



JEWISH ART CALENDAR
ה'תשפ"ה 2024-2025

5785

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LUBAVITCH ON THE PALISADES, 11 HAROLD STREET, TENAFLY, NJ 07670
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**Wishing you a happy and sweet New Year!
May we all merit the coming of Moshiach
in our days and may all your blessings
come to fruition in a good and revealed
manner.**



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Students may be accepted into the program anytime during the school year.



THE MONTH OF ELUL

Elul is the final month of the Jewish year. It is a month that connects the past year with the coming year—a time when we reflect on where we stand and where we should be going, a time that has been designated as a time of mercy and forgiveness, and an opportune time for teshuvah—returning to G-d.

During this month we have our Mezuzot and Tefillin checked, study more Torah, give more charity, pray with more feeling, and make good resolutions for the coming year. After prayers each morning (except Shabbat), it is customary to blow the Shofar.

ELUL 18

Birthday of Rabbi Yisrael Baal Shem Tov (1698-1760), founder of Chassidism, renowned for his love of every Jew. Birthday of Rabbi Shneur Zalman of Liadi (1745-1812), known as the Alter Rebbe, founder of the Chabad-Lubavitch intellectual branch of Chassidism, author of Tanya and Shulchan Aruch HaRav.

ELUL 26

First day, this year, for saying Selichot, “prayers for forgiveness.” The first Selichot are said early Sunday morning after midnight (about 1:00 a.m. when Daylight Savings Time is in effect). The other Selichot are said before dawn or in the early morning until Rosh Hashanah.

THE SEFER TORAH

A Sefer Torah, or Torah Scroll, is a handwritten scroll with 304,805 letters, containing the Five Books of Moses. It is written by a scribe who is specially ordained to write, and its laws are meticulously detailed. The final commandment of the Torah is to write one’s own Sefer Torah. Today this is commonly done through buying a letter, chapter or portion in a joint Sefer Torah.

Buying a letter in a joint Sefer Torah joins one together in unity with Jews throughout the world who have also obtained a letter in unity Torah scrolls. For more information, visit www.UnityLetter.com

TORAH STUDY

Torah is the medium of communication through which G-d enables man to know, serve and connect to Him. The campaign for Torah study encourages every individual to set fixed times for Torah study every day, so that our spiritual growth and development can be systematic and directed.

Since the giving of the Torah at Sinai, Torah study has been an integral part of Jewish life. Rabbi Shneur Zalman of Liadi explained that Torah study should be fixed not only in time but also in soul. It should be the vortex around which the entire spectrum of our day-to-day experience revolves.

The Talmud tells the story of when the Roman government issued a decree forbidding Torah study. Papus ben Yehudah saw Rabbi Akiva conducting Torah classes and asked him, “Do you not fear punishment by the law?” Rabbi Akiva answered with a parable:

A fox was strolling along the riverbank and noticed fish swimming swiftly from place to place. He asked, “Why are you running?” They replied, “We are afraid of the net that people set up to catch us.” The fox slyly said, “Perhaps it would be wise to ascend to the shore and live together with me as my parents lived with your parents.” The fish responded, “You speak foolishly; if we are afraid in our native habitat, our fear will be even greater on land, where death will be certain.” Similarly, Torah is our source of life and may save us. Without it we will definitely perish (Berachot 61b).



The New Torah, Oil on Canvas by Zalman Kleinman

PREPARE FOR THE NEW YEAR BY RESERVING YOUR HIGH HOLIDAY SEATS

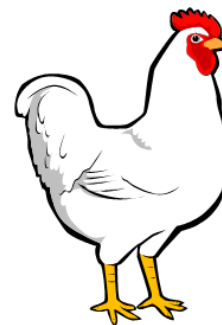
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**ROSH HASHANAH: OCTOBER 2 – OCTOBER 4
YOM KIPPUR: OCTOBER 11 – OCTOBER 12**



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**LIVE CHICKEN KAPPAROT
IN THE MAIN PARKING LOT
TUESDAY, OCTOBER 8**

5:00 PM – 7:00 PM

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1 כח אב
28 Av

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

2 כט אב
29 Av

Labor Day

3 ל אב
30 Av

FIRST DAY OF SCHOOL

ראש חודש אלול
Rosh Chodesh Elul
New Moon: 2:37 ¹²/₁₈ p.m.

4 א אלול
1 Elul

FIRST DAY OF THE SPRINGBOARD SCHOOL

TEEN770 BEGINS - 6:00 PM

SHIR HASHIRIM - 8:00 PM - 9:00 PM

ראש חודש אלול
Rosh Chodesh Elul

5 ב אלול
2 Elul

TALMUD CLASS
8:00 PM - 9:00 PM

6 ג אלול
3 Elul

Light candles at 7:01 p.m.



7 ד אלול
4 Elul

שופטים
SHOFTIM
Avot: chapter 1
Shabbat ends at 7:59 p.m.

8 ה אלול
5 Elul

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

FIRST DAY OF HEBREW SCHOOL

9 ו אלול
6 Elul

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

10 ז אלול
7 Elul

11 ח אלול
8 Elul

SHIR HASHIRIM
8:00 PM - 9:00 PM

12 ט אלול
9 Elul

TALMUD CLASS
8:00 PM - 9:00 PM

13 י אלול
10 Elul

Light candles at 6:50 p.m.



14 יא אלול
11 Elul

כי תצא
KI TEITZEI
Avot: chapter 2
Shabbat ends at 7:47 p.m.

15 יב אלול
12 Elul

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

16 יג אלול
13 Elul

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

17 יד אלול
14 Elul

18 טו אלול
15 Elul

SHIR HASHIRIM
8:00 PM - 9:00 PM

19 טז אלול
16 Elul

TALMUD CLASS
8:00 PM - 9:00 PM

20 יז אלול
17 Elul

SHABBAT DINNER
TO WELCOME NEW FAMILIES
SERVICES - 6:40 PM
DINNER - 7:30 PM

Light candles at 6:38 p.m.



21 יח אלול
18 Elul

כי תבוא
KI TAVO
Avot: chapters 3 & 4
Shabbat ends at 7:35 p.m.

22 יט אלול
19 Elul

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

23 כ אלול
20 Elul

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

24 כא אלול
21 Elul

25 כב אלול
22 Elul

SHIR HASHIRIM
8:00 PM - 9:00 PM

26 כג אלול
23 Elul

TALMUD CLASS
8:00 PM - 9:00 PM

27 כד אלול
24 Elul

Light candles at 6:26 p.m.



28 כה אלול
25 Elul

FARBRENGEN FOLLOWED BY
MIDNIGHT SELICHOT SERVICE - 10:30PM

נצבים-ויילך
NITZAVIM-VAYELECH
Avot: chapters 5 & 6
Shabbat Selichot
Shabbat ends at 7:23 p.m.

29 כו אלול
26 Elul

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

30 כז אלול
27 Elul

WOMEN'S KABBALAH CLASS
VIA ZOOM
10:00 AM - 10:30 AM

OCTOBER 2024

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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SUKKAH OR NEED HELP
PUTTING UP YOUR
SUKKAH?

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HAKAFOT IN
CELEBRATION OF
SUKKOT



TIMES SHOWN ARE
DAYLIGHT SAVING TIME
FOR
BERGEN COUNTY

**SEPTEMBER
2024**

TISHREI 1-2 | ROSH HASHANAH

Rosh Hashanah (“Head of the Year”), the Jewish New Year, is celebrated as a two-day holiday. On these days the Heavenly Court decides all that is to happen to all beings during the coming year.

It is customary on Rosh Hashanah to eat foods symbolizing sweetness, blessings and abundance. We dip the challah in honey; and afterwards, on the first night of the holiday, Oct. 2, we eat a piece of apple dipped in honey. After the appropriate blessing on the apple, we add: “May it be Your will to renew for us a good and sweet year.”

The Shofar

On both days of Rosh Hashanah, Oct. 3 and 4, during the daytime, we hear at least the first thirty of the prescribed blasts of the Shofar (ram’s horn).

Tashlich

On the first day of Rosh Hashanah, Thursday, Oct. 3, following the afternoon prayer, we visit a body of water or pond containing live fish and recite the Tashlich prayers.

TISHREI 3 | FAST OF GEDALIAH

Gedaliah was a righteous Jewish governor appointed by the Babylonian conquerors after they destroyed the First Temple. When he was assassinated (422 BCE), our people’s plight hit an extreme low. This fast day commemorates this tragic event.

TISHREI 6

Yahrtzeit of Rebbetzin Chana Schneerson (1880–1964), mother of the Lubavitcher Rebbe.

THE EVE OF YOM KIPPUR

On the day preceding Yom Kippur, Friday, Oct.

11, we eat festive meals, to demonstrate our faith and confidence in G-d’s mercy. Another beautiful custom for this day is that of parents blessing their children. Yom Kippur atones for sins against G-d, but not for wrongdoings between man and man. It is therefore important, before Yom Kippur, to apologize and seek forgiveness from friends, relatives, and acquaintances, to heal any ill feelings which may have arisen.

TISHREI 10 | YOM KIPPUR

Yom Kippur (“Day of Atonement”) is the holiest day in the Jewish year. In addition to the prohibition of work, as on the Sabbath, there are five activities specifically prohibited on Yom Kippur, from Friday evening, Oct. 11, until Saturday night, Oct. 12: eating and drinking, anointing oneself with perfumes or lotions, marital relations, washing or bathing (for pleasure) and wearing leather shoes.

TISHREI 15-21 | SUKKOT

Sukkot is a joyous holiday. For seven days, we are once again the original people of Moses wandering in the wilderness, surrounded by the Clouds of Glory. Only now those clouds are the greenery of a festive hut called a Sukkah. All meals are eaten in the Sukkah, barring inclement weather. All the common activities of life, when they happen inside the Sukkah, become holy acts. And all of the person is encompassed in this mitzvah, from head to toe.

THE FOUR SPECIES

Each day of Sukkot, from Thursday, Oct. 17, through Wednesday, Oct. 23, except for Shabbat, we shake the Four Species during the daytime. Hold the lulav (palm branch), three hadassim (myrtle branches), and two aravot (willow branches) in the right hand, with the lulav’s “spine” facing you. Say the



Sukkot, Oil on Canvas by Huvy Elisha

appropriate blessing(s), then take the etrog (citron) in the left hand with the point, or “pitom,” up, bring it together with the other three kinds, and shake it.

TISHREI 21

The seventh day of Sukkot, Oct. 23 is called Hoshana Rabbah. It is customary to stay awake the preceding night and recite portions of Torah and the Book of Psalms. In the morning, we circle the bimah (Torah reading platform) seven times, lulav and etrog in hand. Then we recite special prayers, called hoshanot, while holding five willow branches bound together. We beat the willow branches on the floor, symbolically

sweetening G-d’s judgment.

TISHREI 22-23

On the evening of Simchat Torah (Thursday, Oct. 24), and in some communities on the evening of Shemini Atzeret as well, we make seven hakafot (circlings) around the bimah, singing and dancing with the Torah scrolls. On the morning of Simchat Torah, Oct. 25, the final portion of the Torah is read, completing the yearly cycle. Then we immediately read the first portion, beginning the cycle anew. Thus, we continue to delve into the infinite wisdom of G-d’s Torah—the eternal force that has bound us together and sustained us for more than 3,300 years.



SUKKOT UNDER THE STARS FAMILY DINNER

WEDNESDAY, OCT. 16TH

SERVICES – 6:00 PM • DINNER – 7:00 PM

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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR BERGEN COUNTY

OCTOBER 2024

NOVEMBER 2024

Calendar grid for November 2024 with days of the week (S-M-T-W-T-F-S) and dates (3-30).

1

כח אלול 28 Elul

2

כט אלול 29 Elul Eruv Tavshilin

3

א תשרי 1 Tishrei Tashlich

4

ב תשרי 2 Tishrei

5

ג תשרי 3 Tishrei

RH EVENING SERVICES 6:20 PM. ערב ראש השנה Eve of Rosh Hashanah. Light candles at 6:17 p.m. Includes image of candles and apples.

SERMON/SHOFAR - 11:00 AM TASHLICH - 6:15 PM RH EVENING SVC - 7:00 PM. יום א דראש השנה First day of ROSH HASHANAH. Light candles after 7:14 p.m. New Moon: 3:21 19/18 a.m. Includes image of shofar.

RH MORNING SVC - 9:00 AM SERMON/SHOFAR - 11:00 AM EVENING SVC - 6:20 PM. יום ב דראש השנה Second day of ROSH HASHANAH. Light candles at 6:14 p.m. Includes image of shofar.

האיזינו HA'AZINU Shabbat Shuva. Shabbat ends at 7:11 p.m. Includes image of an open book.

6

ד תשרי 4 Tishrei

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

צום גדליה FAST OF GEDALIAH. Fast begins at 5:34 a.m. Fast ends at 6:58 p.m.

7

ה תשרי 5 Tishrei

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

8

ו תשרי 6 Tishrei

CHICKEN KAPPAROT FOR THE FAMILY 5:00 PM - 7:00 PM

9

ז תשרי 7 Tishrei

SHIR HASHIRIM 8:00 PM - 9:00 PM

10

ח תשרי 8 Tishrei

TALMUD CLASS 8:00 PM - 9:00 PM

11

ט תשרי 9 Tishrei

MINCHA SERVICE - 3:00 PM KOL NIDRE - 6:15 PM

ערב יום כפור Eve of Yom Kippur. Light candles at 6:03 p.m. Fast begins at 6:17 p.m. Includes image of candles.

12

י תשרי 10 Tishrei

MORNING SERVICE - 9:00 AM SERMON/YIZKOR - 11:30 AM NEILA SERVICE - 6:00 PM

יום כפור YOM KIPPUR Yizkor. Yom Kippur ends at 7:00 p.m. Includes image of an open book.

13

יא תשרי 11 Tishrei

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

14

יב תשרי 12 Tishrei

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

Columbus Day

15

יג תשרי 13 Tishrei

16

יד תשרי 14 Tishrei Eruv Tavshilin

SUKKOT UNDER THE STARS SHABBAT FAMILY DINNER SERVICES - 6:00 PM DINNER - 7:00 PM

ערב חג הסוכות Eve of Sukkot. Light candles at 5:55 p.m. Includes image of candles.

17

טו תשרי 15 Tishrei



יום א דחג הסוכות First Day of SUKKOT. Light candles after 6:53 p.m. Includes image of candles.

18

טז תשרי 16 Tishrei



יום ב דחג הסוכות Second Day of SUKKOT. Light candles at 5:52 p.m. Includes image of candles.

19

יז תשרי 17 Tishrei

א דחול המועד סוכות 1st Intermediate Day of SUKKOT. Shabbat ends at 6:50 p.m.

20

יח תשרי 18 Tishrei

SIMCHAT BEIT HASHOEVA FOR THE ENTIRE FAMILY FALAFEL IN THE SUKKAH 5:00 PM

ב דחול המועד סוכות 2nd Intermediate Day of SUKKOT

21

יט תשרי 19 Tishrei

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

ג דחול המועד סוכות 3rd Intermediate Day of SUKKOT

22

כ תשרי 20 Tishrei

RECITE THE ENTIRE BOOK OF DEUTERONOMY AND PSALMS 10:00 PM

ד דחול המועד סוכות 4th Intermediate Day of SUKKOT

23

כא תשרי 21 Tishrei Eruv Tavshilin

SPECIAL HAKAFOT IN HONOR OF ISRAEL 6:00 PM

הושענא רבה Hoshana Rabbah. Light candles at 5:45 p.m. Includes image of candles.

24

כב תשרי 22 Tishrei

SPECIAL HAKAFOT FOR THE ENTIRE FAMILY - 6:30 PM

שמיני עצרת SHEMINI ATZERET Yizkor. Light candles after 6:43 p.m. Includes image of candles.

25

כג תשרי 23 Tishrei

CHILDREN CALLED UP TO THE TORAH - 10:30 AM

שמחת תורה SIMCHAT TORAH. Light candles at 5:42 p.m. Includes image of a menorah.

26

כד תשרי 24 Tishrei

RECITE THE BOOK OF PSALMS 7:30 AM

אסרו חג Isru Chag BEREISHEET. Blessing of the new month. Shabbat ends at 6:41 p.m.

27

כה תשרי 25 Tishrei

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

יום הזכרון לחללי מלחמת חרבות ברזל

28

כו תשרי 26 Tishrei

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

29

כז תשרי 27 Tishrei

30

כח תשרי 28 Tishrei

SHIR HASHIRIM 8:00 PM - 9:00 PM

31

כט תשרי 29 Tishrei

TALMUD CLASS 8:00 PM - 9:00 PM

TEEN SUSHI IN THE SUKKAH

WED, OCT. 16TH 6:00 PM



SIMCHAT BEIT HASHOEVA FALAFEL IN THE SUKKAH

SUN, OCT. 20TH 5:00 PM



CHESHVAN 7

At the time of the Holy Temple, the economy of Israel was dependent on rainfall to make the crops grow. Nevertheless, out of their great love for one another, the Jews in Israel waited two full weeks after Sukkot, until Cheshvan 7, before requesting rain, rather than possibly inconvenience even the last few pilgrims on their return trip to the most distant boundary of the Holy Land.

CHESHVAN 11

Rachel, wife of Jacob, mother of Joseph and Benjamin, passed away (1563 BCE). She is buried outside Bethlehem.

CHESHVAN 20

Birthdate of Rabbi Sholom DovBer (1860-1920), known as the Rebbe RaShaB, fifth leader of Chabad-Lubavitch.

PRAYER

Jewish prayer, is G-d's way of saying, "Speak to Me and I will listen." Jews engage in prayer three times a day—morning, afternoon, and evening—to thank, praise, and petition G-d. These prayers can occur in synagogues, homes, airports, or offices, serving as moments for reflection and connection.

Components of Prayer:

Shema: A declaration of faith recited morning and evening.
 Amidah (Silent Prayer): The heart of each service, comprising 19 blessings.
 Torah Reading: Integral during communal prayers.
 Psalms, Blessings, and Other Prayers: Additional elements to enrich the service.

The evolution of prayer:

Initially, prayer was a spontaneous act without fixed texts or times. Each individual expressed their needs and gratitude in their own words. After the First Temple's destruction and the Babylonian exile in 423 BCE, many Jews lost fluency in Hebrew. Ezra the Scribe and the Men of the Great Assembly

addressed this by creating a standard Hebrew prayer text and establishing three daily prayer times.

Structure of Modern Prayer:

By the 2nd century CE, the structure of Jewish prayer, as known today, was formalized. This includes the Amidah, the Shema, and other prayers and blessings. On Shabbat and Jewish holidays, an additional prayer is included after the morning service.

Personal Connection:

Beyond formal services, Jews are encouraged to engage in personal, heartfelt prayers, maintaining a constant, intimate dialogue with G-d. This blend of communal and personal prayer reflects the essence of Jewish worship, described by the sages as the "service of the heart."

Jewish prayer embodies a profound tradition of daily connection with G-d, rooted in history and evolving to meet the spiritual needs of each generation.



Kever Rachel, Oil on Canvas by Yossi Rosenstein

KEVER RACHEL

The tomb of Rachel, wife of Jacob, and mother of Joseph and Benjamin, is located outside Bethlehem. Unlike her sister Leah, who is buried in Hebron alongside Jacob, Rachel was buried on the roadside.

Jacob buried Rachel on the roadside as commanded by G-d. This was to provide comfort to her descendants during their exile after the First Temple's destruction in 423 BCE. As they marched in despair, they would pass her grave, take courage, and cry to her. Rachel would then beseech G-d on their behalf. This is vividly described by the prophet Jeremiah: "A voice is heard on high, wailing,

bitterly crying. Rachel weeps for her children; she refuses to be consoled for they are gone." G-d responds; "Restrain your voice from weeping, hold back your eyes from their tears. For your work has its reward, and your children shall return to their border."

For centuries, Kever Rachel was a deserted roadside grave where her descendants came to pour out their hearts. Rachel remains a continuous source of comfort, praying for her children and eliciting the divine promise of their return to the Promised Land. Today it is a major site of prayer, especially on her *yahrzeit*, the 11th of Cheshvan.

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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TIMES SHOWN ARE FOR BERGEN COUNTY

NOVEMBER 2024

DECEMBER 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

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1 ל תשרי 30 Tishrei ראש חודש חשוון Rosh Chodesh Cheshvan Light candles at 5:33 p.m. New Moon: 4:05 14/11 p.m.

2 א חשוון 1 Cheshvan נח NOACH ראש חודש חשוון Rosh Chodesh Cheshvan Shabbat ends at 6:32 p.m.

3 ב חשוון 2 Cheshvan PARSHA OF THE WEEK 9:30 AM - 10:00 AM Standard Time begins

4 ג חשוון 3 Cheshvan WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

5 ד חשוון 4 Cheshvan

6 ה חשוון 5 Cheshvan SHIR HASHIRIM 8:00 PM - 9:00 PM

7 ו חשוון 6 Cheshvan TALMUD CLASS 8:00 PM - 9:00 PM

8 ז חשוון 7 Cheshvan Veterans Day Light candles at 4:26 p.m.

9 ח חשוון 8 Cheshvan לך לך LECH LECHA Shabbat ends at 5:25 p.m.

10 ט חשוון 9 Cheshvan PARSHA OF THE WEEK 9:30 AM - 10:00 AM

11 י חשוון 10 Cheshvan WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

12 יא חשוון 11 Cheshvan JLI FALL COURSE NURTURING RELATIONSHIPS 8:00 PM - 9:15 PM LESSON #1

13 יב חשוון 12 Cheshvan SHIR HASHIRIM 8:00 PM - 9:00 PM

14 יג חשוון 13 Cheshvan TALMUD CLASS 8:00 PM - 9:00 PM

15 יד חשוון 14 Cheshvan ISRAELI SHABBAT FAMILY DINNER SERVICES - 4:30 PM DINNER - 5:30 PM Light candles at 4:19 p.m.

16 טו חשוון 15 Cheshvan וירא VAYEIRA Shabbat ends at 5:20 p.m.

17 טז חשוון 16 Cheshvan PARSHA OF THE WEEK 9:30 AM - 10:00 AM

18 יז חשוון 17 Cheshvan WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

19 יח חשוון 18 Cheshvan JLI FALL COURSE NURTURING RELATIONSHIPS 8:00 PM - 9:15 PM LESSON #2

20 יט חשוון 19 Cheshvan SHIR HASHIRIM 8:00 PM - 9:00 PM

21 כ חשוון 20 Cheshvan TALMUD CLASS 8:00 PM - 9:00 PM

22 כא חשוון 21 Cheshvan Light candles at 4:14 p.m.

23 כב חשוון 22 Cheshvan חיי שרה CHAYEI SARA Shabbat ends at 5:16 p.m.

24 כג חשוון 23 Cheshvan PARSHA OF THE WEEK 9:30 AM - 10:00 AM

25 כד חשוון 24 Cheshvan WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

26 כה חשוון 25 Cheshvan JLI FALL COURSE NURTURING RELATIONSHIPS 8:00 PM - 9:15 PM LESSON #3

27 כו חשוון 26 Cheshvan SHIR HASHIRIM 8:00 PM - 9:00 PM

28 כז חשוון 27 Cheshvan INT'L SHLUCHIM CONFERENCE Thanksgiving Day

29 כח חשוון 28 Cheshvan INT'L SHLUCHIM CONFERENCE Light candles at 4:11 p.m.

30 כט חשוון 29 Cheshvan RECITE THE BOOK OF PSALMS 7:30 AM INT'L SHLUCHIM CONFERENCE תולדות TOLDOT Blessing of the new month Shabbat ends at 5:14 p.m.

HOW TO CELEBRATE CHANUKAH

Kindle the Chanukah menorah on each of the eight nights of Chanukah. For the dates and times, see the calendar below. For the lights of the menorah, use olive oil or candles large enough to burn until at least half an hour after nightfall. Use a "shamash" (service candle) to kindle the lights, and place it in its special place on the menorah.

Before kindling recite the blessings, and after kindling recite "Haneiros Hallalu." See the calendar below for which blessings to say.

All members of the family should be present at the kindling of the Chanukah lights. Have all young boys kindle their own Chanukah menorahs, and all young girls light their own Shabbat candles. Students and singles who live in a dormitory or in their own apartments should kindle menorahs in their own rooms. Chanukah lights are kindled in the front window or by a doorway.

For the number of lights and the order of kindling, see the calendar below.

1. Buh-rook ah-tuh ah-doh-noi, eh-loh-hay-noo meh-lech huh-oh-luhm, ah-shehr kee-deh-shuh-noo beh-mitz-voh-suhv, veh-tzee-vuh-noo leh-hahd-leek nayr khah-noo-kuh.

Blessed are You, L-rd our G-d, King of the universe, who has sanctified us with His commandments, and commanded us to kindle the Chanukah light.

2. Buh-rook ah-tuh ah-doh-noi, eh-loh-hay-noo meh-lech huh-oh-luhm, sheh-uh-suh nee-sim lah-ah-voh-say-noo, bah-yuh-mim huh-haym biz-mahn hah-zeh.

Blessed are You, L-rd our G-d, King of the universe, who performed miracles for our forefathers in those days, at this time.

The following blessing is said only on the first evening (or the first time one kindles the lights this Chanukah):

3. Buh-rook ah-tuh ah-doh-noi, eh-loh-hay-noo meh-lech huh-oh-luhm, sheh-heh-kheh-yuh-noo, veh-kee-yeh-muh-noo, veh-hee-gee-uh-noo liz-mahn hah-zeh.

Blessed are You, L-rd our G-d, King of the universe, who has granted us life, sustained us, and enabled us to reach this occasion.

KISLEV 14

Wedding anniversary of the Lubavitcher Rebbe and Rebbetzin (1928).

KISLEV 15

Antiochus IV Epiphanes (called Epimanes, "madman," by his subjects) had his soldiers desecrate the Holy Temple in Jerusalem. This sparked the revolt of the Maccabees, led by Matisyahu the Hasmonean and his five sons, which eventually gave us the holiday of Chanukah.

KISLEV 19

Rabbi DovBer of Mezeritch, known as the Maggid of Mezeritch, passed away (1772). He was the chief disciple and successor of the Baal Shem Tov.

Release from czarist imprisonment in Petersburg (1798) of his youngest disciple, Rabbi Shneur Zalman of Liozhna (later of Liadi), known as the Alter Rebbe, founder of Chabad-Lubavitch, author of Tanya, Shulchan Aruch HaRav and other profound works. Celebrated throughout the world as the "New Year of Chassidism."

KISLEV 25-TEVET 2 | CHANUKAH

"What is Chanukah?... When the Greeks entered the Sanctuary (in Jerusalem), they defiled all the oil (used for lighting the seven-branched



Chanukah. Oil on canvas by Michael Muchnik

menorah) there. When the rulers of the Hasmonean family overcame them and triumphed, they searched and found only one flask of oil remaining with the seal of the Kohen Gadol (high priest). It had only enough oil to light for one day. A miracle occurred to it, and they used it to light for eight days. The following year, they (the Sages) established it as a permanent holiday of praise and thanksgiving" (Talmud, Shabbat 21b). This occurred in the year 165 BCE.

Kislev 25 is also the anniversary (1313 BCE) of the completion of the temporary sanctuary (Mishkan) built by the Jewish People in the desert (Exodus 25-27, 30-31, 35-40). But it was not dedicated or erected for another three months. Instead, the day of Kislev 25 waited to become a holiday until the Hasmoneans rededicated the Temple from Greek defilement 1148 years later.

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SUNDAY, DECEMBER 29TH - COMMUNITY CHANUKAH PARTY—4:00 PM

MENORAH LIGHTING CEREMONIES:

WEDNESDAY, DECEMBER 25TH — DEMAREST @ 7:00 PM

THURSDAY, DECEMBER 26TH — ALPINE @ 7:00 PM

SATURDAY EVENING, DECEMBER 28TH — ENGLEWOOD CLIFFS @ 7:30 PM

SUNDAY, DECEMBER 29TH — CRESSKILL @ 7:00 PM

MONDAY, DECEMBER 30TH — TENAFLY @ 7:00 PM

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1 ל חשוון
30 Cheshvan

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

INT'L SHLUCHIM CONFERENCE

ראש חודש כסלו
Rosh Chodesh Kislev
New Moon: 4:49 15/14 a.m.

2 א כסלו
1 Kislev

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

ראש חודש כסלו
Rosh Chodesh Kislev

3 ב כסלו
2 Kislev

JLI FALL COURSE
NURTURING RELATIONSHIPS
8:00 PM - 9:15 PM
LESSON #4

4 ג כסלו
3 Kislev

Start to say Tal Umatar in Maariv

SHIR HASHIRIM
8:00 PM - 9:00 PM

5 ד כסלו
4 Kislev

TALMUD CLASS
8:00 PM - 9:00 PM

6 ה כסלו
5 Kislev

Light candles at 4:10 p.m.

7 ו כסלו
6 Kislev

ויצא
VAYEITZEI
Shabbat ends at 5:13 p.m.

8 ז כסלו
7 Kislev

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

9 ח כסלו
8 Kislev

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

10 ט כסלו
9 Kislev

JLI FALL COURSE
NURTURING RELATIONSHIPS
8:00 PM - 9:15 PM
LESSON #5

11 י כסלו
10 Kislev

4TH ANNUAL FUNDRAISING CAMPAIGN
BEGINS 10:00 AM

SHIR HASHIRIM
8:00 PM - 9:00 PM

12 יא כסלו
11 Kislev

4TH ANNUAL FUNDRAISING CAMPAIGN
CONTINUES

TALMUD CLASS
8:00 PM - 9:00 PM

13 יב כסלו
12 Kislev

4TH ANNUAL FUNDRAISING CAMPAIGN
ENDS 12:00 PM

Light candles at 4:11 p.m.

14 יג כסלו
13 Kislev

וישלח
VAYISHLACH
Shabbat ends at 5:14 p.m.

15 יד כסלו
14 Kislev

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

16 טו כסלו
15 Kislev

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

17 טז כסלו
16 Kislev

JLI FALL COURSE
NURTURING RELATIONSHIPS
8:00 PM - 9:15 PM
LESSON #6 AND GRADUATION

18 יז כסלו
17 Kislev

SHIR HASHIRIM
8:00 PM - 9:00 PM

19 יח כסלו
18 Kislev

TALMUD CLASS
8:00 PM - 9:00 PM

20 יט כסלו
19 Kislev

SHABBAT DINNER
FOR THE COMMUNITY
SERVICES - 4:20 PM
DINNER - 5:30 PM

Light candles at 4:13 p.m.

21 כ כסלו
20 Kislev

וישב
VAYEISHEV
Shabbat ends at 5:17 p.m.

22 כא כסלו
21 Kislev

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

23 כב כסלו
22 Kislev

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

24 כג כסלו
23 Kislev

After nightfall. Blessings 1, 2 & 3

25 כד כסלו
24 Kislev

Nighfall during Chanukah is 5:07 p.m.

DEMAREST MENORAH LIGHTING - 7:00 PM

26 כה כסלו
25 Kislev

ALPINE MENORAH LIGHTING - 7:00 PM

TALMUD CLASS
8:00 PM - 9:00 PM

After nightfall. Blessings 1 & 2

27 כו כסלו
26 Kislev

Before the Shabbat candles.
Blessings 1 & 2

Light candles at 4:17 p.m.

28 כז כסלו
27 Kislev

ENGLEWOOD CLIFFS
MENORAH LIGHTING 7:30 PM

After Shabbat is over and Havdalah is recited. Blessings 1 & 2

MIKEITZ - מִקֵּץ
Blessing of the new month
Shabbat ends at 5:22 p.m.

29 כח כסלו
28 Kislev

FAMILY CHANUKAH EVENT - 4:00 PM

CRESSKILL MENORAH LIGHTING - 7:00PM

After nightfall. Blessings 1 & 2

30 כט כסלו
29 Kislev

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

TENAFLY MENORAH LIGHTING - 7:00 PM

After nightfall. Blessings 1 & 2
New Moon: 5:33 15/14 p.m.

31 ל כסלו
30 Kislev

ראש חודש טבת
Rosh Chodesh Tevet

JANUARY 2025

S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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TIMES SHOWN ARE STANDARD TIME FOR BERGEN COUNTY

DECEMBER 2024

TEVET 9

Passing of Ezra the Scribe (313 BCE). Ezra led the return of the Jewish people to the land of Israel after the Babylonian exile (423-353 BCE). He oversaw the rebuilding of the Second Temple, canonized the 24 books of the Tanach (holy scriptures), and led the Men of the Great Assembly, who instituted many laws and practices, including formalized prayer.

TEVET 10

Anniversary of the start of the siege of Jerusalem by Nebuchadnezzar, king of Babylon (425 BCE), culminating in the destruction of the First Temple. Commemorated since then as a public fast day.

TEVET 20

RaMBaM (Maimonides), Rabbi

Moshe ben Maimon (1135-1204), passed away in Cairo, Egypt, and was buried in Tiberias, Israel. Outstanding codifier, commentator, philosopher, physician to Sultan Saladin, and leader of Egyptian Jewry, his brilliant works are studied to this day. It was said of him: "From Moses to Moses (i.e., the RaMBaM), there was none like Moses!"

The Lubavitcher Rebbe has urged all Jews to study daily his Mishneh Torah (authoritative code of Jewish law), or at least the briefer Sefer HaMitzvos.

TEVET 24

Rabbi Schneur Zalman of Liadi (1745-1812), first leader of Chabad-Lubavitch, author of Tanya and Shulchan Aruch HaRav, passed away.



The Ascent of Elijah, Oil on Canvas by Mira Eisen



MOSHIACH—OUR REDEEMER

"I believe with complete faith in the coming of Moshiach. And though he may tarry, I shall wait, anticipating his arrival each day." (Number 12 of Maimonides' 13 Principles of Faith)

Moshiach will free the Jewish People from all servitude to foreign nations, rebuild the Holy Temple in Jerusalem and gather all the Jews of the entire world to Israel. Peace and prosperity will be universal, and all the nations of the world will serve the one G-d.

Belief in Moshiach is Central to Judaism

The concept of Moshiach is basic to Jewish belief. It is found in the writings of the prophets, which are filled with references to Moshiach. Throughout history our ancestors have prayed for Moshiach's arrival.

Why Do We Need Moshiach?

In the Messianic Era, the Divine plan for the world will be fully realized. There will be universal peace, prosperity, goodness and knowledge of G-d.

How Will Moshiach Affect Our Lives?

The coming of Moshiach will not cause a break with the past and the beginning of something entirely new. On the contrary, it is the culmination and crowning stroke of all our efforts toward a world of peace and consummate holiness.

Moshiach will reveal G-dliness in every facet of the Creation. He will elevate each of us from our respective limitations and open our eyes to the G-dliness that is the inner reality of our life. We will still have our family, friends and possessions. However, they will be more wholesome and

meaningful because we will see their true value—their Divine purpose.

How Do We Prepare for Moshiach?

By doing more mitzvot, learning more Torah and praying for his revelation, we hasten Moshiach's coming and prepare ourselves to greet him.

The Return of Elijah

Before the arrival of Moshiach, Elijah the prophet will appear to herald his arrival: "Behold, I will send the prophet Elijah to you before the coming of the great, awesome day of G-d" (Malachi 3:22).

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May G-d grant you a long life, and may you enjoy many meaningful years in good health and cheerful spirit.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																					
<p>TIMES SHOWN ARE STANDARD TIME FOR BERGEN COUNTY</p> <p>JANUARY 2025</p>	<p>INTERESTED IN SPONSORING A DAY OF LEARNING, SHABBAT KIDDUSH OR BREAKFAST IN HONOR OR IN MEMORY OF A LOVED ONE?</p> <p>CONTACT 201.871.1152</p>	<p>1 א טבת 1 Tevet Legal Holiday</p>  <p>After nightfall. Blessings 1 & 2 ראש חודש טבת Rosh Chodesh Tevet</p>	<p>2 ב טבת 2 Tevet</p> <p>TALMUD CLASS 8:00 PM - 9:00 PM</p> <p>8th Day of Chanukah</p>	<p>3 ג טבת 3 Tevet</p>  <p>Light candles at 4:23 p.m.</p>	<p>4 ד טבת 4 Tevet</p> <p>ויגש VAYIGASH Shabbat ends at 5:27 p.m.</p>	<p>5 ה טבת 5 Tevet</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM</p>	<p>6 ו טבת 6 Tevet</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p>	<p>7 ז טבת 7 Tevet</p>	<p>8 ח טבת 8 Tevet</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>9 ט טבת 9 Tevet</p> <p>TALMUD CLASS 8:00 PM - 9:00 PM</p>	<p>10 י טבת 10 Tevet</p> <p>תענית עשרה בטבת FAST OF 10 TEVET Fast begins at 5:50 a.m. Fast ends at 5:20 p.m. Light candles at 4:30 p.m.</p> 	<p>11 יא טבת 11 Tevet</p> <p>ויחי VAYECHI Shabbat ends at 5:34 p.m.</p>	<p>12 יב טבת 12 Tevet</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM</p>	<p>13 יג טבת 13 Tevet</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p>	<p>14 יד טבת 14 Tevet</p>	<p>15 טו טבת 15 Tevet</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>16 טז טבת 16 Tevet</p> <p>TALMUD CLASS 8:00 PM - 9:00 PM</p>	<p>17 יז טבת 17 Tevet</p>  <p>Light candles at 4:38 p.m.</p>	<p>18 יח טבת 18 Tevet</p> <p>שמות SHEMOT Shabbat ends at 5:41 p.m.</p>	<p>19 יט טבת 19 Tevet 20</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM</p>	<p>20 כ טבת Tevet</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p> <p>Dr. M. L. King Jr. Day</p>	<p>21 כא טבת 21 Tevet</p>	<p>22 כב טבת 22 Tevet</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>23 כג טבת 23 Tevet</p> <p>TALMUD CLASS 8:00 PM - 9:00 PM</p>	<p>24 כד טבת 24 Tevet</p> <p>HEBREW SCHOOL SHABBAT DINNER SERVICES - 4:30 PM DINNER - 6:00 PM</p>  <p>Light candles at 4:46 p.m.</p>	<p>25 כה טבת 25 Tevet</p> <p>RECITE THE BOOK OF PSALMS 7:30 AM</p> <p>וארא VA'EIRA Blessing of the new month Shabbat ends at 5:49 p.m.</p>	<p>26 כו טבת 26 Tevet</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM</p>	<p>27 כז טבת 27 Tevet</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p>	<p>28 כח טבת 28 Tevet</p>	<p>29 כט טבת 29 Tevet</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p> <p>New Moon: 6:17 ¹⁹/₁₈ a.m.</p>	<p>30 א שבט 1 Shevat</p> <p>TALMUD CLASS 8:00 PM - 9:00 PM</p> <p>ראש חודש שבט Rosh Chodesh Shevat</p> 	<p>31 ב שבט 2 Shevat</p> <p>Light candles at 4:54 p.m.</p>	<p>FEBRUARY 2025</p> <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1</td> </tr> <tr> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> </tr> <tr> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> </tr> <tr> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> </tr> <tr> <td>23</td> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td></td> </tr> </tbody> </table>	S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
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SHEVAT 10

Rabbi Shalom Sharabi, brilliant and saintly Yemenite Kabbalist, whose works are much revered, passed away (Jerusalem, 1777).

Rabbi Yosef Yitzchak Schneersohn (1880–1950), sixth leader of the Chabad-Lubavitch movement, passed away. He is renowned for his devoted efforts in strengthening Judaism in the USSR, the USA and many other lands. He brought the Chabad movement to America. A prolific writer, he is said to have written over 100,000 letters in his lifetime!

This day also marks the beginning of the leadership of his successor, the Lubavitcher Rebbe, Rabbi Menachem M. Schneerson.

SHEVAT 15

New Year for trees, when trees begin to bud in Israel. It is customary to eat many fruits,

especially those for which the Land of Israel is praised in Scripture.

The seven species of Israel are wheat, barley, grape (wine), fig, pomegranate, olive (oil), and date (honey). Many people have the custom of eating carob on this day, while others eat jam or preserves from the etrog left over from Sukkot.

SHABBAT SHIRAH

("Sabbath of Song"). So called because the weekly Torah portion contains the song that the Jewish People sang to celebrate their escape from the Egyptian armies who were miraculously drowned in the Red Sea (Exodus 15:1–19).

SHEVAT 22

Yahrtzeit of Rebbetzin Chaya Mushka Schneerson, wife of the Lubavitcher Rebbe, Rabbi Menachem M. Schneerson.



The Song of Miriam, Oil on Canvas by Huvy Elisha



THE SHABBAT

Shabbat (also known as "Shabbos" or the "Sabbath") is the centerpiece of Jewish life, and has been so since the infancy of our nation. According to the Talmud, Shabbat is equal to all the other commandments. Shabbat is so central to Jewish life that the term shomer Shabbat (Shabbat observer) is synonymous with "religious Jew" in common parlance.

Shabbat is a day of rest and celebration

that begins on Friday at sunset and ends on the following evening after nightfall. Let's have a look at the history, importance and observances of this day.

Our sages tell us that the Shabbat is a "queen," whose regal presence graces every Jewish home for the duration of the Shabbat day. For this reason, we wash ourselves, dress in our finest clothes and make sure our homes are in tip-top shape on Friday afternoon. According to the Talmud, we

actually receive a special additional soul every Shabbat.

The prophet Isaiah (58:13–14) foretells great delight that comes as a reward "if you restrain your foot because of the Sabbath, from performing your affairs on My holy day, and you call the Sabbath a delight, the holy of the L-rd honored, and you honor it by not doing your customary ways, by not pursuing your affairs and speaking words. Then, you shall delight with the L-rd, and I will cause

you to ride on the high places of the land, and I will give you to eat the heritage of Jacob your father, for the mouth of the Lord has spoken."

Shabbat is so special that even our choice of words, comportment, and the items that we touch must be consistent with this holy day. This includes the admonition not to handle items known as muktzeh, which have been set aside because they generally have no use within the Shabbat lifestyle.



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AND CELEBRATION
FOR THE ENTIRE FAMILY**

**WEDNESDAY, FEBRUARY 12TH
6:00 PM**



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TIMES SHOWN ARE STANDARD TIME FOR BERGEN COUNTY

FEBRUARY 2025

MARCH 2024

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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1

ג שבט 3 Shevat

בא 80 Shabbat ends at 5:57 p.m.

2

ד שבט 4 Shevat

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

3

ה שבט 5 Shevat

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

4

ו שבט 6 Shevat

JLI WINTER COURSE DECODING THE TALMUD 8:00 PM - 9:15 PM LESSON #1

5

ז שבט 7 Shevat

SHIR HASHIRIM 8:00 PM - 9:00 PM

6

ח שבט 8 Shevat

TALMUD CLASS 8:00 PM - 9:00 PM

7

ט שבט 9 Shevat



Light candles at 5:03 p.m.

8

י שבט 10 Shevat

בש"ח B'SHALACH Shabbat Shirah Shabbat ends at 6:05 p.m.

9

יא שבט 11 Shevat

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

10

יב שבט 12 Shevat

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

11

יג שבט 13 Shevat

JLI WINTER COURSE DECODING THE TALMUD 8:00 PM - 9:15 PM LESSON #2

12

יד שבט 14 Shevat

TU B'SHEVAT SEDER AND CELEBRATION FOR THE FAMILY - 6:00 PM

SHIR HASHIRIM 8:00 PM - 9:00 PM

13

טו שבט 15 Shevat

TALMUD CLASS 8:00 PM - 9:00 PM

ראש השנה לאילנות New Year for Trees

14

טז שבט 16 Shevat

SHABBAT DINNER IHO TU B'SHEVAT SERVICES - 5:20 PM DINNER - 6:30 PM



Light candles at 5:12 p.m.

15

יז שבט 17 Shevat

יתרו YITRO Shabbat ends at 6:13 p.m.

16

יח שבט 18 Shevat

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

17

יט שבט 19 Shevat

Presidents Day

18

כ שבט 20 Shevat

JLI WINTER COURSE DECODING THE TALMUD 8:00 PM - 9:15 PM LESSON #3

19

כא שבט 21 Shevat 22

SHIR HASHIRIM 8:00 PM - 9:00 PM

20

כב שבט Shevat

TALMUD CLASS 8:00 PM - 9:00 PM

INT'L WOMEN'S CONFERENCE

21

כג שבט 23 Shevat



INT'L WOMEN'S CONFERENCE Light candles at 5:20 p.m.

22

כד שבט 24 Shevat

RECITE THE BOOK OF PSALMS 7:30 AM

INT'L WOMEN'S CONFERENCE משפטים MISHPATIM Blessing of the new month Shabbat ends at 6:20 p.m.

23

כה שבט 25 Shevat

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

INT'L WOMEN'S CONFERENCE

24

כו שבט 26 Shevat

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

25

כז שבט 27 Shevat

JLI WINTER COURSE DECODING THE TALMUD 8:00 PM - 9:15 PM LESSON #4

26

כח שבט 28 Shevat

SHIR HASHIRIM 8:00 PM - 9:00 PM

27

כט שבט 29 Shevat

TALMUD CLASS 8:00 PM - 9:00 PM

New Moon: 7:02 p.m.

28

ל שבט 30 Shevat



ראש חודש אדר Rosh Chodesh Adar Light candles at 5:28 p.m.



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SHABBAT PARSHAT ZACHOR

When the Jewish nation left Egypt, no other nation dared to challenge them. Who would confront a people whose God had just devastated the powerful Egypt with ten extraordinary plagues and drowned remaining survivors in the sea? Only Amalek, driven by an irrational and profound hatred, dared to wage battle against them.

To commemorate this, we have a commandment to supplement the Torah reading on the Shabbat before Purim with the portion that begins with "Zachor" (Remember) and which bids us to remember what Amalek did.

ADAR 13 | FAST OF ESTHER

This date was chosen by Haman to annihilate all Jews in all 127 provinces of the Persian Empire, with the permission of King Achashverosh. Queen Esther thwarted his plan and received the king's permission for the Jews to resist. However, they were still in mortal danger, and therefore forbidden by Jewish law to fast (for the purpose of arousing Divine mercy) on that day, so as not to weaken themselves when they might have to fight for their lives. The only member of the Jewish People who was certainly safe was Queen Esther herself. Therefore only she fasted, which is why the fast is called by her name.

ADAR 14 | PURIM

Purim commemorates the day when

Jews throughout the Persian Empire were miraculously saved, and rested from fighting their enemies on the previous day, having totally routed them.

HOW TO CELEBRATE PURIM

Listen to the Megillah

To relive the miraculous events of Purim, we listen to the reading of the Megillah (the Scroll of Esther) on Thursday night, March 13, and again during the daytime of Friday, March 14. When Haman's name is mentioned, we twirl graggers and stamp our feet to "drown out" his evil name. Tell the children that Purim is the only time when it's a mitzvah to make noise!

Send Gifts of Food

On Purim we emphasize the importance of Jewish unity and friendship by sending gifts of food to friends. Send a gift of at least two kinds of ready-to-eat foods (for example, pastry, fruit, beverage) to at least one friend on March 14, during the daytime. It is proper that men send to men, and women to women. Sending these gifts should be done through a third party. Children, in addition to sending their own gifts of food, make enthusiastic messengers.

Give Gifts to the Needy

Concern for the needy is a year-round responsibility for the Jew. On Purim, particularly, it is a special mitzvah to remember the poor. Give charity to at least two—but preferably more—needy

individuals on March 14, during the daytime. The mitzvah is best fulfilled by giving directly to the needy. If, however, you cannot find poor people, place at least several coins into pushkas (charity boxes). Even small children should fulfill this mitzvah.

Eat the Festive Meal

As on all festivals, we celebrate Purim with a special festive meal on March 14, during the daytime, when family and friends gather together to rejoice in the Purim spirit.

Machatzit Hashekel

When the Holy Temple stood in Jerusalem, each Jew contributed a half-shekel annually, thereby having a share in the sacrifices offered on behalf of the entire Jewish People. Today we commemorate this by giving 3 "half" coins (e.g., 3 half-dollars) to charity. This mitzvah should be done on March 13 or 14.

ADAR 15

Shushan Purim commemorates the day when the Jews of Shushan, capital of Persia, rested from fighting their enemies, after the king granted them an extra day to finish off the job. It, instead of the previous day, is observed as Purim in all cities surrounded by a wall since the time of Joshua, such as Jerusalem. Elsewhere it is celebrated as a minor holiday. This year, as it falls out on Shabbat, its observed in Jerusalem over three days.

A JOYOUS PURIM!



Klezmer Joy, Oil on Canvas by Gadi Dadon



THURSDAY EVENING, MARCH 13TH

7:30 PM – MEGILLAH READING & PURIM BASH, TEEN SERVICE

9:00 PM – 2nd MEGILLAH READING

FRIDAY, MARCH 14TH

7:30 AM – MEGILLAH READING

9:00 AM – MEGILLAH READING

5:00 PM – MEGILLAH READING FOLLOWED BY
PURIM MEAL / SHABBAT DINNER

TO DONATE OR SPONSOR A CHILD
FOR JEWISH EDUCATION, PLEASE VISIT

WWW.CHABADLUBAVITCH.ORG/DONATE



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TIMES SHOWN ARE FOR BERGEN COUNTY

MARCH 2025

APRIL 2025

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

LOOKING TO VOLUNTEER YOUR TIME?

CONTACT US 201.871.1152

CHECK YOUR MEZUZOT TODAY!!! CONTACT 201.871.1152



1 א אדר 1 Adar ראש חודש אדר Rosh Chodesh Adar תרומה TERUMAH Shekalim Shabbat ends at 6:28 p.m.

2 ב אדר 2 Adar

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

3 ג אדר 3 Adar

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

4 ד אדר 4 Adar

JLI WINTER COURSE DECODING THE TALMUD 8:00 PM - 9:15 PM LESSON #5

5 ה אדר 5 Adar

SHIR HASHIRIM 8:00 PM - 9:00 PM

6 ו אדר 6 Adar

TALMUD CLASS 8:00 PM - 9:00 PM

7 ז אדר 7 Adar



Light candles at 5:36 p.m.

8 ח אדר 8 Adar

תצוה TETZAVEH Zachor Shabbat ends at 6:36 p.m.

9 ט אדר 9 Adar

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

Daylight Saving Time begins

10 י אדר 10 Adar

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

11 יא אדר 11 Adar

JLI WINTER COURSE DECODING THE TALMUD 8:00 PM - 9:15 PM LESSON #6 AND GRADUATION

12 יב אדר 12 Adar

SHIR HASHIRIM 8:00 PM - 9:00 PM

13 יג אדר 13 Adar

MEGILLAH READING & COMMUNITY PURIM BASH - 7:30 PM 2ND MEGILLAH READING - 9:00 PM

תענית אסתר FAST OF ESTHER Fast begins at 5:46 a.m. Fast ends at 7:30 p.m.

14 יד אדר 14 Adar

MEGILLAH READING - 7:30 AM 2ND MEGILLAH READING - 9:00 AM 3RD MEGILLAH READING - 5:00 PM

PURIM MEAL/SHABBAT DINNER - 5:30 PM פורים PURIM Light candles at 6:44 p.m.

15 טו אדר 15 Adar

כ"ט אדר 15 Adar כי תשא שושן פורים SHUSHAN PURIM KI TISA Shabbat ends at 7:44 p.m.

16 טז אדר 16 Adar

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

17 יז אדר 17 Adar

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

18 יח אדר 18 Adar

SHIR HASHIRIM 8:00 PM - 9:00 PM

19 יט אדר 19 Adar

TALMUD CLASS 8:00 PM - 9:00 PM

20 כ אדר 20 Adar



Light candles at 6:52 p.m.

21 כא אדר 21 Adar

ויקהל VAYAKHEL Parah Shabbat ends at 7:51 p.m.

22 כב אדר 22 Adar

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

23 כג אדר 23 Adar

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

24 כד אדר 24 Adar

25 כה אדר 25 Adar

26 כו אדר 26 Adar

SHIR HASHIRIM 8:00 PM - 9:00 PM

27 כז אדר 27 Adar

TALMUD CLASS 8:00 PM - 9:00 PM

28 כח אדר 28 Adar



Light candles at 6:59 p.m.

29 כט אדר 29 Adar

RECITE THE BOOK OF PSALMS 7:30 AM

פקודי PEKUDEI Hachodesh Blessing of the new month New Moon: 7:46 1/18 a.m. Shabbat ends at 7:59 p.m.

30 א ניסן 1 Nissan

ראש חודש ניסן Rosh Chodesh Nissan PARSHA OF THE WEEK - 9:30 - 10:00 AM

31 ב ניסן 2 Nissan

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

APRIL 2025

ניסן-יאר 5785 • אייר ה'תשפ"ה

HOW TO PREPARE FOR PASSOVER

Note: This year Passover starts on Saturday night. Therefore, to maintain the sanctity of the Shabbat, certain things are done on the Thursday night or Friday before Passover which would usually be done on the eve of Passover.

What is Chometz?

Chometz is any food or drink made from wheat, barley, rye, oats or spelt, or their derivatives, which is forbidden on Passover because it is leavened or fermented. If a food contains any of these ingredients and is not certified as "kosher for Passover," it's considered chometz. If a food contains even a trace of chometz, we don't eat it, we don't sell it, and we make sure not to have any of it in our possession on any of the days of Passover.

Cleaning for Passover

Take all the chometz—both food and utensils used throughout the year (and not koshered for Passover)—and store it all away in closets or rooms that you will lock or tape shut. You'll sell this chometz temporarily to a non-Jew.

Clean your entire house, purging it of all crumbs and small pieces of food. Also check for chometz in your car and office—don't overlook desks and drawers.

How to Prepare the Kitchen

Since the kitchen has been used the whole year long for chometz, it's going to need some work to prepare it for Passover use. Contact us for details.

Shopping for Passover

While shopping for Passover, we must be careful that the foods we buy are not only kosher but are also kosher-for-Passover—that is, completely chometz-free.

In addition to raw ingredients, there are many kosher-for-Passover packaged foods available. However, be careful to purchase only those packaged foods that display the insignia of a reliable supervising agency, together with "P" or "kosher for Passover."

Obviously, all leavened foods such as bread and cake made from wheat, barley, rye, oats or spelt are actual chometz and are prohibited on Passover. Examples are breakfast cereals, licorice, most candy bars, pasta, vinegar, beer and whiskey.

How to Sell the Chometz

Since we can't own chometz on Passover, we need to sell to a non-Jew, before the time indicated on the calendar, all chometz that we will not consume or destroy before Passover. This is not a simple transaction. That is why we empower a competent Rabbi to do it for us.

Search for Chometz

On the evening of April 10 we search our homes for chometz.

Burning the Chometz

On the morning of April 11, we burn the chometz that was found during the search and all other chometz that is not stored away to either be sold to the non-Jew or eaten on Shabbat morning.



The Splitting of the Sea, Oil on Canvas by Yossi Bitton



NISSAN 15-16 | THE SEDER NIGHTS

The first two nights of Passover we conduct a Seder—a festive yet solemn event. At a table royally set with our best crystal and silver and the finest of kosher wines, we re-enact the Exodus from Egypt in ancient times. We also pray for the forthcoming redemption speedily in our days.

At the Seder, each person considers himself as if he was going out of Egypt. We are with our people as they descend into exile and suffer cruel oppression. We are with them when G-d sends the Ten Plagues to punish Pharaoh and his nation, with them as they leave Egypt, and with them at the crossing of the Red Sea.

Second Night of Pesach

On the second night of Pesach (April 13) we begin Sefirat

Ha'omer, the counting of the 49 days between Pesach and Shavuot.

NISSAN 22: LAST DAY OF PASSOVER

The eighth day of Passover is traditionally associated with our fervent hope for the coming of Moshiach.

The Baal Shem Tov, founder of Chassidus, instituted the custom of eating a special third meal on the last day of Passover, complete with matzah and wine, called the "Meal of Moshiach." On that day, he said, one can feel the approach of Moshiach.

Passover does not end until the night of April 20, at the time indicated on the calendar. Until approximately an hour after that time, no chometz should be bought or eaten.



PESACH COMMUNITY SEDERS @ LOTP
SATURDAY, APRIL 12TH – 8:30 PM, SUNDAY, APRIL 13TH – 8:30 PM




All meals will be held at
Lubavitch on the Palisades
11 Harold Street, NJ 07670
For more information call
201-871-1152 Ext. 545
Reserve online at
www.ChabadLubavitch.org/Seder





**JOIN US FOR THE
MOSHIACH MEAL
ON THE FINAL DAY OF PASSOVER**

SUNDAY, APRIL 20TH – 6:30 PM

RSVP@
WWW.CHABADLUBAVITCH.ORG/MOSHIACHMEAL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																										
<p>TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR BERGEN COUNTY</p> <p>APRIL 2025</p>	<p>MAY 2025</p> <table border="1"> <tr> <td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td> </tr> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> </tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> </tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> </tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> </tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td> </tr> </table>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	<p>1 ג ניסן 3 Nissan</p>	<p>2 ד ניסן 4 Nissan</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>3 ה ניסן 5 Nissan</p> <p>TALMUD CLASS 8:00 PM - 9:00 PM</p>	<p>4 ו ניסן 6 Nissan</p> <p> Light candles at 7:06 p.m.</p>	<p>5 ז ניסן 7 Nissan</p> <p>ויקרא VAYIKRA Shabbat ends at 8:07 p.m.</p>
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<p>6 ח ניסן 8 Nissan</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM</p>	<p>7 ט ניסן 9 Nissan</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p>	<p>8 י ניסן 10 Nissan</p>	<p>9 יא ניסן 11 Nissan</p> <p>SPECIAL FARBRENGEN IN HONOR OF THE REBBE'S 123RD BIRTHDAY - 8:00 PM</p>	<p>10 יב ניסן 12 Nissan</p> <p>SELL YOUR CHOMETZ DEADLINE</p> <p>בדיקת חמץ Search for chometz after 8:01 p.m.</p>	<p>11 יג ניסן 13 Nissan</p> <p> Burn chometz by 11:42 a.m. Light candles at 7:14 p.m.</p>	<p>12 יד ניסן 14 Nissan First Seder</p> <p>COMMUNITY FIRST SEDER ערב פסח 8:30 PM Eve of Passover צו TZAV Shabbat Hagadol Eat chometz until 10:41 a.m. Flush chometz by 11:41 a.m.  Light candles after 8:15 p.m.</p>
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<p>13 טו ניסן 15 Nissan Second Seder</p> <p>COMMUNITY SECOND SEDER 8:30 PM</p> <p>יום א דחג הפסח 1st day of PASSOVER  Light candles after 8:16 p.m. In evening count Omer 1</p>	<p>14 טז ניסן 16 Nissan Sefirah 1</p> <p>יום ב דחג הפסח 2nd day of PASSOVER Yom Tov ends at 8:17 p.m. In evening count Omer 2</p>	<p>15 יז ניסן 17 Nissan Sefirah 2</p> <p>יום ג דחול המועד פסח 1st Intermediate Day of PASSOVER In evening count Omer 3</p>	<p>16 יח ניסן 18 Nissan Sefirah 3</p> <p>יום ד דחול המועד פסח 2nd Intermediate Day of PASSOVER In evening count Omer 4</p>	<p>17 יט ניסן 19 Nissan Sefirah 4</p> <p>יום ה דחול המועד פסח 3rd Intermediate Day of PASSOVER In evening count Omer 5</p>	<p>18 כ ניסן 20 Nissan Sefirah 5</p> <p>NIGHT OF LEARNING 10:30 PM - 12:00 AM</p> <p>יום ד דחול המועד פסח 4th Intermediate Day of PASSOVER Light candles at 7:21 p.m. In evening count Omer 6</p> <p></p>	<p>19 כא ניסן 21 Nissan Sefirah 6</p> <p>שביעי של פסח 7th day of PASSOVER Light candles after 8:23 p.m. In evening count Omer 7</p> <p></p>
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<p>20 כב ניסן 22 Nissan Sefirah 7</p> <p>MOSHIACH MEAL 6:30 PM</p> <p>אחרון של פסח 8th day of PASSOVER Yizkor Yom Tov ends at 8:25 p.m. In evening count Omer 8</p>	<p>21 כג ניסן 23 Nissan Sefirah 8</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p> <p>אסרו חג Isru Chag In evening count Omer 9</p>	<p>22 כד ניסן 24 Nissan Sefirah 9</p> <p>In evening count Omer 10</p>	<p>23 כה ניסן 25 Nissan Sefirah 10</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM In evening count Omer 11</p>	<p>24 כו ניסן 26 Nissan Sefirah 11</p> <p>TALMUD CLASS 8:00 PM - 9:00 PM In evening count Omer 12</p>	<p>25 כז ניסן 27 Nissan Sefirah 12</p> <p> Light candles at 7:29 p.m. In evening count Omer 13</p>	<p>26 כח ניסן 28 Nissan Sefirah 13</p> <p>RECITE THE BOOK OF PSALMS 7:30 AM</p> <p>שמיני SHEMINI Avot: chapter 1 Blessing of the new month Shabbat ends at 8:32 p.m. In evening count Omer 14</p> <p></p>
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<p>27 כט ניסן 29 Nissan Sefirah 14</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM</p> <p>New Moon: 8:30 2/18 p.m. In evening count Omer 15</p>	<p>28 ל ניסן 30 Nissan Sefirah 15</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p> <p>ראש חדש אייר Rosh Chodesh Iyar In evening count Omer 16</p>	<p>29 א אייר 1 Iyar Sefirah 16</p> <p>ראש חדש אייר Rosh Chodesh Iyar In evening count Omer 17</p>	<p>30 ב אייר 2 Iyar Sefirah 17</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM In evening count Omer 18</p>	<p>INTERESTED IN ONE-ON-ONE LEARNING?</p> <p>CONTACT 201.871.1152</p>	<p>FRIENDLY REMINDER</p> <p>DON'T FORGET TO SELL YOUR CHOMETZ BY APRIL 10TH</p>	<p>JOIN US FOR THE MOSHIACH MEAL</p> <p>SUNDAY, APRIL 20TH 6:30 PM</p>
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THE MEZUZAH

Inside that small case nailed or glued at the entrance of a Jewish home is a miniature scroll, written with exquisite care by an expert scribe, containing the Shema Yisrael—the proclamation of a Jew's faith.

The mezuzah is a covenant we have made with the Master of the Universe: We will inscribe His unity upon the doorposts of our homes, and He will protect us wherever we may be found.

It is a symbol for all that a Jew is meant to accomplish in this world—for this entire cosmos is truly His home, lacking but the signature of the Artist at the entrance to each thing.

A mezuzah should be affixed to the doorpost of every room in the home and place of business, including the basement, attic and garage. We do not place one at the entrance to a bathroom. Each mezuzah should be examined by a reliable scribe at least twice every seven years.

Before affixing a mezuzah to a doorpost, recite the following blessing:

Buh-rookh ah-tuh ah-doh-noi, eh-loh-hay-noo meh-lech huh-oh-luhm, ah-shehr kee-deh-shuh-noo beh-mitz-voh-suhv, veh-tzee-vuh-noo lik-boh-ah meh-zoo-zuh.

Blessed are You, L-rd our G-d, King of the universe, Who has sanctified us with His commandments, and has commanded us to affix a mezuzah.

If more than one mezuzah is being affixed at one time, only one blessing is recited. When affixing a mezuzah to an entrance without a door, no blessing is recited.

The mezuzah is affixed:

- A. On the right doorpost as one enters.
- B. In a slanted position, with the top pointed to the inside of the room.
- C. In the upper third of the doorpost height. (If the doorway is very tall, place it at shoulder height.)
- D. On the outer 3.2 inches of the width of the doorpost.

For more information, or for help in obtaining or checking a mezuzah, please contact us.



Meiron, Lag B'omer, Oil on Canvas by Mira Eisen



SEFIRAT HA'OMER | COUNTING OF THE OMER

The festivals of Pesach and Shavuot are linked: Pesach marks our physical liberation (the Exodus from Egypt and the birth of the Jewish nation), and on Shavuot we received the Torah—the spiritual essence and liberation of the Jewish people. To note this link, we count every one of the forty-nine days between these two festivals. This counting, called Sefirat Ha'omer, expresses our eager anticipation of receiving the Torah.

The counting begins on the second night of Pesach, immediately after nightfall, and is continued every subsequent evening (after nightfall).

IYAR 2

Birthday of Rabbi Shmuel (1834-1882), known as the Rebbe MaHaRaSH, fourth leader of Chabad-Lubavitch.

IYAR 14 | PESACH SHENI

The Second Passover. The year after the Exodus, G-d commanded the Jewish People to celebrate Passover in the desert. However, some complained that they had become ritually impure and would not be able to purify themselves in time to offer their Passover sacrifice. G-d told Moses they would get a second chance to offer their sacrifice on Iyar 14 (a month after Nissan 14,

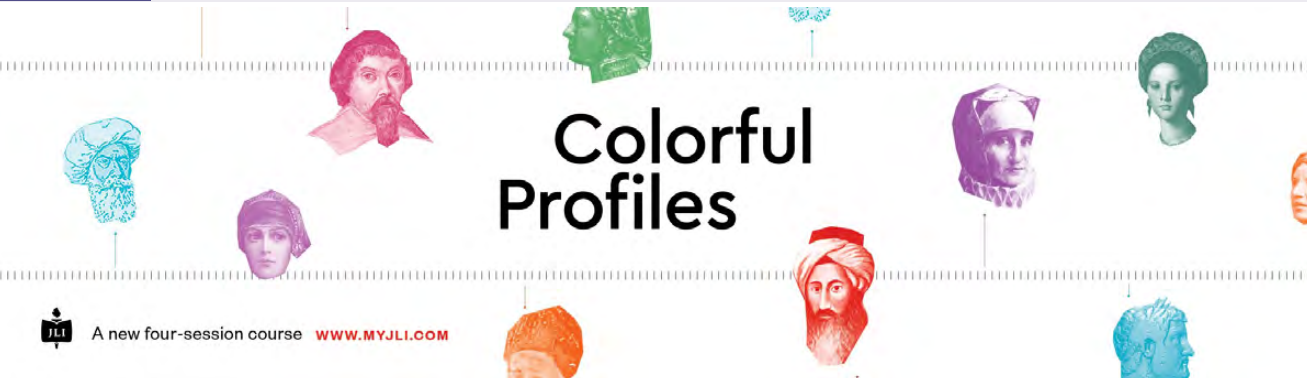
when the Passover sacrifice is normally brought). This applied until the cessation of sacrifices with the destruction of the Second Temple in 70 CE. Many still have a custom of celebrating the day by eating matzah.

IYAR 18 | LAG B'OMER

The 33rd day of the Omer counting is celebrated as a holiday. Two reasons: 1) Between Passover and Shavuot, one year in the early 2nd century, 24,000 disciples of Rabbi Akiva (greatest Sage of Israel in the Mishnaic period) passed away because they were not respectful enough to each other. Therefore, this period is a time of

semi-mourning (no weddings, etc.). On the 33rd (LaG = 33) day of the Omer, they stopped dying. 2) An outstanding later disciple of Rabbi Akiva, Rabbi Shimon bar Yochai, Mishnaic Sage and author of the Zohar, principal work of Jewish mysticism (Kabbalah), passed away. Having fulfilled his mission in this world, he asked that the anniversary be celebrated as a happy day.

Children have a custom to play with bows and arrows, and are taken on trips to parks or the countryside. There is a widespread custom to light bonfires the previous night.



Colorful Profiles



IN CELEBRATION OF **LAG B'OMER**
GRAND UNITY FAMILY BBQ AND BONFIRE
AT THE ALPINE SCOUT CAMP

THURSDAY, MAY 15TH - 5:30 PM—7:30 PM

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR BERGEN COUNTY

MAY 2025

JUNE 2025

Calendar grid for June 2025 with days of the week (S-M-T-W-T-F-S) and dates (1-28).

IN NEED OF BAR/BAT MITZVAH LESSONS FOR YOUR CHILD?

CONTACT 201.871.1152

JOIN OUR WOMEN'S KABBALAH CLASSES VIA ZOOM LED BY RABBI SHAIN

MONDAYS 10:00 AM-10:30 AM

1

ג אייר 3 Iyar Sefirah 18

TALMUD CLASS 8:30 PM - 9:15 PM

In evening count Omer 19

2

ד אייר 4 Iyar Sefirah 19

Light candles at 7:36 p.m. In evening count Omer 20

3

ה אייר 5 Iyar Sefirah 20

תזריע-מצורע TAZRIA-METZORA Avot: chapter 2 Shabbat ends at 8:40 p.m. In evening count Omer 21

4

ו אייר 6 Iyar Sefirah 21

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

In evening count Omer 22

5

ז אייר 7 Iyar Sefirah 22

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

In evening count Omer 23

6

ח אייר 8 Iyar Sefirah 23

JLI SPRING COURSE COLORFUL PROFILES 8:30 PM - 9:30 PM LESSON #1

In evening count Omer 24

7

ט אייר 9 Iyar Sefirah 24

SHIR HASHIRIM 8:00 PM - 9:00 PM

In evening count Omer 25

8

י אייר 10 Iyar Sefirah 25

TALMUD CLASS 8:30 PM - 9:15 PM

In evening count Omer 26

9

יא אייר 11 Iyar Sefirah 26

Light candles at 7:43 p.m. In evening count Omer 27

10

יב אייר 12 Iyar Sefirah 27

אחרי-קדושים ACHAREI-KEDOSHIM Avot: chapter 3 Shabbat ends at 8:49 p.m. In evening count Omer 28

11

יג אייר 13 Iyar Sefirah 28

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

Mother's Day In evening count Omer 29

12

יד אייר 14 Iyar Sefirah 29

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

פסח שני PESACH SHENI In evening count Omer 30

13

טו אייר 15 Iyar Sefirah 30

JLI SPRING COURSE COLORFUL PROFILES 8:30 PM - 9:30 PM LESSON #2

In evening count Omer 31

14

טז אייר 16 Iyar Sefirah 31

SHIR HASHIRIM 8:00 PM - 9:00 PM

In evening count Omer 32

15

יז אייר 17 Iyar Sefirah 32

LAG BA'OMER BBQ AND BONFIRE IN ALPINE - 5:30 PM - 7:30 PM

TALMUD CLASS 8:30 PM - 9:15 PM

In evening count Omer 33

16

יח אייר 18 Iyar Sefirah 33

SHABBAT DINNER IHO LAG BA'OMER SERVICES - 6:45 PM DINNER - 7:30 PM Light candles at 7:50 p.m. In evening count Omer 34

17

יט אייר 19 Iyar Sefirah 34

אמור EMOR Avot: chapter 4 Shabbat ends at 8:57 p.m. In evening count Omer 35

18

כ אייר 20 Iyar Sefirah 35

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

In evening count Omer 36

19

כא אייר 21 Iyar Sefirah 36

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

In evening count Omer 37

20

כב אייר 22 Iyar Sefirah 37

JLI SPRING COURSE COLORFUL PROFILES 8:30 PM - 9:30 PM LESSON #3

In evening count Omer 38

21

כג אייר 23 Iyar Sefirah 38

SHIR HASHIRIM 8:00 PM - 9:00 PM

In evening count Omer 39

22

כד אייר 24 Iyar Sefirah 39

TALMUD CLASS 8:30 PM - 9:15 PM

In evening count Omer 40

23

כה אייר 25 Iyar Sefirah 40

Light candles at 7:57 p.m. In evening count Omer 41

24

כו אייר 26 Iyar Sefirah 41

RECITE THE BOOK OF PSALMS 7:30 AM בהר-בחוקותי BEHAR-BECHUKOTAI Avot: chapter 5 Blessing of the new month Shabbat ends at 9:04 p.m. In evening count Omer 42

25

כז אייר 27 Iyar Sefirah 42

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

In evening count Omer 43

26

כח אייר 28 Iyar Sefirah 43

Memorial Day In evening count Omer 44

27

כט אייר 29 Iyar Sefirah 44

JLI SPRING COURSE COLORFUL PROFILES 8:30 PM - 9:30 PM LESSON #4 AND GRADUATION

New Moon: 9:14 1/2 a.m. In evening count Omer 45

28

א סיון 1 Sivan Sefirah 45

LAST DAY OF TEEN770

SHIR HASHIRIM 8:00 PM - 9:00 PM

ראש חודש סיון Rosh Chodesh Sivan In evening count Omer 46

29

ב סיון 2 Sivan Sefirah 46

TALMUD CLASS 8:30 PM - 9:15 PM

In evening count Omer 47

30

ג סיון 3 Sivan Sefirah 47

Light candles at 8:02 p.m. In evening count Omer 48

31

ד סיון 4 Sivan Sefirah 48

במדבר BAMIDBAR Avot: chapter 6 Shabbat ends at 9:11 p.m. In evening count Omer 49



Bringing Bikkurim, Oil on Canvas by Huvy Elisha



THE THREE FESTIVALS AND BIKKURIM

“Three times a year, all your males shall appear”—Deuteronomy 16:16.

Three times annually, during the festivals of Passover, Shavuot, and Sukkot, Jews were commanded to go to the Holy Temple to be “seen” by G-d. Children capable of making the journey were also brought along. One key mitzvah associated with Shavuot is bringing the Bikkurim, or first fruits.

FOOD FOR THE SOUL

Just as there are foods that are good for the body and foods that are harmful, so there are foods that nourish the inner person—the soul—and foods that harm it.

The kosher laws are the Torah’s guide to those foods that affect the Jewish soul adversely. Any meat or fowl that is eaten must be slaughtered in a prescribed, Halachic fashion. Meat and milk

must never mix. Scavengers, predatory beasts and birds, shellfish and certain other animals are forbidden. Any processed foods must be produced under strict Rabbinical supervision.

Eating Is Sacred

Another reason for the kosher guidelines is that kosher foods are those that a Jewish soul is able to elevate. Non-kosher foods are those that will only drag the soul down.

SIVAN 6-7: SHAVUOT

Shavuot is a major festival, celebrating an event so important that the world would be an entirely different place without it. 3,337 years ago on this day, the entire Jewish nation stood at the foot of Mount Sinai, and the transmission of Torah from heaven to earth began.

The literal meaning of the word Torah is “instructions.” The same Manufacturer who produced the world provides instructions on what to do with it. Every story of the Torah is a lesson in life with a myriad of applications. Nothing it contains is irrelevant or anachronistic, because the Torah is eternal wisdom, beyond space and time. In fact, our Sages say, Torah is the blueprint by which the world was designed.

Shavuot Observances

On the first night of Shavuot many communities host an all-night learnathon. The next morning, June 2, every man, woman and child attends services to hear the Ten Commandments read from a Torah scroll. It is especially important for children to be there, since they served as our guarantors the first time the Torah was given. Before the main meat meal on the first day of Shavuot, the tradition is to

eat a festive dairy meal (not hard cheese). Cheesecake is a big hit.

Some have the custom on Shavuot to decorate their synagogues and homes with flowers, fruits and greens.

King David passed away on Shavuot. So did the father of the Chassidic movement, Rabbi Yisrael Baal Shem Tov.

Happy Shavuot!

TAMMUZ 3

Passing of the Lubavitcher Rebbe, Rabbi Menachem Mendel Schneerson, in 1994. The Rebbe emphasized many times after the passing of his father-in-law, in 1950, that the anniversary of the passing of a righteous Jewish leader is an auspicious time for us to rededicate ourselves to the realization of his most cherished goals.

The Rebbe’s leadership continues to inspire us. He has taught us that with every good deed we do, we bring the world one step closer to perfection. Indeed, every kind word we speak, and even our positive thoughts, have a potent beneficial effect. By remembering the Rebbe’s vision and by connecting to his purpose, we can hasten the unfolding of the final Redemption and a better life for all humankind.



GIMMEL TAMMUZ

**SPECIAL SHABBAT DINNER
IN HONOR OF
THE REBBE’S 31ST YARZEIT**

**FRIDAY, JUNE 27TH
SERVICES – 6:45 PM • DINNER - 7:30**



**TRIP TO THE OHEL COMMEMORATING
THE 31ST YARZEIT OF THE REBBE**

**TUESDAY, JUNE 24TH — 7:30 PM
WWW.CHABADLUBAVITCH.ORG/OHELTRIP**

**TO DONATE OR SPONSOR A CHILD
FOR JEWISH EDUCATION, PLEASE VISIT**

WWW.CHABADLUBAVITCH.ORG/DONATE



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 ה סיון
5 Sivan
Sefirah 49

NIGHT OF LEARNING
10:30 PM - 12:00 AM
12:00 AM - 1:00 AM
613 MITZVOT 1:00 AM - 4:00 AM

ערב שבועות
Eve of Shavuot
Light candles at 8:04 p.m.



2 ו סיון
6 Sivan

HEAR THE TEN COMMANDMENTS
10:30 AM OR 6:00 PM

שבועות
SHAVUOT
Light candles after 9:12 p.m.




3 ז סיון
7 Sivan

YIZKOR - 11:00 AM
MINCHA SERVICE - 7:50 PM

שבועות
SHAVUOT
Yizkor
Yom Tov ends at 9:13 p.m.

4 ח סיון
8 Sivan

SHIR HASHIRIM
8:00 PM - 9:00 PM

אסרו חג
Isru Chag

5 ט סיון
9 Sivan

TALMUD CLASS
8:30 PM - 9:15 PM

6 י סיון
10 Sivan

Light candles at 8:07 p.m.



7 יא סיון
11 Sivan

נשא
NASSO
Avot: chapter 1
Shabbat ends at 9:16 p.m.

8 יב סיון
12 Sivan

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

LAST DAY OF HEBREW SCHOOL

9 יג סיון
13 Sivan

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

10 יד סיון
14 Sivan

11 טו סיון
15 Sivan

SHIR HASHIRIM
8:00 PM - 9:00 PM

12 טז סיון
16 Sivan

8TH GRADE GRADUATION - 6:00 PM

TALMUD CLASS
8:30 PM - 9:15 PM

13 יז סיון
17 Sivan

LAST DAY OF THE SPRINGBOARD SCHOOL

Light candles at 8:11 p.m.



14 יח סיון
18 Sivan

בהעלותך
BEHAALOTCHA
Avot: chapter 2
Shabbat ends at 9:20 p.m.

15 יט סיון
19 Sivan

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

Father's Day

16 כ סיון
20 Sivan

LAST DAY OF LPS PRESCHOOL
AND TENAFLY CHABAD ACADEMY

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

17 כא סיון
21 Sivan

18 כב סיון
22 Sivan

SHIR HASHIRIM
8:00 PM - 9:00 PM

19 כג סיון
23 Sivan

TALMUD CLASS
8:30 PM - 9:15 PM

20 כד סיון
24 Sivan

Light candles at 8:13 p.m.



21 כה סיון
25 Sivan

RECITE THE BOOK OF PSALMS 7:30 AM

שלה
SHELACH
Avot: chapter 3
Blessing of the new month
Shabbat ends at 9:22 p.m.

22 כו סיון
26 Sivan

CAMP GAN ISRAEL (CGI) ORIENTATION

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

CGI WEEK 1

23 כז סיון
27 Sivan

FIRST DAY OF CAMP GAN ISRAEL

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

24 כח סיון
28 Sivan

SHUL TRIP TO THE OHEL
IN HONOR OF THE 31ST YARZEIT OF
THE REBBE - 7:30 PM

25 כט סיון
29 Sivan

SHIR HASHIRIM
8:00 PM - 9:00 PM

New Moon: 9:58 4/18 p.m.

26 ל סיון
30 Sivan

TALMUD CLASS
8:30 PM - 9:15 PM

ראש חודש תמוז
Rosh Chodesh Tammuz

27 א תמוז
1 Tammuz

SHABBAT DINNER IHO GIMMEL TAMMUZ
31ST YARZEIT OF THE REBBE
SERVICES - 6:45 PM
DINNER - 7:30 PM

ראש חודש תמוז
Rosh Chodesh Tammuz
Light candles at 8:14 p.m.



28 ב תמוז
2 Tammuz

קרח
KORACH
Avot: chapter 4
Shabbat ends at 9:22 p.m.

29 ג תמוז
3 Tammuz

PARSHA OF THE WEEK
9:30 AM - 10:00 AM

31ST YARZEIT OF THE REBBE

CGI WEEK 2

30 ד תמוז
4 Tammuz

WOMEN'S KABBALAH CLASS VIA ZOOM
10:00 AM - 10:30 AM

JULY 2025

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ENJOY A SPECTACULAR KIDDUSH EVERY SHABBAT

TO SPONSOR A KIDDUSH, CONTACT US AT
201.871.1152




TIMES SHOWN ARE
DAYLIGHT SAVING TIME
FOR
BERGEN COUNTY

**JUNE
2025**

TAMMUZ 12-13

Birthday of Rabbi Yosef Yitzchak Schneersohn (1880-1950), sixth leader of Chabad-Lubavitch.

Release of Rabbi Yosef Yitzchak Schneersohn from Bolshevik imprisonment in Leningrad in 1927. His imprisonment followed his implacable struggle to preserve Jewish religious life throughout the Soviet Union. Aided by his faithful followers, he established a vast underground network of Torah schools, and of financial aid for construction and upkeep of mikvaos (ritual pools for marital purity), for Shabbat observers and for the purchase of religious objects. Although the initial sentence was death, international pressure brought commutation to 10 years' hard labor in the Arctic, and then to three years' exile in the Urals. After a few days in exile, he was released on Tammuz 12-13 and, soon after, forced to leave Russia. His release was considered, under the circumstances, miraculous.

TEFILLIN

"You shall bind them as a sign upon your hand, and they shall be for a reminder between your eyes"—Deuteronomy 6:8.

You have a brain. It is in one world. Your heart is in another. And your hands often end up involved in something completely foreign to both of them. Three diverse machines.

So you put on tefillin. First thing in the day, you connect your head, your heart and your hand with these leather straps—all to work as one, with one intent: a dedicated service of the Almighty. And then, when you go out to meet the world, all your actions

TAMMUZ 17

Moses descended from Mt. Sinai, after G-d had taught him the entire Torah for 40 days. In his hands he carried the two stone tablets engraved with the Ten Commandments. But when he saw the Jewish People worshipping the Golden Calf, he smashed the tablets down in disgust.

In later generations, King Menashe set up an idol in the Temple; Apostomos (a Greek general?) burnt a Torah scroll; the daily sacrifices had to stop; and the Romans breached Jerusalem's wall (70 CE).

This day is observed as one of the six public fast days. It begins the "Three Weeks," a period of national mourning for the destruction of the two Temples, during which we celebrate no weddings and schedule no festivities.

find harmony in a single coordinated purpose.

Tefillin are a pair of black leather boxes containing Hebrew parchment scrolls. A set includes two tefillin—one for the head and one for the arm. Each consists of three main components: the scrolls, the box and the strap. The scrolls are inserted into boxes made of leather that have been painted black.

One box is strapped on your head, and the other onto your arm next to your heart. It's done once a day—preferably during the morning prayers. If that is not practical, say at least the passage called the Shema. It's done by Jewish males, age 13 and up, every day except Shabbat and major Jewish holidays.



Chuppah, Oil on Canvas by Huvy Elisha

THE CHUPPAH

A traditional Jewish wedding is rich with biblical, historical, and mystical significance. Threads carried from one generation to the next, forming a chain of Jewish continuity which goes back more than 3,800 years, symbolizing the union between G-d and the Jewish people. The wedding day is likened to a personal Yom Kippur, emphasizing its spiritual importance.

The ceremony takes place under a chuppah, a decorated canopy open on all sides, symbolizing the couple's commitment to establish a home which will always be open to guests, as was the tent of Abraham and Sarah.

Traditionally, it is held outdoors under the sky, recalling G-d's promise to Abraham of countless descendants. The chuppah signifies a household dedicated to spiritual and heavenly ideals, with the Divine Presence and the spirits of deceased ancestors gracing the event.

At the conclusion of the ceremony, the groom breaks a glass beneath his foot. This act serves as a poignant reminder of the destruction of the Holy Temple in Jerusalem, ensuring that even in moments of greatest joy, the couple remembers the enduring sorrow of their people. This tradition underscores the balance between joy and remembrance in Jewish life, infusing the celebration with a deeper spiritual awareness.



Celebrate your
Simcha here at
Chabad

Special attention given to
every detail!

To book your affair, please
contact Angela Kerr at
201.871.1152 x 545

FAST OF 17 TAMMUZ

THIS DAY IS OBSERVED AS ONE OF THE
SIX PUBLIC FAST DAYS. IT BEGINS THE
THREE WEEKS.

SUNDAY, JULY 13TH

FAST BEGINS—3:48 AM
FAST ENDS—9:02 PM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																	
<p>TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR BERGEN COUNTY</p> <p>JULY 2025</p>	<p>AUGUST 2025</p> <table border="1"> <tr> <td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td> </tr> <tr> <td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td> </tr> <tr> <td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td> </tr> <tr> <td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> <tr> <td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td> </tr> <tr> <td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td> </tr> <tr> <td>31</td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>	S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							<p>1 ה תמוז 5 Tammuz</p>	<p>2 ו תמוז 6 Tammuz</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>3 ז תמוז 7 Tammuz</p> <p>TALMUD CLASS 8:30 PM - 9:15 PM</p>	<p>4 ח תמוז 8 Tammuz Independence Day</p> <p> Light candles at 8:13 p.m.</p>	<p>5 ט תמוז 9 Tammuz</p> <p>חַקַּת CHUKAT Avot: chapter 5 Shabbat ends at 9:21 p.m.</p>
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31																																																							
<p>6 י תמוז 10 Tammuz</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM CGI WEEK 3</p>	<p>7 יא תמוז 11 Tammuz</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p>	<p>8 יב תמוז 12 Tammuz</p>	<p>9 יג תמוז 13 Tammuz</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>10 יד תמוז 14 Tammuz</p> <p>TALMUD CLASS 8:30 PM - 9:15 PM</p>	<p>11 טו תמוז 15 Tammuz</p> <p> Light candles at 8:10 p.m.</p>	<p>12 טז תמוז 16 Tammuz</p> <p>בְּלָק BALAK Avot: chapter 6 Shabbat ends at 9:17 p.m.</p>																																																	
<p>13 יז תמוז 17 Tammuz</p> <p>CGI WEEK 4</p> <p>תענית יד תמוז FAST OF 17 TAMMUZ Fast begins at 3:48 a.m. Fast ends at 9:02 p.m.</p>	<p>14 יח תמוז 18 Tammuz</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p>	<p>15 יט תמוז 19 Tammuz</p>	<p>16 כ תמוז 20 Tammuz</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>17 כא תמוז 21 Tammuz</p> <p>TALMUD CLASS 8:30 PM - 9:15 PM</p>	<p>18 כב תמוז 22 Tammuz</p> <p> Light candles at 8:06 p.m.</p>	<p>19 כג תמוז 23 Tammuz</p> <p>RECITE THE BOOK OF PSALMS 7:30 AM</p> <p>פִּינְחָס PINCHAS Avot: chapter 1 Blessing of the new month Shabbat ends at 9:12 p.m.</p>																																																	
<p>20 כד תמוז 24 Tammuz</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM CGI WEEK 5</p>	<p>21 כה תמוז 25 Tammuz</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p>	<p>22 כו תמוז 26 Tammuz</p>	<p>23 כז תמוז 27 Tammuz</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>24 כח תמוז 28 Tammuz</p> <p>TALMUD CLASS 8:30 PM - 9:15 PM</p>	<p>25 כט תמוז 29 Tammuz</p> <p> New Moon: 10:42 ⁵/₁₄ a.m. Light candles at 8:01 p.m.</p>	<p>26 א אב 1 Av</p> <p>ראש חודש אב Rosh Chodesh Av מטות-מסעי MATOT-MASSEI Avot: chapter 2 Shabbat ends at 9:05 p.m.</p>																																																	
<p>27 ב אב 2 Av</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM CGI WEEK 6</p>	<p>28 ג אב 3 Av</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p>	<p>29 ד אב 4 Av</p>	<p>30 ה אב 5 Av</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>31 ו אב 6 Av</p> <p>TALMUD CLASS 8:30 PM - 9:15 PM</p>	<p>LEGACY PROGRAM REMEMBER US! WHEN DOING YOUR ESTATE PLANNING. YOUR GIFT WILL SECURE A LASTING LEGACY FOR THE FUTURE OF OUR CHILDREN. CONTACT US 201.871.1152</p> <p>NEED A MOHEL? CONTACT RABBI YOSSEI KATZ 347.342.8362</p>																																																		

AUGUST 2025

אב-אלול ה'תשפ"ה • 5785



Moshiach, Oil on Canvas by Baruch Nachshon

AV 9: TISHA B'AV

Saddest day in the Jewish calendar. Commemorated as a 25-hour fast, beginning at sunset of the previous evening.

Anniversary of the Divine decree that the Jewish People remain in the desert for 40 years, until that generation died out, after they cried over the 10 spies' false report about the Land of Israel.

Anniversary of the destruction (by the Babylonians under Nebuchadnezzar) of the First Temple (422 BCE), and (by the Romans under Titus) of the Second Temple (70 CE).

Capture by Romans of Beitar, last Jewish fortress to hold out in the Bar Kochba rebellion, with terrible loss of life (c. 135 CE). Jerusalem was ploughed up and turned into a non-Jewish city, Aelia Capitolina (c. 135 CE).

In 1492, Av 9 was the last day by which all Jews who would not be baptized had to leave Spain. Over 300,000 chose to leave, suffering terrible privations till they found stable new places of abode. Many never made it, victims of pirates, unscrupulous ship captains, robbers and starvation. Of those who succumbed and converted in order to remain in Spain, many secretly retained their Jewish identity

for generations. They were known as Marranos. But many were caught by the Inquisition's watchful eye and burnt at the stake.

World War I, too, began on Av 9. It uprooted large Jewish populations and threw most Jewish communities into chaos. It brought in its wake the Russian Revolution, which systematically crushed Judaism; the Cossack massacres of Jews throughout the Ukraine (1918-1921); and the conditions which gave rise to Nazism and the Holocaust.

AV 15

Anniversary of several happy events: the end of the 40-year decree that the Jewish People remain in the desert; the reconciliation of the tribe of Benjamin with the other tribes of Israel; the removal of the guards stationed by Jeroboam ben Nebat to prevent pilgrimages of the Ten Tribes of Israel to the Temple in Jerusalem; and the grant of Roman permission to bury the dead of Beitar, after 14 years. "There were no greater holidays for the Jewish People than Av 15 and Yom Kippur."

AV 20

Rabbi Levi Yitzchak Schneerson, renowned scholar and Kabbalist, and father of the Lubavitcher Rebbe, Rabbi Menachem Schneerson, passed away (1944).

The Holy Temple

The place where King Solomon built the altar of the Holy Temple was the same place where Abraham built an altar and bound his son Isaac, where Noah built an altar upon his departure from the ark, where Cain and Abel brought their offerings, and where Adam brought his sacrifice after he was created. There too, Adam's creation took place.

In the Temple's Holy of Holies, atop the Ark of the Covenant, were the winged cherubim, two angelic figures of gold. Inside the Ark were placed the original Tablets upon which the Ten Commandments are inscribed.

Among the miracles associated with the Temple was the fact that, although hundreds of thousands of pilgrims would visit Jerusalem for the Festivals, no one ever lacked a place to stay.

The Menorah, the Temple's seven-branched candelabra, was fashioned with many intricate decorations and designs from a single block of gold. Moses had difficulty understanding and explaining how it should be made. Therefore, the Al-mighty told him to throw the gold ingot into the fire and the Menorah emerged by itself, fully formed.

Though the Temple is destroyed, an outer wall has remained intact throughout the centuries—the Western Wall. All over the world, Jews pray three times daily toward the site of the Temple, the gate through which all our prayers are heard and answered. As our Sages tell us, the Divine Presence never departs from the Western Wall.

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613 FOR ALL JEWS.

7 FOR ALL GENTILES!

FAST OF 9TH OF AV

ANNIVERSARY OF THE DESTRUCTION OF THE FIRST AND SECOND TEMPLES COMMEMORATED AS A 25-HOUR FAST BEGINNING FROM SUNSET OF THE PREVIOUS EVENING

SATURDAY, AUGUST 2ND – SUNDAY, AUGUST 3RD
FAST BEGINS—8:06 PM FAST ENDS—8:41 PM

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR BERGEN COUNTY

AUGUST 2025

SEPTEMBER 2025

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

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BERGEN HATZALAH IN CASE OF A MEDICAL EMERGENCY CALL 201-367-2222 or 212-230-1000



ז אב 7 Av Light candles at 7:53 p.m.

ח אב 8 Av

דברים DEVARIM Shabbat Chazon Fast begins at 8:06 p.m. Shabbat ends at 8:56 p.m.

3

ט אב 9 Av



CGI WEEK 7

תענית ט אב FAST OF 9 AV Fast ends at 8:41 p.m.

4

י אב 10 Av

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

5

יא אב 11 Av

6

יב אב 12 Av

SHIR HASHIRIM 8:00 PM - 9:00 PM

7

יג אב 13 Av

TALMUD CLASS 8:30 PM - 9:15 PM

8

יד אב 14 Av

LAST DAY OF CAMP GAN ISRAEL OD



Light candles at 7:45 p.m.

9

טו אב 15 Av

חמשה עשר באב FIFTEENTH OF AV ואחריהן VA'ETCHANAN Avot: chapter 3 Shabbat Nachamu Shabbat ends at 8:47 p.m.

10

טז אב 16 Av

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

CGI WEEK 8

11

יז אב 17 Av

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

12

יח אב 18 Av

13

יט אב 19 Av

LAST DAY OF CAMP GAN ISRAEL YD

SHIR HASHIRIM 8:00 PM - 9:00 PM

14

כ אב 20 Av

TALMUD CLASS 8:30 PM - 9:15 PM

15

כא אב 21 Av



Light candles at 7:36 p.m.

16

כב אב 22 Av

עקב EIKEV Avot: chapter 4 Shabbat ends at 8:36 p.m.

17

כג אב 23 Av

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

18

כד אב 24 Av

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

19

כה אב 25 Av

20

כו אב 26 Av

SHIR HASHIRIM 8:00 PM - 9:00 PM

21

כז אב 27 Av

TALMUD CLASS 8:30 PM - 9:15 PM

22

כח אב 28 Av



Light candles at 7:26 p.m.

23

כט אב 29 Av

RECITE THE BOOK OF PSALMS 7:30 AM

ראה RE'EH Avot: chapter 5 Blessing of the new month New Moon: 11:26 1/14 p.m. Shabbat ends at 8:25 p.m.

24

ל אב 30 Av

ראש חודש אלול Rosh Chodesh Elul

25

א אלול 1 Elul

WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM

26

ב אלול 2 Elul

27

ג אלול 3 Elul

SHIR HASHIRIM 8:00 PM - 9:00 PM

28

ד אלול 4 Elul

TALMUD CLASS 8:30 PM - 9:15 PM

29

ה אלול 5 Elul



Light candles at 7:15 p.m.

30

ו אלול 6 Elul

שופטים SHOFTIM Avot: chapter 6 Shabbat ends at 8:13 p.m.

31

ז אלול 7 Elul

PARSHA OF THE WEEK 9:30 AM - 10:00 AM

ראש חודש אלול Rosh Chodesh Elul

AV 30: ROSH CHODESH ELUL

First day of Rosh Chodesh Elul. Moses ascended Mt. Sinai, for the third time, with the tablets he had carved. The next 40 days, till Yom Kippur, were days of Divine acceptance and favor, during which G-d's mercy was aroused to totally forgive His people for the sin of the Golden Calf. We reenact this year by year, devoting time during the month of Elul (and the Ten Days of Teshuvah till Yom Kippur) to review our ways, seeking to correct whatever needs correcting in thought, speech, and deed.

ELUL 18

Birthday of Rabbi Yisrael Baal Shem Tov (1698-1760), founder of Chassidism, renowned for his love of every Jew. Birthday of Rabbi Shneur Zalman of Liadi (1745-1812), known as the Alter Rebbe, founder of the Chabad-Lubavitch intellectual branch of Chassidism, author of Tanya and Shulchan Aruch HaRav.

TISHREI 1-2: ROSH HASHANAH

Rosh Hashanah ("Head of the Year"), the Jewish New Year, is celebrated as a two-day holiday. On these days the Heavenly Court decides all that is to happen to all beings during the coming year.

It is customary on Rosh Hashanah to eat foods symbolizing sweetness, blessings and abundance. We dip the

challah in honey; and afterwards, on the first night of the holiday, Sept. 22, we eat a piece of apple dipped in honey. After the appropriate blessing on the apple, we add: "May it be Your will to renew for us a good and sweet year." Other customs include eating the head of a fish, pomegranates and carrots.

THE SHOFAR

On both days of Rosh Hashanah, Tuesday, Sept. 23, and Wednesday, Sept. 24, we hear during the daytime at least the first thirty of the prescribed blasts of the Shofar (ram's horn).

The Shofar, the oldest and most soulful of wind instruments, has many meanings. Among them: It proclaims the coronation of G-d as King of the Universe. It awakens us to repent and return to G-d. It reminds us of the Shofar heard at Mount Sinai, when we accepted G-d's commandments for all time.

TASHLICH

On the first day of Rosh Hashanah, Tuesday, Sept. 23, following the afternoon prayer, we visit a body of water or pond containing live fish and recite the Tashlich prayers, in which we cast away our sins. As fish depend upon water, so do we depend upon G-d's providence. Also, a fish's eyes never close, symbolizing G-d's unceasing watchfulness over us.



Shabbat Candles, Oil on canvas by Huvey Elisha

SHABBAT CANDLES

Darkness is setting upon the world; the workweek is coming to a close. A week of activity, a week of growth, a tiring week. But as the sun goes down, a new day is being ushered in: the day for which we toiled the entire week, a day of rest and tranquility, the holy Shabbat.

Greeting the Shabbat (and also Jewish holidays) are girls and women across the globe. Shortly before sunset they light candles, which usher in peace and blessing to their homes and to the world.

The Torah enjoins us to "honor the Shabbat and call it a delight." Now, one element of this "delight" is to have candles lit. In addition to creating a bright and cheery ambiance, the candles

ensure that we don't spend the evening stumbling around in the dark. The Torah clearly tells us that we may not kindle fire on Shabbat. So the key is to light the delight-giving candles before the onset of the day.

The mystics explain that Shabbat is the day that brings illumination to our world, which so often seems to be dark and negative. Furthermore, candles are a metaphor for Torah and for the human soul.

The Shabbat candles represent the light we introduce into the world through studying Torah and observing its precepts. And they also represent the additional soul that our sages say we are given on Shabbat.

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FOR MORE INFORMATION, CONTACT US 201-871-1152

WWW.CHABADLUBAVITCH.ORG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																											
<p>TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR BERGEN COUNTY</p> <p>SEPTEMBER 2025</p>	<p>1 ח אלול 8 Elul</p> <p>Labor Day</p>	<p>2 ט אלול 9 Elul</p>	<p>3 י אלול 10 Elul</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>4 יא אלול 11 Elul</p> <p>TALMUD CLASS 8:30 PM - 9:15 PM</p>	<p>5 יב אלול 12 Elul</p> <p>Light candles at 7:03 p.m.</p> 	<p>6 יג אלול 13 Elul</p> <p>כי תצא KI TEITZEI Avot: chapter 1 & 2 Shabbat ends at 8:01 p.m.</p>																																											
<p>7 יד אלול 14 Elul</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM</p>	<p>8 טו אלול 15 Elul</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p>	<p>9 טז אלול 16 Elul</p>	<p>10 יז אלול 17 Elul</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>11 יח אלול 18 Elul</p> <p>TALMUD CLASS 8:30 PM - 9:15 PM</p>	<p>12 יט אלול 19 Elul</p> <p>Light candles at 6:52 p.m.</p> 	<p>13 כ אלול 20 Elul</p> <p>כי תבוא KI TAVO Avot: chapters 3 & 4 Shabbat Selichot Shabbat ends at 7:49 p.m.</p>																																											
<p>14 כא אלול 21 Elul</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM</p>	<p>15 כב אלול 22 Elul</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p>	<p>16 כג אלול 23 Elul</p>	<p>17 כד אלול 24 Elul</p> <p>SHIR HASHIRIM 8:00 PM - 9:00 PM</p>	<p>18 כה אלול 25 Elul</p> <p>TALMUD CLASS 8:30 PM - 9:15 PM</p>	<p>19 כו אלול 26 Elul</p> <p>Light candles at 6:40 p.m.</p> 	<p>20 כז אלול 27 Elul</p> <p>נצבים NITZAVIM Avot: chapters 5 & 6 Shabbat ends at 7:37 p.m.</p>																																											
<p>21 כח אלול 28 Elul</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM</p>	<p>22 כט אלול 29 Elul</p> <p>ערב ראש השנה Eve of Rosh Hashanah Light candles at 6:35 p.m. New Moon: 12:10 7/18 p.m.</p>  	<p>23 א תשרי 1 Tishrei Tashlich</p> <p>יום א דראש השנה First day of ROSH HASHANAH Light candles after 7:32 p.m.</p>  	<p>24 ב תשרי 2 Tishrei</p> <p>יום ב דראש השנה Second day of ROSH HASHANAH Yom Tov ends at 7:30 p.m.</p> 	<p>25 ג תשרי 3 Tishrei</p> <p>צום גדליה FAST OF GEDALIAH Fast begins at 5:22 a.m. Fast ends at 7:17 p.m.</p> 	<p>26 ד תשרי 4 Tishrei</p> <p>Light candles at 6:28 p.m.</p> 	<p>27 ה תשרי 5 Tishrei</p> <p>וילך VAYELECH Shabbat Shuva Shabbat ends at 7:25 p.m.</p>																																											
<p>28 ו תשרי 6 Tishrei</p> <p>PARSHA OF THE WEEK 9:30 AM - 10:00 AM</p>	<p>29 ז תשרי 7 Tishrei</p> <p>WOMEN'S KABBALAH CLASS VIA ZOOM 10:00 AM - 10:30 AM</p>	<p>30 ח תשרי 8 Tishrei</p>	 <p>RESERVE YOUR HIGH HOLIDAY SEATS TODAY</p> <p>WWW.CHADLUBAVITCH.ORG/HHSEATS</p>			<p>OCTOBER 2025</p> <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> </tr> <tr> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> </tr> <tr> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> </tr> <tr> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> </tr> <tr> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> </tr> </tbody> </table>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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**LUBAVITCH ON THE PALISADES
MISSION STATEMENT**

The goal of Lubavitch on the Palisades is to encourage and provide a means for Jews of all backgrounds to learn and rekindle a link to their Jewish heritage.

This is accomplished through extensive outreach to the Jewish community of Northeast Bergen County with programs such as adult education lectures, including JLI (Jewish Learning Institute) courses on Kabbalah/Mysticism, Talmud, Tanya, and the weekly Torah portion.

Other ongoing programs include: Breakfast Club, Israeli Club, Community Outreach, Crisis Counseling, Full Service Synagogue and Daily Prayer Services, Holiday Celebrations, Hospital and Nursing Home Visits, Judaica Services, Kashering Homes, Men's and Women's Mikvaot (Ritual Baths), Mezuzah Checks, One-on-One Studies, Pesach Seders, Shabbatons, Chesed Committee, and Chabad Women's Circle.

We provide extensive children's programming including a DayCare, Preschool, Elementary and Middle School, Early and After School Programs, Camp Gan Israel Summer Program, Hebrew School, Bar/Bat Mitzvah Club, Bar/Bat Mitzvah Lessons, Junior Congregation, and Teen770 Community Service and Club.

Check our website for more information, calendar of events, and additional classes continuously being added at www.chabadlubavitch.org

WEEKLY SCHEDULE

MORNING SERVICES

Sunday 8:30 am
Monday through Friday: 7:00 am

DAILY EVENING SERVICES

10 minutes before sunset

FRIDAY EVENING SERVICES

10 minutes after candle lighting from last week of October through the second week in March, third week of March through October 6:45 pm

SHABBOS MORNING SERVICES

9:20 am
Kiddush following services

SHABBOS EVENING SERVICES

Times vary; please check our website for details at www.chabadlubavitch.org/calendar

WEEKLY CLASSES

SUNDAY: 9:30 am - 10:00 am
Parsha of the Week

MONDAY: 10:00 am -10:30 am
Kabbalah class for Women via Zoom

TUESDAY:
8:00 pm - 9:15 pm (November, February)
8:30 pm - 9:30 pm (May)
JLI (Jewish Learning Institute)

WEDNESDAY: 8:00 pm - 9:00 pm
Shir Hashirim

THURSDAY:
(Sept. - April): 8:00 pm - 9:00 pm
(May - August): 8:30 pm - 9:15 pm
Talmud class



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