key is to light the delight-giving candles before the onset of the day.

The mystics explain that Shabbat is the day that brings illumination to our world, which so often seems to be dark and negative. Furthermore, candles are a metaphor for Torah and for the human soul.

The Shabbat candles represent the light we introduce into the world through studying Torah and observing its precepts. And they also represent the additional soul that our sages say we are given on Shabbat.

### REGISTER TODAY FOR CAMP GAN ISRAEL

VISIT:

WWW.CAMPGANISRAELTENAFLY.COM

CAMP DATES:

JUNE 24<sup>TH</sup> - AUGUST 9<sup>TH</sup>—OD

JUNE 24<sup>TH</sup> - AUGUST 14<sup>TH</sup>—YD



NIGHT OF LEARNING

TUESDAY, JUNE 11<sup>TH</sup> 10:30PM – 12:00AM 12:00AM — 1:00AM

STUDY OF THE 613 MITZVOT 1:00AM - 4:00AM HEAR THE 10 COMMANDMENTS AND JOIN US FOR AN ICE CREAM & CHEESECAKE PARTY!

WEDNESDAY, JUNE 12<sup>TH</sup>
10:30AM OR 6:00PM

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DAYLI	ES SHOWN ARE GHT SAVING TIME FOR RGEN COUNTY  JUNE 2024	TO SPONSOR A KID	KIDDUSH EVERY SHABBAT DUSH, CONTACT US AT 871.1152	S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	LEGACY PROGRAM  REMEMBER US!  WHEN DOING YOUR ESTATE PLANNING. YOUR GIFT WILL SECURE A LASTING LEGACY FOR THE FUTURE OF OUR CHILDREN. CONTACT US 201.871.1152	NEED A MOHEL?  CONTACT RABBI YOSSI KATZ  347.342.8362	24 Iyar 24 Iyar Sefirah 39 RECITE THE BOOK OF PSALMS 7:30AM בתוקרתי BECHUKOTAI Avot: chapter 5 Blessing of the new month Shabbat ends at 9:12 p.m. In evening count 0mer 40
2	בה אייר 25 lyar Sefirah 40	3 בו אייר 26 Iyai Sefirah 4	27 lyar	5 בח אייר 28 lyar Sefirah 43	בט אייר 29 Iyar Sefirah 44 TALMUD CLASS	א סיון 1 Sivan Sefirah 45	8 בסיון 2 Sivan Sefirah 46
	PARSHA OF THE WEEK 9:30AM - 10:00AM In evening count Omer 41	WOMEN'S KABBALAH CLASS VIA ZOON 10:00AM - 10:30AN In evening count Omer 4	DECISIONS OF FATE 8:30PM - 9:30PM LESSON #4 AND GRADUATION	LAST DAY OF TEEN770 In evening count Omer 44	8:30PM - 9:15PM 8TH GRADE GRADUATION - 6:00PM In evening count Omer 45	Rosh Chodesh Sivan Rosh Chodesh Sivan Light candles at $8:08$ p.m. In evening count Omer 46 New Moon: 12:25 */1a a.m.	המדבר BAMIDBAR Avot: chapter 6 Shabbat ends at 9:17 p.m. In evening count Omer 47
9	ג סיון 3 Sivan Sefirah 47 PARSHA OF THE WEEK 9:30AM - 10:00AM	ד סיון 4 Sivar Sefirah 48 WOMEN'S KABBALAH CLASS VIA ZOOM	5 Sivan	12 קיון 6 Sivan HEAR THE TEN COMMANDMENTS 10:30AM OR 6:00PM	ז סיון 7 Sivan  YIZKOR - 11:00AM MINCHA SERVICE - 8:00PM שבועות	אין פיון 8 Sivan LAST DAY OF LPS PRESCHOOL AND TENAFLY CHABAD ACADEMY	ט סיון 9 Sivan
LAS	T DAY OF HEBREW SCHOOL  In evening count Omer 48	10:00AM - 10:30AN In evening count Omer 4	Eve of Shavuot	שבועות SHAVUOT Light candles after 9:19 p.m.	SHAVUOT Yizkor Yom Tov ends at 9:20 p.m.	אסרו חג Isru Chag Light candles at 8:11 p.m.	NASSO Avot: chapter 1 Shabbat ends at 9:20 p.m.
16	י סיון 10 Sivan	א סיון 11 Sivar	יב סיון 12 Sivan	יג סיון 13 Sivan	יד סיון 14 Sivan	טו סיון 15 Sivan	22 טז סיון 16 Sivan
	PARSHA OF THE WEEK 9:30AM - 10:00AM Father's Day	WOMEN'S KABBALAH CLASS VIA ZOON 10:00AM - 10:30AN	•		TALMUD CLASS 8:30PM - 9:15PM	Light candles at <b>8:13</b> p.m.	בהעלותך BEHAALOTECHA Avot: chapter 2 Shabbat ends at 9:22 p.m.
23 CAMP GAN	יז סיון 17 Sivan ISRAEL (CGI) ORIENTATION CGI WEEK 1	24 ח סיון 18 Sivar	<b>25</b> 19 Sivan	בסיון 26 20 Sivan	27 בא סיון 21 Sivan	בב סיון 22 Sivan	בג סיון 23 Sivan RECITE THE BOOK OF PSALMS 7:30AM
30	בד סיון 24 Sivan CGI WEEK 2	WOMEN'S KABBALAH CLASS VIA 200N 10:00AM - 10:30AN FIRST DAY OF CAMP GAN ISRAEI			TALMUD CLASS 8:30PM - 9:15PM	Light candles at <b>8:14</b> p.m.	שלח SHELACH Avot: chapter 3 Blessing of the new month Shabbat ends at 9:22 p.m.
Lubay	vitch on the P	alisades 11 H	arold Street Tenafly, NJ 0767	0 Tel	. (201) 871-1152 Fax (201)	871-4181 ww	w.chabadlubavitch.org

## JULY 2024



### MOSHIACH—OUR REDEEMER

"I believe with complete faith in the coming of Moshiach. And though he may tarry, I shall wait, anticipating his arrival each day." (Number 12 of Maimonides' 13 Principles of Faith)

### Belief in Moshiach is Central to Judaism

The concept of Moshiach is basic to Jewish belief. It is found in the writings of the prophets, which are filled with references to Moshiach. Throughout history our ancestors have prayed for Moshiach's arrival.

### Why Do We Need Moshiach?

In the Messianic Era, the Divine plan for the world will be fully realized. There will be universal peace, prosperity, goodness and knowledge of G-d.

### How Will Moshiach Affect Our Lives?

The coming of Moshiach will not cause a break with the past and the beginning of something entirely new. On the contrary, it is the culmination and crowning stroke of

all our efforts toward a world of peace and consummate holiness.

Moshiach will free the Jewish People from all servitude to foreign nations, rebuild the Holy Temple in Jerusalem and gather all the Jews of the entire world to Israel. Peace and prosperity will be universal, and all the nations of the world will serve the one G-d.

Moshiach will reveal G-dliness in every facet of the Creation. He will elevate each of us from our respective limitations and open our eyes to the G-dliness that is the inner reality of our life. We will still have our family, friends and possessions. However, they will be more wholesome and meaningful because we will see their true value—their Divine purpose.

### **How Do We Prepare for Moshiach?**

By doing more mitzvot, learning more Torah and praying for his revelation, we hasten Moshiach's coming and prepare ourselves to greet him.

### **TAMMUZ 12-13**

Birthday of Rabbi Yosef Yitzchak Schneersohn (1880–1950), sixth leader of Chabad-Lubavitch.

Release of Rabbi Yosef Yitzchak Schneersohn from Bolshevik imprisonment in Leningrad in 1927. His imprisonment followed his implacable struggle to preserve Jewish religious life throughout the Soviet Union. Aided by his faithful followers, he established a vast underground network of Torah schools, and of financial aid for construction and upkeep of mikvaos (ritual pools for marital purity), for Shabbat observers and for the purchase of religious objects. Although the initial sentence was death, international pressure brought commutation to 10 years' hard labor in the Arctic, and then to three years' exile in the Urals. After a few days in exile, he was released on Tammuz 12-13 and, soon after, forced to leave Russia. His release was

considered, under the circumstances, miraculous.

### TAMMUZ 17

Moses descended from Mt. Sinai, after G-d had taught him the entire Torah for 40 days. In his hands he carried the two stone tablets engraved with the Ten Commandments. But when he saw the Jewish People worshiping the Golden Calf, he smashed the tablets down in disgust.

In later generations, King Menashe set up an idol in the Temple; Apostomos (a Greek general) burnt a Torah scroll; the daily sacrifices had to stop; and the Romans breached Jerusalem's wall (70 CE).

This day is observed as one of the six public fast days. It begins the "Three Weeks," a period of national mourning for the destruction of the two Temples, during which we celebrate no weddings and schedule no festivities.



**GIMMEL TAMMUZ** 

SPECIAL FARBRENGEN
IN HONOR OF
THE REBBE'S 30<sup>TH</sup> YARZEIT

MONDAY, JULY 8<sup>TH</sup>—8:30PM



TRIP TO THE OHEL COMMEMORATING
THE 30<sup>TH</sup> YARZEIT OF THE REBBE

MONDAY, JULY  $1^{ST} - 7:30PM$ 

WWW.CHABADLUBAVITCH.ORG/OHELTRIP

TO DONATE OR SPONSOR A CHILD FOR JEWISH EDUCATION, PLEASE VISIT

WWW.CHABADLUBAVITCH.ORG/DONATE



5			ONDAY	TU	JESDAY	WED	NESDAY	TH	URSDAY		FRIDAY	SAT	URDAY
DAYLIG	S SHOWN ARE HT SAVING TIME FOR GEN COUNTY	I	בה סיון 25 Sivan BALAH CLASS VIA ZOOM	2	בו סיון 26 Sivan	3	<b>בז סיון</b> 27 Sivan	4	בח סיון 28 Sivan	5	בט סיון 29 Sivan	6	ל סיון 30 Sivan
	JULY 2024	;	10:00AM - 10:30AM SHUL TRIP TO THE OHEL IF THE 30TH YARZEIT OF THE REBBE - 7:30PM						TALMUD CLASS 8:30PM - 9:15PM Independence Day	赸	Light candles at <b>8:13</b> p.m.	Ros	ראש חדש תמוז sh Chodesh Tammuz קרח KORACH Avot: chapter 4 at ends at 9:20 p.m. ew Moon: 1:09 ייייי p.m.
7	א תמוז 1 Tammuz	8	ב תמוז 2 Tammuz	9	ג תמוז 3 Tammuz	10	ד תמוז 4 Tammuz	11	ה תמוז 5 Tammuz	12	ו תמוז 6 Tammuz	13	ז תמוז 7 Tammuz
	CGI WEEK 3 ראש חדש תמוז Rosh Chodesh Tammuz	IN HONO	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM SPECIAL FARBRENGEN R OF THE 30TH YARZEIT OF THE REBBE - 8:30PM						TALMUD CLASS 8:30PM - 9:15PM	鰛	Light candles at <b>8:10</b> p.m.	Shabba	חקת CHUKAT Avot: chapter 5 t ends at 9:16 p.m.
14	ח תמוז 8 Tammuz	15	ט תמוז 9 Tammuz	16	י תמוז 10 Tammuz	17	יא תמוז 11 Tammuz	18	יב תמוז 12 Tammuz	19	יג תמוז 13 Tammuz	20	יד תמוז 14 Tammuz
	CGI WEEK 4	WOMEN'S KABB	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM						TALMUD CLASS 8:30PM - 9:15PM	鰛	Light candles at $8\!:\!05$ p.m.	Shab	בלק BALAK Avot: chapter 6 bat ends at 9:11 p.m.
21	טו תמוז 15 Tammuz	22	טז תמוז 16 Tammuz	23	יז תמוז 17 Tammuz	24	יח תמוז 18 Tammuz	25	יט תמוז 19 Tammuz	26	ב תמוז 20 Tammuz	27	כא תמוז 21 Tammuz
	CGI WEEK 5	WOMEN'S KABE	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM		תענית יז תמוז ST OF 17 TAMMUZ Fast begins at 4:01 a.m. Fast ends at 8:53 p.m.				TALMUD CLASS 8:30PM - 9:15PM	鰛	Light candles at $7.59$ p.m.	Shab	פינחס PINCHAS Avot: chapter 1 bat ends at 9:03 p.m.
28	כב תמוז 22 Tammuz	29	בג תמוז 23 Tammuz	30	כד תמוז 24 Tammuz	31	כה תמוז 25 Tammuz		T FORGET 1 OUR ONGO			AUGUS	T 2024 N T F S
	WOMEN'S KABBALAH CLASS VIA ZOOI CGI WEEK 6 10:00AM - 10:30AN		BALAH CLASS VIA ZOOM 10:00AM - 10:30AM					ALL	CONTAC 201.87	CT US A	AT		7 8 9 10 14 15 16 17 21 22 23 24 28 29 30 31
Lubav	Lubavitch on the Palisades 1				Cenafly, NJ 07670	)	Tel.	(201) 871-	1152 Fax (201)	871-418	l ww	w.chabadlul	bavitch.org

# AUGUST 2024 Tammuz-Av 5784 · דammuz-Av 5784



### AV 9: TISHA B'AV

Saddest day in the Jewish calendar. Commemorated as a 25-hour fast, beginning at sunset of the previous evening.

Anniversary of the Divine decree that the Jewish People remain in the desert for 40 years, until that generation died out, after they cried over the 10 spies' false report about the Land of Israel.

Anniversary of the destruction (by the

Babylonians under Nebuchadnezzar) of the First Temple (422 BCE), and (by the Romans under Titus) of the Second Temple (70 CE).

Capture by Romans of Beitar, last Jewish fortress to hold out in the Bar Kochba rebellion, with terrible loss of life (c. 135 CE). Jerusalem was ploughed up and turned into a non-Jewish city, Aelia Capitolina (c. 135 CE).

In 1492, Av 9 was the last day by which all Jews who would not be baptized had to leave Spain. Over 300,000 chose to leave, suffering terrible privations till they found stable new places of abode. Many never made it, victims of pirates, unscrupulous ship captains, robbers and starvation. Of those who succumbed and converted in order to remain in Spain, many secretly retained their Jewish identity for generations. They were known as Marranos. But many were caught by the Inquisition's watchful eve and burnt at the stake.

World War I, too, began on Av 9. It uprooted large Jewish populations and threw most Jewish communities into chaos. It brought in its wake the Russian Revolution, which systematically crushed Judaism; the Cossack massacres of Jews throughout the Ukraine (1918–1921); and the conditions which gave rise to Nazism and the Holocaust.

### AV 15

Anniversary of several happy events: the end of the 40-year decree that the Jewish People remain in the desert; the reconciliation of the tribe of Benjamin with the other tribes of Israel; the removal of the guards stationed by Jeroboam ben Nevat to prevent pilgrimages of the Ten Tribes of Israel to the Temple in Jerusalem; and the grant of Roman permission to bury the dead of Beitar, after 14 years. "There were no greater holidays for the Jewish People than Av 15 and Yom Kippur."

### **AV 20**

Rabbi Levi Yitzchak Schneerson, renowned scholar and Kabbalist, and father of the Lubavitcher Rebbe, Rabbi Menachem Schneerson, passed away (1944).

### The Holy Temple

The place where King Solomon built the altar of the Holy Temple was the same place where Abraham built an altar and bound his son Isaac, where Noah built an altar upon his departure from the ark, where Cain and Abel brought their offerings and where Adam brought his sacrifice after he was created. There too, Adam's creation took place.

In the Temple's Holy of Holies, atop the Ark of the Covenant, were the winged cherubim, two angelic figures of gold. Inside the Ark were placed the original Tablets upon which the Ten Commandments are inscribed.

Among the miracles associated with the Temple was the fact that, although hundreds of thousands of pilgrims would visit Jerusalem for the Festivals, no one ever lacked a place to stay.

The Menorah, the Temple's seven-branched candelabra, was fashioned with many intricate decorations and designs from a single block of gold. Moses had difficulty understanding and explaining how it should be made. Therefore, the Al-mighty told him to throw the gold ingot into the fire and the Menorah emerged by itself, fully formed.

Though the Temple is destroyed, an outer wall has remained intact throughout the centuries - the Western Wall. All over the world, Jews pray three times daily toward the site of the Temple, the gate through which all our prayers are heard and answered. As our Sages tell us, the Divine presence never departs from the Western Wall.

### TO DONATE OR SPONSOR A CHILD FOR JEWISH EDUCATION, PLEASE VISIT

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**WE** 

WANT

**MOSHIACH** 

**NOW** 

### FAST OF 9<sup>TH</sup> OF AV

ANNIVERSARY OF THE DESTRUCTION OF THE FIRST AND SECOND TEMPLES COMMEMORATED AS A 25-HOUR FAST BEGINNING FROM SUNSET OF THE PREVIOUS EVENING

MONDAY, AUGUST 12<sup>TH</sup> – TUESDAY, AUGUST 13<sup>TH</sup>
FAST BEGINS—7:54PM FAST ENDS—8:27PM

S	SUNDAY	l,	MONDAY	Т	UESDAY	WE	DNESDAY	TH	URSDAY		FRIDAY		SATURDAY
DAYLIG	S SHOWN ARE HT SAVING TIME FOR GEN COUNTY	IN CASE	N HATZALAH OF A MEDICAL GENCY CALL		1 2 3 4		W T F S 4 5 6 7	1	כו תמוז 26 Tammuz	2	כז תמוז 27 Tammuz	3 RECITE THE	בח תמוז 28 Tammuz BOOK OF PSALMS 7:30AM
	UGUST 2024		367-2222 or -230-1000			15 16 17 22 23 24 29 30	25 26 27 28 TALMUD CLASS 8:30PM - 9:15PM		Light candles at $7.52$ p.m.	I	מטות-מטעי MATOT-MASSEI Avot: chapter 2 Blessing of the new month Shabbat ends at 8:55 p.m.		
4	<b>כט תמוז</b> 29 Tammuz	5	א אב 1 Av	6	ב אב 2 Av	7	ג אב 3 Av	8	ד אב 4 Av	9	ה אב 5 Av	10	ואב 6 Av
	CGI WEEK 7	WOMEN'S KAE	BALAH CLASS VIA ZOOM 10:00AM - 10:30AM ראש חדש אב Rosh Chodesh Av New Moon: 1:53 יויוי, a.m.						TALMUD CLASS 8:30PM - 9:15PM	LAST DAY	OF CAMP GAN ISRAEL OD Light candles at 7:44 p.m.		דברים DEVARIM Shabbat Chazon Avot: chapter 3 Shabbat ends at 8:45 p.m.
11	ז אב 7 Av	12	ח אב 8 Av	13	ט אב 9 Av	14	יאב 10 Av	15	יא אב 11 Av	16	יב אב 12 Av	17	יג אב 13 Av
	CGI WEEK 8	WOMEN'S KAI	3BALAH CLASS VIA ZOOM 10:00AM - 10:30AM Fast begins at <b>7:54</b> p.m.		תענית ט אב FAST OF 9 AV Fast ends at 8:27 p.m.	LAST DAY (	OF CAMP GAN ISRAEL YD		TALMUD CLASS 8:30PM - 9:15PM	赸	Light candles at $7.34$ p.m.		לאתחנד VA'ETCHANAN Avot: chapter 4 Shabbat Nachamu Shabbat ends at 8:34 p.m.
18	יד אב 14 Av	19	טו אב 15 Av	20	טז אב 16 Av	21	יז אב 17 Av	22	יח אב 18 Av	23	יט אב 19 Av	24	ב אב 20 Av
	PARSHA OF THE WEEK 9:30AM - 10:00AM	WOMEN'S KAE	BBALAH CLASS VIA ZOOM 10:00AM - 10:30AM חמשה עשר באב FIFTEENTH OF AV						TALMUD CLASS 8:30PM - 9:15PM	赸	Light candles at $7:24$ p.m.		עקב EIKEV Avot: chapter 5 Shabbat ends at 8:23 p.m.
25	כא אב 21 Av	26	כב אב 22 Av	27	כג אב 23 Av	28	כד אב 24 Av	29	כה אב 25 Av	30	כו אב 26 Av	31	בז אב 27 Av
	PARSHA OF THE WEEK 9:30AM - 10:00AM		BBALAH CLASS VIA ZOOM 10:00AM - 10:30AM						TALMUD CLASS 8:30PM - 9:15PM	赸	Light candles at $7.13$ p.m.	I	BOOK OF PSALMS 7:30AM ראה RE'EH Avot: chapter 6 Blessing of the new month Shabbat ends at 8:11 p.m.
Lubav	itch on the F	Palisades	11 Har	old Street	Tenafly, NJ 0767	0	Tel.	(201) 871-	1152 Fax (201)	871-4181	ww	w.chaba	dlubavitch.org

### **AV 30: ROSH CHODESH ELUL**

First day of Rosh Chodesh Elul. Moses ascended Mt. Sinai, for the third time, with the tablets he had carved. The next 40 days, till Yom Kippur, were days of Divine acceptance and favor, during which G-d's mercy was aroused to totally forgive His people. We reenact this year by year, devoting time during the month of Elul (and the Ten Days of Teshuvah till Yom Kippur) to review our ways, seeking to correct whatever needs correcting in thought, speech and deed.

### THE MONTH OF ELUL

One of the major accusations often leveled at the CEO of the universe is inaccessibility. These charges are entirely unfounded.

G-d is everywhere, and from there He awaits your call. And just to prove it, one month before Rosh Hashanah, He devotes an entire month to being as approachable as an Almighty Creator can get.

Think of it as though the big boss took a stroll through the cubicles, happily chatting with anyone who approaches, giving each his full attention and a warm smile. That is what our Sages mean when they call Elul the Month of Divine Compassion. During these days, you can repair all that went amiss from the entire year—with study, with charity and good deeds, with meditation and prayer. That is also why we blow the Shofar every day of this month (except Shabbat), as a wake-up call to prepare for the magnificent days to come. We also have our Tefillin and Mezuzot checked during this month.

### **ELUL 18**

Birthday of Rabbi Yisrael Baal Shem Tov (1698-1760), founder of Chassidism, renowned for his love of every Jew. Birthday of Rabbi Shneur Zalman of Liadi (1745-1812), known as the Alter Rebbe, founder of the Chabad-Lubavitch intellectual branch of Chassidism, author of Tanya and Shulchan Aruch HaRav.

### **ELUL 26**

First day, this year, for saying Selichot, "prayers for forgiveness." The first Selichot are said early Sunday morning after midnight (about 1:00 a.m. when Daylight Saving Time is in effect). The other Selichot are said before dawn or in the early morning.



### IEFILLIN

"You shall bind them as a sign upon your hand, and they shall be for a reminder between your eyes". —Deuteronomy 6:8

You have a brain. It is in one world. Your heart is in another. And your hands often end up involved in something completely foreign to both of them. Three diverse machines.

So you put on tefillin. First thing in the day, you connect your head, your heart and your hand with these leather straps—all to work as one, with one intent: a dedicated service of the Almighty. And then, when you go out to meet the world, all your actions find harmony in a single coordinated purpose...

Tefillin are a pair of black leather boxes containing Hebrew parchment scrolls. A set includes two tefillin—one for the head and one for the arm. Each consists of three main components: the scrolls, the box and the strap. The scrolls are inserted into boxes made of leather that have been painted black.

One box is strapped on your head, and the other onto your arm next to your heart. It's done once a day—preferably during the morning prayers. If that is not practical, say at least the passage called the Shema. It's done by Jewish males, age 13 and up, every day except Shabbat and major Jewish holidays.

### DON'T FORGET TO REGISTER FOR OUR ONGOING PROGRAMS:

DAYCARE, PRESCHOOL, ELEMENTARY SCHOOL, MIDDLE SCHOOL, HEBREW SCHOOL, TEEN770, CAMP GAN ISRAEL AND MORE...

FOR MORE INFORMATION, CONTACT US 201-871-1152

WWW.CHABADLUBAVITCH.ORG

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
1	כח אב 28 Av	2	כט אב 29 Av	3	לאב 30 Av	4	א אלול 1 Elul	5	<b>ב אלול</b> 2 Elul	6	ג אלול 3 Elul	7	ד אלול 4 Elul
					ראש חדש אלול Rosh Chodesh Elul New Moon: 2:37 <sup>12</sup> / <sub>18</sub> p.m.		ראש חדש אלול Rosh Chodesh Elul				Light candles at $7:01$ p.m.	A\ Shabbat ends	שופטים SHOFTIM vot: chapter 1 at 7:59 p.m.
8	ה אלול 5 Elul	9	ו אלול 6 Elul	10	ז אלול 7 Elul	11	ח אלול 8 Elul	12	ט אלול 9 Elul	13	י אלול 10 Elul	14	יא אלול 11 Elul
			Labor Day								Light candles at $6:50$ p.m.	A Shabbat ends	כי תצא KI TEITZEI vot: chapter 2 at 7:47 p.m.
15	יב אלול 12 Elul	16	יג אלול 13 Elul	17	יד אלול 14 Elul	18	טו אלול 15 Elul	19	טז אלול 16 Elul	20	יז אלול 17 Elul	21	יח אלול 18 Elul
											Light candles at <b>6:38</b> p.m.	Avot: c Shabbat ends	כי תבוא KI TAVO chapters 3 & 4 at 7:35 p.m.
22	יט אלול 19 Elul	23	<b>כ אלול</b> 20 Elul	24	כא אלול 21 Elul	25	כב אלול 22 Elul	26	בג אלול 23 Elul	27	<b>כד אלול</b> 24 Elul	28	כה אלול 25 Elul
											Light candles at $6:26$ p.m.	NITZAVIM-V Avot: c Sha	נצבים-רילי VAYELECH chapters 5 & 6 abbat Selichot at 7:23 p.m.
29	כו אלול 26 Elul	30	כז אלול 27 Elul	and the section					果	OCTOBER 2024  S M T W T F S  1 2 3 4 5		TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR	
				RESERVE YOUR HIGH HOLIDAY SEATS TODAY  WWW.CHABADLUBAVITCH.ORG/ HHSEATS				13 14 15 16 17 1			15 16 17 18 19 22 23 24 25 26	SEPTEMBER	
Lubavitch on the Palisades 11 Harold Street Tenafly, NJ 07670 Tel. (201) 871-1152 Fax (201) 871-4181 www.chabadlubavitch										tch.org			

### LUBAVITCH ON THE PALISADES MISSION STATEMENT

The goal of Lubavitch on the Palisades is to encourage and provide a means for Jews of all backgrounds to learn and rekindle a link to their Jewish heritage.

This is accomplished through extensive outreach to the Jewish community of Northeast Bergen County with programs such as adult education lectures, including JLI (Jewish Learning Institute) courses on Kabbalah/Mysticism, Talmud, Tanya, and the weekly Torah portion.

Other ongoing programs include: Breakfast Club, Israeli Club, Community Outreach, Crisis Counseling, Full Service Synagogue and Daily Prayer Services, Holiday Celebrations, Hospital and Nursing Home Visits, Judaica Services, Kashering Homes, Men's and Women's Mikvaot (Ritual Baths), Mezuzah Checks, One-on-One Studies, Pesach Seders, Shabbatons, Chesed Committee, and Chabad Women's Circle.

We provide extensive children's programming including a DayCare, Preschool, Elementary and Middle School, Early and After School Programs, Camp Gan Israel Summer Program, Hebrew School, Bar/Bat Mitzvah Club, Bar/Bat Mitzvah Lessons, Junior Congregation, and Teen770 Community Service and Club.

Check our website for more information, calendar of events, and additional classes continuously being added at www.chabadlubavitch.org

### WEEKLY SCHEDULE

### MORNING SERVICES

Sunday 8:30am

Monday through Friday: 7:00am

### DAILY EVENING SERVICES

10 minutes before sunset

### FRIDAY EVENING SERVICES

10 minutes after candle lighting from last week of October through the second week in March, third week of March through October 6:45pm

### SHABBOS MORNING SERVICES

9:20am

Kiddush following services

### SHABBOS EVENING SERVICES

Times vary; please check our website for details at www.chabadlubavitch.org/calendar

### WEEKLY CLASSES

SUNDAY: 9:30am - 10:00am Parsha of the Week

MONDAY: 10:00am -10:30am Kabbalah class for Women via Zoom

### TUESDAY:

8:00pm - 9:15pm (October, November, January) 8:30pm - 9:30pm (May)

### THURSDAY:

(Sept. - April): 8:00pm - 9:00pm (May - August): 8:30pm - 9:15pm Talmud class



# It is sent free to all members and friends of Lubavitch on the Palisades Issue #32 TO DONATE OR SPONSOR A CHILD FOR JEWISH EDUCATION, PLEASE VISIT

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